

# YOUTH MOVE NATIONAL™ PEER SUPPORT CENTER

## WHAT IS THE YOUTH MOVE PEER CENTER?

The Peer Center is one of five National Consumer Technical Assistance Center's established by Youth MOVE National (YMN) with funding support from the Substance Abuse and Mental Health Services Administration (SAMHSA). The Peer Center is offering support to build the capacity of the future peer workforce, consumer-run organizations, including youth and family organizations, mental health service providers, and individuals with lived experience. We offer a tailored approach to technical assistance to consumer operated programs and organizations, the peer workforce, and traditional mental health service providers to improve implementation and enhance the integration of recovery-oriented services into the traditional mental health service array.

## Youth Advocate Leadership Academy

The Youth MOVE Peer Center is pleased to offer the *Youth Advocate Leadership Academy (YALA)* for youth and young adults seeking to build their own leadership skills to create positive change in the mental health field and world around them. This FREE opportunity includes access to Youth MOVE's leadership curriculum in four online training sessions, self-paced learning, and peer group consults. This opportunity is open to youth and young adults ages 14 – 29, passionate about mental health, who identify as having lived experience in a youth serving system. Youth who may be interested in working as a youth peer provider in the future, or who are currently serving as a youth peer, would be a great fit for this training opportunity.

## Objectives



- Identify individual capacity to lead and develop personal leadership style
- Build understanding of how personal values, culture, and experiences shape our approach to leadership
- Identify individual strengths and grow adaptive leadership skills
- Connect the value of lived experience to leadership

## Benefits of Participation



- Learn principles of adaptive leadership and practice application in your work
- Access individualized coaching and resources to enhance leadership skills
- Meet and engage with a diverse peer-learning cohort
- Certificate of completion provided to build resume strength and support professional development goals at work or school

*The Youth MOVE National Peer Center is a program of the Substance Abuse and Mental Health Services Administration (SAMHSA) under grant 1H79SM082658-01 and, U.S. Department of Health and Human Services (HHS). Interviews, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.*



# Commitment Requirements



- Participate in pre-work including the Gallup Strengths Finder 2.0 Assessment
- Participate in 4 virtual learning sessions (on Zoom with webcam & audio connection)
- Complete brief thought work between each virtual session
- Complete training session evaluations



## YALA Training Schedule

**March 16<sup>th</sup>, 18<sup>th</sup>, 23<sup>rd</sup>, 25<sup>th</sup>**  
***Tuesday/Thursday Evenings***  
6:00pm – 9:30pm EST  
5:00pm – 8:30pm CST  
4:00pm – 7:30pm MST  
3:00pm – 6:30pm PST

**March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>**  
***Wednesday Afternoons***  
2:00pm – 5:30pm EST  
1:00pm – 4:30pm CST  
12:00pm – 3:30pm MST  
11:00am – 2:30pm PST

**March 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>**  
***Saturdays***  
2:00pm – 5:30pm EST  
1:00pm – 4:30pm CST  
12:00pm – 3:30pm MST  
11:00am – 2:30pm PST

If you are interested in joining a FREE YALA training, please complete the Interest Form below. The Interest Form will ask about your availability to attend the above training options. A waitlist will be developed should the trainings fill and YMN will notify of future training sessions as they are scheduled.

For more information, or to participate in the Youth Advocate Leadership Academy, please complete the participant information form or send an email to [info@youthmovenational.org](mailto:info@youthmovenational.org).

**Sign-Up Here!**