

1) Salish Regional FYSPRT Goal 1: Creating greater awareness of Behavioral Health and WISe services in the region

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children's Program Manager • FYSPRT coordination team WISe teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • Statewide FYSPRT team 	<p>Provide regional meetings information ahead of time in accessible manner</p> <p>Provide information via online resources and video format</p> <p>Provide online tip sheets for assessment and referral processes</p> <p>Provide links for Information and resources</p> <p>Targeted meeting, event, and newsletter speakers and articles</p>	<p>Regional Behavioral Health Team</p> <p>Regional FYSPRT team</p> <p>Families and youth with SHCNs</p> <p>Community Stakeholder participants</p> <p>Community Café input</p> <p>Expert speakers and writers</p>	<p>Families/Youth will make informed choices about behavioral health care.</p> <p>Families/Youth will see options for having voice in care</p> <p>Service and Community providers will see linkage opportunities to strengthen care networks</p>	<p>Assistance provided to Families/Youth will promote good treatment decisions.</p> <p>More families and youth will have confidence in participating in own care plans.</p> <p>More providers will promote active participation from families and youth.</p>	<p>A strong co-hort of WISe graduates that take an active roll in leadership in the community</p> <p>Families of WISe services will have improved health outcomes because of this work.</p> <p>Stronger network of family, provider, youth, and community organizations that give voice to systems change in Behavioral Health</p>

Assumptions: Baseline of current informational resources, use of past workplan and knowledge base from past two years FYSPRT work

External Factors: Transportation, Rural isolation, sparse and fractured services

2) Salish Regional FYSPRT Goal 2: Create family and youth capacity for FYSPRT participation

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children's Program Manager • FYSPRT coordination team • WISE teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • Statewide FYSPRT team • School Districts • Other family and youth based support Organization 	<p>Identify and track barriers to participation and modify current meeting practices</p> <p>Partner with community events already happening in the community to</p> <p>Assist families /youth with barriers to participation</p> <p>Support and provide opportunities for families, youth, and community support to have leadership training</p>	<p>Families and youth impacted by Behavioral Health Challenges</p> <p>Salish Regional FYSPRT team</p> <p>Statewide FYSPRT TA</p> <p>Washington State Community Connectors</p> <p>Salish BHO Children's Program Manager</p> <p>WISE teams</p>	<p>Families and youth in the Peninsula Region will feel invested in participating in FYSPRT</p> <p>Promote family /youth leadership and connections to WA State systems of care.</p>	<p>Families and youth will have the capacity to participate in health care delivery models in the region for improved behavioral health outcomes.</p> <p>Families and youth develop skills to bring others together.</p> <p>Providers and Community Organizations Network with families to build better capacity</p>	<p>A cohort of family and youth who understand and can provide guidance for WISE service delivery</p> <p>A strong network for referral and wrap around support past WISE services</p> <p>Strong Tri-Lead team that lead the FYSPRT meetings</p>

Assumptions:

External Factors:

3) Salish Regional FYSPRT Goal 3: Develop a model for collaboration between regional families/youth & health professionals.

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children’s Program Manager • FYSPRT coordination team • WISe teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • School Districts • Other family and youth based support Organizations 	<p>Provide a “safe space” where all voices are valued in FYSPRT meetings and events</p> <p>Provide opportunities for bridging activities with families and youth, providers, state services providers and community support organizations.</p> <p>Provide training opportunities for families and youth to understand collaborative work</p>	<p>Families and youth impacted by Behavioral Health Challenges</p> <p>Salish Regional FYSPRT team</p> <p>Statewide FYSPRT TA</p> <p>Washington State Community Connectors</p> <p>Salish BHO Children’s Program Manager</p> <p>WISe teams</p> <p>Regional Community Support Organizations</p>	<p>Families and youth feel empowered and comfortable working with providers on change</p> <p>Community and systems stakeholders feel comfortable and seek family and youth in projects and advisory opportunities</p> <p>Creates opportunities for joint organic projects to develop for systems change</p>	<p>Peripheral supporting agencies and providers are introduced and provided exposure to the systems of care/ medical home model</p> <p>Families and youth start to mentor others in their rights in this model of care</p> <p>A greater reach for whole community family centered care capacity is started with all the stakeholders at the table on an equitable base.</p>	<p>Development of systemic family/youth centered models of care</p> <p>Development of side by side care plans developed for transitioning young adults bridging into adult care.</p> <p>Development of a cohort of families, youth, and providers for a voice for long term, sustainable change</p>

Assumptions:

External Factors:

4) Salish Regional FYSPRT Goal 4: Enhance existing outreach and engagement for ELL and Tribal communities and service systems

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children’s Program Manager • FYSPRT coordination team • WISe teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • School Districts • Other family and youth based support Organizations • Regional Tribal Communities • Community Organizations supporting English Language Learner (ELL) families 	<p>Continue to search for ways to provide activities in a culturally relevant way that encourages participation</p> <p>Find current data on the top four languages spoken in the region to drive some translated materials (written and on the web page)</p> <p>Outreach activities that are at cultural events</p> <p>Provide opportunities for cultural bias training for FYSPRT leadership team</p>	<p>Salish BHO Children’s Program Manager</p> <p>FYSPRT coordination team</p> <p>WISe teams</p> <p>Tri-Lead Team</p> <p>Family/Youth participants</p> <p>Regional Tribal Communities</p> <p>Community Organizations supporting ELL families</p>	<p>Increased awareness with at risk and isolated communities</p> <p>Increased presence with Tribal and ELL communities and activities in the region</p> <p>Increased dissemination materials that are culturally and language based</p> <p>Increased culturally sensitive programming that promote “safe space” and a sense of individual value</p>	<p>Increased consistent participation of AI/NA families</p> <p>Increased participation of Indian Health and Tribal Health programs</p> <p>Increased opportunities for ELL families and youth to participate in meetings</p> <p>Increased participation of Organizations who support ELL at risk communities</p>	<p>Long term sustainable participation of families who experience cultural/language barriers</p> <p>Long term sustainable participation of organizations and systems who serve families and youth to help with crafting culturally relevant safe spaces in the regional FYSPRT</p>

Assumptions:

External Factors:

5) Salish Regional FYSPRT Goal 5: Establish enhanced marketing plan that targets families/youth and missing stakeholders

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children's Program Manager • FYSPRT coordination team • WISE teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • Statewide FYSPRT team • School Districts • Other family and youth based support Organization • True Star 	<p>Maintain an updated and current list serve for email blasts</p> <p>Update dissemination materials to include current activities and social media</p> <p>Update and be consistent on monthly social media activities</p> <p>Quarterly check in through surveys on information effectiveness with a goal of increasing participation by 5% per monthly meeting</p> <p>Development of a reliable online platform to increase capacity of regional not just local participation</p>	<p>Salish Regional FYSPRT team</p> <p>Salish BHO Children's Program Manager</p> <p>WISE teams</p> <p>Families and youth participants</p> <p>Regional Community Support Organizations</p> <p>Statewide FYSPRT TA</p>	<p>Increased awareness for impacted families and youth</p> <p>Increased awareness for missing stakeholders</p> <p>Increased community awareness regionally</p> <p>Increased understanding of FYSPRT functions</p> <p>Increased awareness of the value of participation</p>	<p>Dispels confusion around FYSPRT purpose</p> <p>Provide consistent timely information around activities and access to create capacity for participation</p> <p>Increased ease of participation through good, consistent communication</p>	<p>Monthly increase by 5% in participation of families and youth through marketing of in person and online opportunities</p> <p>Consistent participation from critical stakeholder teams.</p> <p>Increase in participation in missing provider and stakeholder groups.</p>

Assumptions:

External Factors:

6) Salish Regional FYSPRT Goal 6: Establish a plan natural supports, the WISE PDSA, and FYSPRT family engagement

Inputs	Outputs		Outcomes -- Impact		
	Activities	Participation	Short	Medium	Long
<ul style="list-style-type: none"> • Salish BHO Children’s Program Manager • FYSPRT coordination team • WISE teams • Tri-Lead Team • Family/Youth participants • Community Stakeholder participants • Statewide FYSPRT team • School Districts • Other family and youth based support Organization 	<p>The regional FYSPRT will continue to identify needs and offer support to families who are in the process of building natural supports.</p> <p>To assess needs around natural support development a survey will be developed and distributed to regional FYSPRT members in January of 2019.</p> <p>Strengths and needs around natural support development will be a topic for discussion offered at each FYSPRT meeting in 2019.</p>	<p>Families and youth impacted by Behavioral Health Challenges</p> <p>Salish Regional FYSPRT team</p> <p>Salish BHO Children’s Program Manager</p> <p>WISE teams</p> <p>Regional Community Support Organizations</p> <p>Regional State and County Service Providers</p>	<p>Greater awareness in the community around building pathways for natural supports for at risk families</p> <p>Greater awareness and knowledge for families and youth on how to create natural supports as a long-term strategy for wellness</p>	<p>Increase of families and youth participating in FYSPRT meetings and learning/leadership events</p> <p>Increase of families and youth with knowledge around building a natural support base</p> <p>Increase of provider and systems providers who are aware of the importance of and how to support the building of natural support</p>	<p>Development of a cohort of families and youth who can mentor others in natural supports</p> <p>Develop a cohort of families and community stakeholders who work towards building community capacity for supporting at risk and highly impacted families in natural</p>
<p>Assumptions:</p>			<p>External Factors:</p>		