

Salish Regional FYSPRT Annual Work Plan (2023-2024)

Developed November-December 2022

The plan outlined below reflects the results of the 2022 Annual Needs Assessment and Salish FYSPRT membership. The results of the survey have been compiled and reviewed and are posted on the Salish-FYSPRT website at <https://www.salish-bhaso-fysprt.org>. The plan below is a result of the collaborative effort of all FYSPRT voices.

Goals	<ul style="list-style-type: none"> • Increase Community awareness and participation in the Salish Regional FYSPRT program. • Increase outreach to diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations.
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Priority 1	
Goal	Increased community awareness and participation in FYSPRT resulting from attending and hosting outreach events throughout the Salish region.
Action Steps:	
<ul style="list-style-type: none"> • Salish FYSPRT will identify and attend outreach events hosted by regional partners in order to inform communities about FYSPRT. • Salish Regional FYSPRT will host FYSPRT Family Fun events each quarter and invite the community. • Salish Regional FYSPRT will attend and participate in outreach events in each county (Clallam, Jefferson, and Kitsap) in 2023-2024. 	
1	<ul style="list-style-type: none"> a) Identify regional outreach opportunities hosted by our community partners. <ul style="list-style-type: none"> i. Convener, Tri-Leads, and program membership will identify outreach opportunities. ii. Identification of outreach events will be ongoing. iii. Reviews of potential outreach opportunities will be conducted at monthly Tri-Lead meetings.
2	<ul style="list-style-type: none"> a) Determine which outreach opportunities provide the best opportunities to connect with youth, families, and diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations. <ul style="list-style-type: none"> iv. Convener, Tri-Leads, and program membership will identify optimum outreach opportunities. v. Identification of outreach events will be ongoing.

3	b) Complete event registration and planning when required. <ol style="list-style-type: none"> i. FYSPRT convener will complete registration process and arrange for funding if needed. ii. Registration and funding requirements will be completed as needed for outreach events.
4	c) Salish Regional FYSPRT will coordinate and host quarterly FYSPRT Family Fun events (Jan, Apr, Jul, Oct 2023-2024). <ol style="list-style-type: none"> i. Convener, Tri-Leads, and membership will identify dates, times, and activities for quarterly events. ii. Convener, Tri-Leads, and membership will secure locations for events, coordinate food and materials for activities, and promote community awareness of events. iii. Convener will arrange funding for quarterly events.
5	d) Coordinate FYSPRT representation and resource materials for event. <ol style="list-style-type: none"> i. Organizing FYSPRT Tri-Leads and membership with lived experience to attend events will be ongoing. ii. Event promotion, resource information, FYSPRT brochures, website information, etc... will be coordinated and available for each event. Planning efforts for these events will begin approximately six weeks prior to each event and continue until the event is completed. iii. Information about FYSPRT stipend compensation will be provided before, during, and after events.

Priority #1 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023

FYSPRT outreach events for this quarter included the following:

- ***Outreach to Sequim City Hall as part of setting up the Youth Art Project “My Shoes My Story” art display on 1/6/2023.***
- ***Outreach to Port Gamble S’Klallam tribal library on 1/11/2023***
- ***Outreach to Boys & Girls Club in Port Angeles 1/11/2023***
- ***Outreach event, FYSPRT Family Fun event at North Olympic Library System in Port Angeles 1/21/2023***
 - ***35 attendees, 18 youth***
- ***Outreach to Discovery Behavioral Health, WISe Services Coordinator, in Jefferson County 2/27/2023***
- ***Digital outreach to 35 Elementary and Middle Schools in Kitsap county using Peachjar. Peachjar provides a digital platform to provide information on school district websites.***

Additionally, Salish FYSPRT began planning for our next FYSPRT Family Fun event scheduled for April 15th at the Jefferson County Library in Port Hadlock. We have been active in participating with other community partners such as Kitsap SUD Prevention Coalition with the My Shoes My Story Youth Art Project.

Priority #1 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023

- ***4/10/2023, Salish FYSPRT provided 1:1 outreach and information session with the Young Adult Programs manager for Kitsap Mental Health Services.***
- ***4/15/2023, Salish Regional FYSPRT held our 3rd quarterly FYSPRT Family Fun event and outreach at the Jefferson County***

Library in Port Hadlock. We extended invitations to Youth, Family, System partners, and the community to join us for in-person fun, food, and information. We provided flower and vegetable seed planting opportunities and provided food and beverages as well as engaging in in-person conversations and providing information about FYSVRT.

- 5/16/2023, Salish Regional FYSVRT provided program information and outreach to the Healthy Transitions program at the Lower Elwha Tribe.
- 6/7/2023, Salish Regional FYSVRT provided information and outreach to Healthy Transitions, Health Services clinic, and SUD treatment facilities at the Lower Elwha Tribe.
- Salish FYSVRT Tri-Leads and general membership continued ongoing planning and preparation for upcoming outreach events at the Port Orchard Farmer's Market on July 15th, Kitsap Pride event on July 22nd, and Makah Days in Neah Bay scheduled for August 25-27th.

Planning for these events takes place at our monthly FYSVRT meetings and monthly Tri-Lead meetings. Registration and any payment required for these events is completed by the FYSVRT convener. Staffing at outreach events includes FYSVRT Youth, Family, and System partners.

Priority #1 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023

- July 15th, Salish Regional FYSVRT held our 4th quarterly FYSVRT Family Fun event and outreach at the Port Orchard Farmer's Market. Our booth was staffed by Family and Youth Tri-Leads as well as the FYSVRT Convener. We shared our booth for half of the day with the Office of Behavioral Health Advocacy (OBHA). We were able to provide in-person information about FYSVRT and how others can participate to the South Kitsap Community.
- July 22nd, Salish Regional FYSVRT participated in our 3rd consecutive Kitsap Pride event at the Kitsap County Fairgrounds in Bremerton. Estimated attendance for this event was 5000 people. Our booth was staffed by Youth and Family Tri-Leads as well as System Partner Tri-Leads.
- August 11th, Salish Regional FYSVRT participated in an outreach event hosted by Housing Kitsap. We were invited to attend the event located at their facility in Silverdale, the event focused on Back-to-School and we provided school supplies, SWAG, and FYSVRT information to dozens of students and their families.
- August 25th – 27th, Salish Regional FYSVRT participated in the Makah Days celebration in Neah Bay. This is our first time being invited by the Makah Tribe to this event and things went very well. Our booth was staffed by Youth and Family Tri-Leads over three days. The event was attended by the Makah Tribe as well as visitors from other regional tribes, community members from the far west portions of our region and visitors from abroad. Thousands of visitors attended.
- September 5th, Salish Regional FYSVRT Convener attended the Salish Regional WISE Leadership Collaborative which was also attended by all the WISE service providers in the Salish Region. The Convener provided an update of FYSVRT outreach activities both past and upcoming and encouraged WISE providers to refer youth and family members to our FYSVRT group.
- July 12th, August 9th, September 13th, Salish Regional FYSVRT Convener attended the Salish Youth Network Collaborative (SYNC) Steering Committee meetings and provided updates on FYSVRT activities and encouraged referral of youth and families who may be interested.

- September 19th, Salish Regional FYSVRT Convener provided FYSVRT outreach the Forks community at the Salish BHASO Resource Summit.
- September 26th, Salish Regional FYSVRT Convener provided FYSVRT outreach to Jamestown Healing Clinic in Sequim. The Jamestown Healing Clinic is an OUD services provider in Sequim and Clallam County, they provide MAT services as well as SUD outpatient treatment and on-site childcare services. The clinic also provides extensive resource information and referrals to other services to their clients. This Tribal outreach opportunity stemmed from networking at the Salish BHASO Resource Summit in Forks on Sept 19th.
- September 26th, Salish Regional FYSVRT Convener provided FYSVRT outreach to The Nest, part of OWL360 in Port Townsend. The Nest advocates for young people to explore opportunities via resources, community connections, outreach, and events.

Priority #1 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024

- October 3rd, Salish Regional FYSVRT was invited to staff an information table at the Salish BHASO Community Resource Summit.
- October 21st, Salish Regional FYSVRT held our 5th quarterly FYSVRT Family Fun event and outreach at the Port Angeles branch of the North Olympic Library System (NOLS). Our Youth Art Activity for this event was pumpkin decorating. All art supplies were provided as well as food and beverages. The event was open to everyone. We had a total of 30 people show up and participate, 18 were youth and 12 were parents/grandparents.
- November 7th, attendance at the Salish Regional WISe Network Collaborative. FYSVRT information update was provided to all community Mental Health providers who provide WISe services.
- November 8th, FYSVRT program update and scheduled events shared at the Salish Youth Network Collaborative steering committee meeting.
- November 28th, Salish Regional FYSVRT outreach at the Quilcene Community Center in Jefferson County.
- December 13th, FYSVRT program update and scheduled events shared at the Salish Youth Network Collaborative steering committee meeting.
- December 18th, Monthly FYSVRT meeting/holiday party hosted at Red Cedar Hall at Jamestown Tribal facilities.
- December 19th, Salish Regional FYSVRT outreach event for Kitsap Mental Health Services WISe teams, 35 KMHS staff attended this Zoom event from two separate KMHS locations.

Priority 2

Goal

Transform Salish Regional FYSVRT digital platforms into informative, interesting, and valuable resources.

Action Steps

- **Re-design the existing Salish FYSVRT website including information and resource content, website format changes,**

<p>increased color, and other visual appeals.</p> <ul style="list-style-type: none"> • Increase utilization of Facebook and/or other social media to reach all populations and increase FYSPRT event awareness. 	
1	<p>a) Implement modifications to the existing Salish FYSPRT website to make it a more visually appealing and informative experience.</p> <ul style="list-style-type: none"> i. Convener will work with Salish BH-ASO staff to incorporate changes that will enhance visiting the Salish FYSPRT website. <i>Efforts continue regarding updating the FYSPRT website and coordinating resources with other SBHASO program needs (7/17/2023).</i> ii. Significant changes and improvements will be implemented NLT 3/31/2023. <i>Extending this date to 9/30/2023 is required in support of resource limitations and other program priorities. We hope to increase our attention and results this next quarter (7/17/2023).</i> iii. Implementation of a “website visitor survey” offered to each website visitor at time of visit. iv. Convener will ensure ongoing changes and content implementation reflect inputs provided by FYSPRT membership, community feedback, and website visitor survey.
2	<p>b) Increase utilization of Facebook and/or other social media to share FYSPRT related information, to be implemented NLT 5/31/2023. <i>So far this year we have not relied heavily on Facebook other than some of our membership using Facebook to share about FYSPRT activities. We have utilized other options such as Peachjar in order to reach up to 45 schools at a time within the Salish region to provide program information to school district staff, youth, and families. We have not abandoned Facebook as an option but we are content with utilizing other options at this time. (7/17/2023).</i></p> <ul style="list-style-type: none"> i. Convener will ensure both public and private Facebook options are available to community. ii. Salish FYSPRT website will have link to Facebook. iii. FYSPRT event information will be current and available on Facebook.
<p><u>Priority #2 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023</u> <i>Updates and progress to both the Salish FYSPRT website and Facebook pages has been slower than anticipated. We continue to look for opportunities to update the website and we are hopeful to make more significant progress next quarter. Although not on our website it is worth noting that we did utilize the Peachjar digital platform to reach out to 35 schools in Kitsap county.</i></p>	
<p><u>Priority #2 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023</u> Upgrades to the Salish FYSPRT website have not progressed as originally intended, however we are reaching record numbers of individuals and entities through outreach activities, in-person meetings, email efforts, and Peachjar. Also, we have redesigned our informational brochure which now includes a QR code that links directly to the Salish FYSPRT website (7/17/2023).</p>	
<p><u>Priority #2 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023</u></p>	

- Significant updates to the Salish FYSPRT website remain as a pending project. In the interim we are posting information on our current FYSPRT website, providing digital flyers to our community partners to inform individuals about upcoming FYSPRT events, utilizing Peachjar to reach thousands of school students and their families with FYSPRT messaging, and collaborating with the Salish Youth Network Collaborative (SYNC) and their invitation to share FYSPRT information on their website.

Priority #2 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024

- A major revamp of the Salish FYSPRT website remains as a pending goal. In the interim we are updating and modifying items on the website as they arise. Also, we are sharing our program information with other community partners willing to post on their websites. Salish FYSPRT is working with Salish BHASO leadership to coordinate resources to support a major upgrade to the FYSPRT website.

Priority 3	
Goal	Training and development of Salish FYSPRT Tri-Leads and membership.
Action Steps	
<ul style="list-style-type: none"> • All Salish FYSPRT Tri-Leads will attend at least one training event in 2023. • FYSPRT youth and family members will attend at least one training in 2023 	
1	<ul style="list-style-type: none"> c) Salish FYSPRT Convener will ensure training opportunities are presented to eligible Tri-Leads and youth and family FYSPRT members and encourage them to attend at least one event in 2023. <ul style="list-style-type: none"> i. Salish FYSPRT Convener will promote the use of available FYSPRT stipend funds to compensate eligible individuals for their time while attending trainings, and pay for related transportation, lodging, meals, and childcare. ii. FYSPRT Convener and Tri-Leads will identify and coordinate guest presenters who are willing to provide training at FYSPRT meetings and events. This will be done on an ongoing basis.
2	<ul style="list-style-type: none"> d) Salish FYSPRT Tri-Leads and youth and family members will be invited to present information, share lived experience, and practice public speaking at FYSPRT meetings and events. <ul style="list-style-type: none"> i. Salish FYSPRT Convener will encourage and coordinate with Tri-Leads and youth and family members to present information at Salish FYSPRT events. Events can consist of monthly meetings, outreach events, and quarterly FYSPRT Family Fun events.
Priority #3 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023	

- *The Salish FYSPRT Convener continues to seek opportunities to provide stipend funds for individuals to participate in FYSPRT activities. As a result of our digital outreach through Peachjar our program membership has grown.*
- *Two of our Tri-Leads have registered to attend the Children’s Behavioral Health Summit in May.*
- *Salish FYSPRT regularly invites subject matter experts to provide presentations at our monthly meetings. In January we had a presentation about the Pre-natal through age 25 Strategic Plan Advisory Committee. In February we had a presentation from the Salish Youth Network Collaborative and a presentation from Jerri Clark from PAVE about Individual Development Plans (IEP’s). In March we had the Office of Behavioral Health Advocacy present.*

Priority #3 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023

- Salish Regional FYSPRT had one Family Tri-Lead and one Youth Tri-Lead attend the Children’s Behavioral Health Summit in Pasco on May 1st & 2nd. Our Tri-Leads were supported with FYSPRT stipend funds in support of mileage, meals, childcare, and daily compensation for attending the training.
- This quarter we have had guest presentations from Washington State Community Connectors (WSCC), Peninsula Behavioral Health (PBH), and a “lived experience” presentation from Youth and Family members within our FYSPRT group.

Priority #3 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023

- One of our Family Tri-Leads attended the WSCC Family Network meeting event on July 24th.
- This quarter at our monthly FYSPRT membership meetings we have had guest presenters from Volunteers of America Western Washington, and the Coffee Oasis a youth services focused organization in Kitsap County.
- Our FYSPRT Tri-Leads have attended multiple Salish BHASO Resource Summits hosted throughout the region in recent months and through their networking efforts have increased their knowledge about youth services programs, housing programs, Behavioral Health service providers, Crisis services, and other community resources.

Priority #3 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024

- Three Tri-Leads represented Salish Regional FYSPRT at a Salish BHASO Community Outreach Summit on October 3rd. This event provided them real world training and experience in interacting with multiple community partners as well as the public.
- Three Tri-Leads facilitated the FYSPRT Family Fun event on October 21st, interacting with individuals attending the event and sharing their lived experience.
- Two Tri-Leads attended the Statewide FYSPRT meeting on October 26th and participated in the discussion.

Priority 4	
Goal	<ul style="list-style-type: none"> • Increase outreach to diverse communities in the Salish region including tribal, urban Indian, and underserved and underrepresented populations.
Action Steps	
	<ul style="list-style-type: none"> • Links to Native American Tribes in the Salish Region will be included on Salish FYSPRT website. • Cultural events from Tribes in the Salish Region will be listed on the Salish FYSPRT website. • Links to underserved and underrepresented populations in the Salish region will be included on the Salish FYSPRT website. • Cultural events from underserved and underrepresented populations in the Salish Region will be listed on the Salish FYSPRT website. • Links to community organizations, youth organizations, homeless shelters, food banks, HSC, Coffee Oasis, • Invitations to Salish Regional FYSPRT events will be extended to all Tribes in the Salish Region.
1	Convener will ensure the Salish Regional FYSPRT website provides links for underserved and underrepresented communities in our region. Additions and updates of this information will be ongoing.
2	Convener and Tri-Leads will extend invitations to underserved and underrepresented populations to attend and provide presentations at Salish FYSPRT meetings. This activity will be ongoing.
3	Convener will identify outreach opportunities connected to underserved and underrepresented populations in the Salish region. This activity will be ongoing.
<p><u>Priority #4 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023</u></p> <ul style="list-style-type: none"> • <i>Salish FYSPRT has registered for the 2023 Kitsap Pride event scheduled for July 22nd. Planning has begun to staff a booth with individuals with lived experience and provide free items and games.</i> • <i>Outreach to Port Gamble S’Klallam tribal Library on 1/11/2023</i> • <i>We continue to seek out opportunities to collaborative with the Tribes in our region and those efforts continue. Recently we re-connected with an individual who works for the Lower Elwha Tribe as the Youth and Young Adult Advocate and efforts are underway to better establish that relationship. We believe the Lower Elwha Tribe will be attending our April meeting.</i> 	
<p><u>Priority #4 Quarterly Workplan Update: (Apr-Jun2023) updated 7/17/2023</u></p> <ul style="list-style-type: none"> • Salish Regional FYSPRT has made significant progress on this goal this quarter. We have had multiple outreach visits to 	

various elements at the Lower Elwha Tribe. We have had in-person outreach events to the Healthy Transitions program at the invitation of the Young Adult Advocate coordinator, as well as outreaches to the Health Services clinic and Klallam Counseling Services at the Lower Elwha Tribal facilities.

Priority #4 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023

- Salish Regional FYSPRT again made significant progress regarding this workplan item. In July we attended the 2023 Kitsap Pride event at the Kitsap County fairgrounds. This event was attended by thousands of individuals from Kitsap County and the surrounding region. We were able to interact with interested individuals, provide program information, give away bottled water, and share the voice of lived experience.
- We attended Makah Days in Neah Bay over a 3-day weekend August 25th – 27th. This event was significant as it allowed us to collaborate with a large Tribal community in one of the most remote and frontier areas of our region. We were able to share FYSPRT messaging with multiple Tribal communities as well as most or all of our frontier communities in west Clallam County.
- We provide FYSPRT program outreach to the Jamestown Tribe at the Jamestown Healing Clinic in Sequim. Clinic leadership at the Healing Clinic is excited to learn more about FYSPRT and how it can be a beneficial resource for their clients.
- FYSPRT program outreach to The Nest, a youth services focused organization in Port Townsend allowed us to expand our program awareness in Jefferson County. The Nest is a place where youth are welcomed, supported, and introduced to opportunities and resources and FYSPRT is an ideal contribution to those resources.
- The results of these outreach events are still unknown but the opportunity to share in-person about FYSPRT with such a broad audience is invaluable.

Priority #4 Quarterly Workplan Update: (Oct-Dec) updated 1/24/2024

- November 1st, toured the Jamestown Healing Clinic in Sequim and provided FYSPRT outreach information.
- December 8th, Coordinated Salish Regional FYSPRT monthly meeting/holiday party to be held at Red Cedar Hall in Blyn. This is where the administrative offices are for the Jamestown S’Klallam Tribe. Provided FYSPRT outreach information as part of reserving the facilities.
- December 2023, in cooperation with Harm Reduction efforts throughout the Salish Region, Salish FYSPRT is coordinating outreach opportunities to be facilitated during visits to provide Quileute, Hoh, Makah, and Port Gamble S’Klallam Tribes with Naloxone. These visits will be completed in 2024.