Salish Regional FYSPRT Charter

Purpose and Function of the Salish Regional FYSPRT

The Salish Regional Family, Youth, and System Partner Round Table (FYSPRT) provides an equitable forum and an opportunity for families, youth, and systems partners voices to be heard. Salish FYSPRT identifies and strengthens community resources to address the individualized behavioral health needs of children, youth, and families. We encourage collaborative efforts influenced by the experiences and expertise of all participants dedicated to building seamless behavioral health services, and:

1. Provide a working partnership among diverse family, youth, systems, and community partners that brings a broad perspective to build and strengthen relationships inclusive of family and youth voice in decision-making processes.
2. Identify family, youth, systems, and community needs.
3. Create options and opportunities to address family and youth priorities.
4. Promote family and youth-driven solutions to address system challenges and barriers.
5. Develop common ground through mutual learning amongst all participants.
7. Provide input on strategies in support of implementing changes to the Washington State Children’s Behavioral Health System.
8. Monitor accountability and effectiveness through evaluation of meetings.

Primary functions

Salish FYSPRT supports the six goals of the Washington state System of Care (SOC) which are to:

1. Infuse SOC values in all child-serving systems.
2. Expand and sustain effective leadership roles for families, youth, and system partners.
3. Establish an appropriate array of services and resources statewide, including home- and community-based services.

4. Develop and strengthen a workforce that will operationalize SOC values.

5. Build a strong data management system to inform decision-making and track outcomes.

6. Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.

**Salish Regional FYSPRT Membership**

- Salish regional FYSPRT membership is comprised of family, youth, and system partners. Meetings are facilitated by the FYSPRT Convener and Tri-Leads (family, youth and system partner leads who work together to facilitate meetings) and are open to the public. Participation outside of program membership is welcomed to attend and provide input and feedback regarding community needs.

**Salish Regional FYSPRT seeks to include representation from the following:**

| Local and regional children’s Behavioral Health systems and services providers | Tribes |
| Community leaders who reflect the diversity in the community | Urban Indian Organizations |
| Community organizations/networks/coalitions (Goodwill, Boys and Girls Club, at-risk youth) | Family and youth groups/organizations |
| Faith community | Family and youth leaders |
| Child welfare | 12-step groups |
| Juvenile justice | Youth-led programs |
| Mental health providers | Employers |
| Substance use disorder providers | Division of Vocational Rehabilitation |
| Developmental Disabilities Administration | Kinship groups |
| Law enforcement | Adult consumers |
| School district staff | Advocacy groups |
| Military | Foster care youth and family groups |
| College and university campus groups | Early Learning – Head Start |
| Public health | |
|
**Membership participation:**

- There are no requirements for participation in Salish FYSPRT, however there is a great deal of encouragement. Participants are encouraged to:
  - Attend meetings consistently
  - Share experiences, strengths, and challenges
  - Offer suggestions for meeting topics
  - Provide feedback for program improvement

**Tri-lead position descriptions and responsibilities:**

<table>
<thead>
<tr>
<th>Youth</th>
<th>Family</th>
<th>System Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice cultural humility</td>
<td>Practice cultural humility</td>
<td>Practice cultural humility</td>
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<tr>
<td>Ability to check and respond to emails at least twice a week unless otherwise communicated</td>
<td>Ability to check and respond to emails at least twice a week unless otherwise communicated</td>
<td>Ability to check and respond to emails at least twice a week unless otherwise communicated</td>
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<tr>
<td>Two-year minimum commitment from appointment</td>
<td>Two-year minimum commitment from appointment</td>
<td>Two-year minimum commitment from appointment</td>
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<tr>
<td>Facilitate meetings and other communications using an approach that ensures members feel supported and safe to share their experiences</td>
<td>Facilitate meetings and other communications using an approach that ensures members feel supported and safe to share their experiences</td>
<td>Facilitate meetings and other communications using an approach that ensures members feel supported and safe to share their experiences</td>
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<tr>
<td>Participate in regularly scheduled meetings</td>
<td>Participate in regularly scheduled meetings</td>
<td>Participate in regularly scheduled meetings</td>
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<tr>
<td>Attend statewide FYSPRT meetings</td>
<td>Attend statewide FYSPRT meetings</td>
<td>Attend statewide FYSPRT meetings</td>
</tr>
<tr>
<td>Maintain regular contact with youth and youth leaders in your region</td>
<td>Maintain regular contact with family and family leaders in your region</td>
<td>Maintain regular contact with system partners in your region</td>
</tr>
<tr>
<td>Has relevant behavioral health lived experience as a youth</td>
<td>Is a parent or caregiver of a child or youth with behavioral health system involvement</td>
<td>Has demonstrated ability to foster relationships with youth and family</td>
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<tr>
<td>Prefer youth in transition with connections with youth leaders, understands youth culture, peer-lived</td>
<td>Has connections with family leaders, understands family culture, peer-lived experience as a parent/caregiver of a child or</td>
<td>Has demonstrated ability to foster relationships with youth and family, is a champion for family and youth driven services</td>
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<tr>
<td><strong>Experience with recovery as a youth</strong></td>
<td><strong>Youth with multisystem involvement</strong></td>
<td><strong>Consistent with system of care values</strong></td>
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<tr>
<td>Has actively participated in community for a minimum of six months</td>
<td>Has actively participated in community for a minimum of six months</td>
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<tr>
<td>Can identify community partners and resources</td>
<td>Can identify community partners and resources</td>
<td>Can identify community partners and resources</td>
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<tr>
<td>Has access to email and phone on a consistent basis</td>
<td>Has access to email and phone on a consistent basis</td>
<td>Has access to email and phone on a consistent basis</td>
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<tr>
<td>Has the ability (or is willing to, with training) to facilitate meetings</td>
<td>Has the ability (or is willing to, with training) to facilitate meetings</td>
<td>Has the ability (or is willing to, with training) to facilitate meetings</td>
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<tr>
<td>Ability to record information and share</td>
<td>Ability to record information and share</td>
<td>Ability to record information and share</td>
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<tr>
<td>Leadership training</td>
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<td>Leadership training</td>
</tr>
<tr>
<td>Attend all FYSPRT meetings and activities</td>
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<tr>
<td>Participate in youth-led meetings and activities as determined</td>
<td>Participate in activities/meetings etc. with family organization(s) in your region, if applicable</td>
<td>Participate in meetings with system partners to share the system of care values and perspectives</td>
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<tr>
<td>Summarize and present materials and information from FYSPRT meetings to community</td>
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<tr>
<td>Record and bring back information from youth in communities to FYSPRT meetings</td>
<td>Record and bring back information from families in communities to FYSPRT meetings</td>
<td>Record and bring back information from system partners in communities to FYSPRT meetings</td>
</tr>
<tr>
<td>Support Washington state initiatives related to child and youth behavioral health</td>
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</tr>
<tr>
<td>Identify needed trainings and technical assistance for youth in communities. Assist with identifying youth/family/system partners and creating resources and skill development opportunities to infuse voice throughout the system</td>
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<td>Identify needed trainings and technical assistance for system partners in communities. Assist with identifying youth/family/system partners and creating resources and skill development opportunities to infuse voice throughout the system</td>
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</tbody>
</table>
Participate in tri-lead preparatory activities prior to regional and state meetings

Salish Regional FYSPRT decision making

- Prior to Salish Regional FYSPRT making any program decisions all Tri-Leads have an opportunity to provide input. Salish FYSPRT decisions reflect the combined contributions and collaboration of Tri-Leads and membership.

Communication

- Salish Regional FYSPRT Tri-Leads are updated regarding information from the statewide FYSPRT meetings by the Salish FYSPRT Convener. Salish FYSPRT Tri-Leads are encouraged and supported in attending statewide FYSPRT meetings for information sharing in their community. If desired and appropriate, any item or concern will be added to a future regional FYSPRT agenda to be addressed by the regional FYSPRT membership.

Social marketing

- Salish Regional FYSPRT will maintain a social marketing plan including both a website and brochure to share information with the community. The plan will be developed in consideration of the diversity of the community including considerations for tribal engagement.

Salish Regional FYSPRT (http://www.salish-bhaso-fysprt.org) website components include:

- Point of contact, name, email, and phone number
- Regional agendas and meeting notes
- Dates, locations, and times of past and upcoming regional FYSPRT meetings (including information on travel or participation support, child-care and other meeting supports. If meeting is online, include information about how to join.
- Regional charter
- Policies and procedures (may also be addressed in the Regional FYSPRT Charter)
- Results of the needs assessment
- Work Plan
- Link to relevant regional/statewide resources and information including the statewide FYSPRT page

Salish FYSPRT brochure components include:

- What is FYSPRT?
Salish Regional FYSPRT mission and vision
Salish Regional FYSPRT mission and vision
Salish Regional FYSPRT mission and vision
Salish Regional FYSPRT mission and vision
Statewide map of FYSPRT regions
Statewide map of FYSPRT regions
Statewide map of FYSPRT regions
Statewide map of FYSPRT regions
“Why should you participate” paragraph
“Why should you participate” paragraph
“Why should you participate” paragraph
“Why should you participate” paragraph
Meeting dates, locations, and times or link to get that information
Meeting dates, locations, and times or link to get that information
Meeting dates, locations, and times or link to get that information
Meeting dates, locations, and times or link to get that information
Contact information
Contact information
Contact information
Contact information
Regional FYSPRT web address and statewide FYSPRT web address (http://www.salish-bhaso-fysprt.org), (https://www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt)
Regional FYSPRT web address and statewide FYSPRT web address (http://www.salish-bhaso-fysprt.org), (https://www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt)
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Statement about being sponsored by HCA/DBHR and the child youth and family behavioral health webpage link
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Quotes from youth, family, and system partners, etc. (the personal touch)
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**Salish Regional FYSPRT meetings**

- Meeting schedule – minimum of 10 meetings per year
  - Meetings are held on the last Monday of the month from 3:00 – 5:00 PM
- Meeting agenda – will be determined by the tri-leads based on input from the community.
- Agenda will be distributed to members at least one week before the meeting occurs.
- Meeting norms or comfort/value agreement – created by members and participants.
  - Meetings begin and end on time.
  - FYSPRT membership is encouraged to suggest topics for future meetings
  - FYSPRT program stipend, and travel and childcare reimbursement always offered
  - The opportunity for program feedback is always offered

**Charter Review:**
The Salish Regional FYSPRT Charter will be reviewed and edited for accuracy in January of every year.

Stephanie Lewis, Administrator

Date

Stephanie Lewis
Salish Behavioral Health Administrative Services Organization

02/22/2022

02/22/2022

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