

# **Salish Regional FYSPRT Charter**

### **Purpose and Function of the Salish Regional FYSPRT**

The Salish Regional Family, Youth, and System Partner Round Table (FYSPRT) provides an equitable forum and an opportunity for families, youth, and systems partners voices to be heard. Salish FYSPRT identifies and strengthens community resources to address the individualized behavioral health needs of children, youth, and families. We encourage collaborative efforts influenced by the experiences and expertise of all participants dedicated to building seamless behavioral health services, and:

- 1. Provide a working partnership among diverse family, youth, systems, and community partners that brings a broad perspective to build and strengthen relationships inclusive of family and youth voice in decision-making processes.
- 2. Identify family, youth, systems, and community needs.
- 3. Create options and opportunities to address family and youth priorities.
- 4. Promote family and youth-driven solutions to address system challenges and barriers.
- 5. Develop common ground through mutual learning amongst all participants.
- 6. Provide leadership and influence for the establishment and sustainability of the Washington State Children's Behavioral Health System.
- 7. Provide input on strategies in support of implementing changes to the Washington State Children's Behavioral Health System.
- 8. Monitor accountability and effectiveness through evaluation of meetings.

### **Primary functions**

Salish FYSPRT supports the six goals of the Washington state System of Care (SOC) which are to:

- 1. Infuse SOC values in all child-serving systems.
- 2. Expand and sustain effective leadership roles for families, youth, and system partners.

- 3. Establish an appropriate array of services and resources statewide, including home- and community-based services.
- 4. Develop and strengthen a workforce that will operationalize SOC values.
- 5. Build a strong data management system to inform decision-making and track outcomes.
- 6. Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.

### Salish Regional FYSPRT Membership

Salish regional FYSPRT membership is comprised of family, youth, and system partners.
 Meetings are facilitated by the FYSPRT Convener and Tri-Leads (family, youth and
 system partner leads who work together to facilitate meetings) and are open to the
 public. Participation outside of program membership is welcomed to attend and
 provide input and feedback regarding community needs.

### Salish Regional FYSPRT seeks to include representation from the following:

Local and regional children's Behavioral	Tribes
Health systems and services providers	
Community leaders who reflect the diversity	Urban Indian Organizations
in the community	
Community organizations/networks/	Family and youth groups/organizations
coalitions (Goodwill, Boys and Girls Club, at-	
risk youth)	
Faith community	Family and youth leaders
Child welfare	12-step groups
Juvenile justice	Youth-led programs
Mental health providers	Employers
Substance use disorder providers	Division of Vocational Rehabilitation
Developmental Disabilities Administration	Kinship groups
Law enforcement	Adult consumers
School district staff	Advocacy groups
Military	Foster care youth and family groups
College and university campus groups	Early Learning – Head Start
Public health	

## **Membership participation:**

- There are no requirements for participation in Salish FYSPRT, however there is a great deal of encouragement. Participants are encouraged to:
  - Attend meetings consistently
  - o Share experiences, strengths, and challenges
  - o Offer suggestions for meeting topics
  - o Provide feedback for program improvement

### **Tri-lead position descriptions and responsibilities:**

Youth	Family	System Partner
Practice cultural humility	Practice cultural humility	Practice cultural humility
Ability to check and respond	Ability to check and respond	Ability to check and respond
to emails at least twice a	to emails at least twice a	to emails at least twice a
week unless otherwise	week unless otherwise	week unless otherwise
communicated	communicated	communicated
Two-year minimum	Two-year minimum	Two-year minimum
commitment from	commitment from	commitment from
appointment	appointment	appointment
Facilitate meetings and other	Facilitate meetings and other	Facilitate meetings and other
communications using an	communications using an	communications using an
approach that ensures	approach that ensures	approach that ensures
members feel supported and	members feel supported and	members feel supported and
safe to share their	safe to share their	safe to share their
experiences	experiences	experiences
Participate in regularly	Participate in regularly	Participate in regularly
scheduled meetings	scheduled meetings	scheduled meetings
Attend statewide FYSPRT	Attend statewide FYSPRT	Attend statewide FYSPRT
meetings	meetings	meetings
Maintain regular contact	Maintain regular contact with	Maintain regular contact with
with youth and youth leaders	family and family leaders in	system partners in your
in your region	your region	region
Has relevant behavioral	Is a parent or caregiver of a	Has demonstrated ability to
health lived experience as a	child or youth with	foster relationships with
youth	behavioral health system	youth and family
	involvement	
Prefer youth in transition	Has connections with family	Has demonstrated ability to
with connections with youth	leaders, understands family	foster relationships with
leaders, understands youth	culture, peer-lived	youth and family, is a
culture, peer-lived	experience as a	champion for family and
	parent/caregiver of a child or	youth driven services

,,	.1 .1 1.1	
experience with recovery as a	youth with multisystem	consistent with system of
youth	involvement	care values
Has actively participated in	Has actively participated in	Has actively participated in
community for a minimum of	community for a minimum of	community for a minimum of
six months	six months	six months
Can identify community	Can identify community	Can identify community
partners and resources	partners and resources	partners and resources
Has access to email and	Has access to email and	Has access to email and
phone on a consistent basis	phone on a consistent basis	phone on a consistent basis
Has the ability (or is willing	Has the ability (or is willing	Has the ability (or is willing
to, with training) to facilitate	to, with training) to facilitate	to, with training) to facilitate
meetings	meetings	meetings
Ability to record information	Ability to record information	Ability to record information
and share	and share	and share
Leadership training	Leadership training	Leadership training
Attend all FYSPRT meetings	Attend all FYSPRT meetings	Attend all FYSPRT meetings
and activities	and activities	and activities
Participate in youth-led	Participate in	Participate in meetings with
meetings and activities as	activities/meetings etc. with	system partners to share the
determined	family organization(s) in your	system of care values and
	region, if applicable	perspectives
Summarize and present	Summarize and present	Summarize and present
materials and information	materials and information	materials and information
from FYSPRT meetings to	from FYSPRT meetings to	from FYSPRT meetings to
community	community	community
Record and bring back	Record and bring back	Record and bring back
information from youth in	information from families in	information from system
communities to FYSPRT	communities to FYSPRT	partners in communities to
meetings	meetings	FYSPRT meetings
Support Washington state	Support Washington state	Support Washington state
initiatives related to child and	initiatives related to child and	initiatives related to child and
youth behavioral health	youth behavioral health	youth behavioral health
Identify needed trainings and	Identify needed trainings and	Identify needed trainings and
technical assistance for youth	technical assistance for	technical assistance for
in communities. Assist with	families in communities.	system partners in
identifying youth/family/	Assist with identifying	communities. Assist with
system partners and creating	youth/family/system	identifying youth/family/
resources and skill	partners and creating	system partners and creating
development opportunities	resources and skill	resources and skill
to infuse voice throughout	development opportunities	development opportunities
the system	to infuse voice throughout	to infuse voice throughout
the system		
	the system	the system

Participate in tri-lead	Participate in tri-lead	Participate in tri-lead
preparatory activities prior to	preparatory activities prior to	preparatory activities prior to
regional and state meetings	regional and state meetings	regional and state meetings

### Salish Regional FYSPRT decision making

 Prior to Salish Regional FYSPRT making any program decisions all Tri-Leads have an opportunity to provide input. Salish FYSPRT decisions reflect the combined contributions and collaboration of Tri-Leads and membership.

#### Communication

 Salish Regional FYSPRT Tri-Leads are updated regarding information from the statewide FYSPRT meetings by the Salish FYSPRT Convener. Salish FYSPRT Tri-Leads are encouraged and supported in attending statewide FYSPRT meetings for information sharing in their community. If desired and appropriate, any item or concern will be added to a future regional FYSPRT agenda to be addressed by the regional FYSPRT membership.

### **Social marketing**

Salish Regional FYSPRT will maintain a social marketing plan including both a website
and brochure to share information with the community. The plan will be developed in
consideration of the diversity of the community including considerations for tribal
engagement.

### Salish Regional FYSPRT (http://www.salish-bhaso-fysprt.org) website components include:

- Point of contact, name, email, and phone number
- Regional agendas and meeting notes
- Dates, locations, and times of past and upcoming regional FYSPRT meetings (including information on travel or participation support, child-care and other meeting supports. If meeting is online, include information about how to join.
- Regional charter
- Policies and procedures (may also be addressed in the Regional FYSPRT Charter)
- Results of the needs assessment
- Work Plan
- Link to relevant regional/statewide resources and information including the statewide FYSPRT page

#### Salish FYSPRT brochure components include:

What is FYSPRT?

- Salish Regional FYSPRT mission and vision
- Statewide map of FYSPRT regions
- "Why should you participate" paragraph
- Meeting dates, locations, and times or link to get that information
- Contact information
- Regional FYSPRT web address and statewide FYSPRT web address (<a href="http://www.salish-bhaso-fysprt.org">http://www.salish-bhaso-fysprt.org</a>), (<a href="https://www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt">https://www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt</a>)
- Statement about being sponsored by HCA/DBHR and the child youth and family behavioral health webpage link
- Quotes from youth, family, and system partners, etc. (the personal touch)

### **Salish Regional FYSPRT meetings**

- Meeting schedule minimum of 10 meetings per year
  - Meetings are held on the last Monday of the month from 3:00 5:00 PM
- Meeting agenda will be determined by the tri-leads based on input from the community.
- Agenda will be distributed to members at least one week before the meeting occurs.
- Meeting norms or comfort/value agreement created by members and participants.
  - Meetings begin and end on time.
  - FYSPRT membership is encouraged to suggest topics for future meetings
  - o FYSPRT program stipend, and travel and childcare reimbursement always offered
  - The opportunity for program feedback is always offered

#### **Charter Review:**

The Salish Regional FYSPRT Charter will be reviewed and edited for accuracy in January of every year.

Stephanie Lewis	02/22/2022
Stephanie Lewis, Administrator	Date

Salish Behavioral Health Administrative Services Organization