



Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Notes

Meeting Information:

Date: August 30, 2021

Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed	
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Invitation for open discussion by youth/family • COVID-19 Community updates 	✓ Completed ✓ Completed ✓ Completed	
3	Upcoming events and opportunities: <ul style="list-style-type: none"> • WSCC's Annual Parent/Caregiver Training Weekend - Free Virtual Event (September 17th, 18th, and 19th) • Webinar series: Youth/Young Adult or Family Speaker <ul style="list-style-type: none"> ○ Apply to be a youth/young adult or family speaker! ○ The NTTAC Team is currently looking for youth, young adults, and families to participate in our webinar series. All youth, young adults, and families are encouraged to apply. ○ You do not have to have previous experience sharing your story. We will provide support to ensure that participating on the panel will be a positive experience for you and audience 	✓ WSCC's Annual Parent/Caregiver training weekend generated a lot of conversation and positive comments from the group. Several members have knowledge and experience of the annual event and voiced their support. Sam requested to the group to please share information about this event with as many others as possible to generate maximum benefit to participants as well as to support WSCC's efforts. ✓ Sam presented information about the Youth/Young Adult or Family Speaker series. Group members agreed that the emphasis on rehearsal and facilitation to assist speakers share their message, and the possibility of \$500.00 in compensation are strong points of this opportunity. Sam has forwarded this information to all	

	<p>members. You will not be asked to share parts of your story that you do not feel comfortable sharing. Participants should:</p> <ul style="list-style-type: none"> ○ • Be willing to share parts of their experience; ○ • Desire to participate in a panel discussion; ○ • Be excited to talk with adults and young people about various social topics; ○ • Have availability to participate in several planning meetings/rehearsals prior to the webinar; ○ • Be authentic and genuinely interested in hearing the stories and experiences of others. ○ ○ Prefer ○ We are looking for real people with diverse life experiences. You may identify as a person of color or of a racial/ethnic minority; you may be lesbian, gay, straight, bisexual, cis, transgender, questioning, intersex, or asexual. You may have received mental health services or maybe you have had involvement with the justice or child welfare systems. We're looking for real people willing to be and share their most authentic selves with us and with our audience. ○ Be prepared to submit a 60-75 second introductory video. Let us get to know you! Tell us about yourself, your passions, and your interest and experiences related to faith communities and mental health. 	<p>group members and they were encouraged to share it with everyone possible.</p>	
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- **What are the details?**
- Rehearsal and Production Dates and Locations
- The show will be recorded remotely using a virtual meeting platform. Rehearsal and recording schedules will be designed to accommodate scheduling issues as much as possible. We foresee needing 1-2 hours for rehearsal and planning and 90 minutes for the live webinar. We anticipate doing a webinar twice a month.
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- **Compensation**
- Contracted, non-union job paying up to \$500. Each webinar is estimated to require 3-5 hours of planning, rehearsal, recording, and release-related responsibilities (for example, speakers may be asked to film short trailers, develop and post social media blasts, etc.)
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- **How to Apply**
- Apply by clicking here – Faith and Mental Health Webinar Series – or by copying and pasting <https://forms.gle/pqS98HfcFL3RRjkg9> into your browser. (The application works best with Chrome.)

- **Presentation on Respite options** at our September 27th meeting.

- ✓ Colleen was invited to share a preview of the Respite presentation her and a PAVE colleague will share at the September 27th Salish FYSPRT meeting. This encouraged

		<p>a conversation that many participated in and unanimous feedback that respite services are needed.</p> <p>✓ Nicole Murphy from A Common Voice shared that they are actively seeking a Parent Navigator (with lived experience) for the Salish Region. Nicole will fill the position on an interim basis until a permanent hire is made.</p>	
4	Discussion regarding community outreach efforts and continued event scheduling.	<p>✓ Sam updated the group on community outreach efforts since our last meeting (7/26/2021). Salish FYSPRT continues trying to identify outreach opportunities in our region, however, the increase in COVID-19 (Delta Variant) concerns are posing barriers.</p>	
5	FYSPRT brochure distribution efforts.	<p>✓ Sam mailed FYSPRT brochures to all community Mental Health agencies, and SUD providers contracted with Salish BH-ASO on 8/3.</p>	
	<ul style="list-style-type: none"> • Update regarding recent Back-to-School outreach opportunities. • Update regarding Tribal outreach efforts. • Update regarding Annual Work Plan progress (Clallam county outreach events in June). • Youth/Family TC-50 reimbursement submissions, <u>please submit no later than 5th of the following month</u> • Opportunity for FYSPRT program feedback 	<p>✓ Colleen from PAVE has been instrumental in attending two back-to-school events, Port Angeles School District on 8/21, and Sequim School District on 8/28, and was able to share information and brochures about FYSPRT at both events. Nicole L. and her children were able to attend the Coffee Oasis back-to-school bash in Bremerton on 8/18 and share some FYSPRT information.</p>	

		<ul style="list-style-type: none"> ✓ Tribal outreach efforts have been impacted by the ongoing COVID-19 pandemic. We are fortunate to have the Lower Elwha Tribe in attendance today, indicating efforts are paying off. We plan to continue reaching out and make further progress as circumstances allow. ✓ Sam updated the group on the status of the annual work plan. We remain focused on outreach opportunities. ✓ Sam explained the reimbursement and stipend program to group members and emphasized that individuals can be compensated for their time to attend FYSPRT events. ✓ Sam offered the group an opportunity to provide program feedback, and, explained the use of the Narrative Team Effectiveness Questionnaire (NTEQ). 	
	<p>Next meeting: September 27, 2021 3:00 – 5:00 PM</p>		