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***If you are facing a life or death emergency - immediately dial
911.***

***If you need immediate crisis intervention, call the 24hr. crisis
hotline at 1-800-659-0321 ext.#1.***

***If you need help locating a service or phone number you
cannot find in this guide, call 2-1-1 to reach the Peninsula's
211 Information Network.***

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II.



Chores

Boeing Bluebills

c/o The Bay Club
120 Spinnaker Way
Port Ludlow, WA 98365-9540

Website: <http://www.bluebills.org/olympic.html>

What they can do for you:

Boeing retirees volunteer to install ramps, grab bars and railings for disabled and elderly.

Directions:

They will come to you.

Hours:

Referral agency will call
CLOSED weekends and most major holidays.
Best time to call – 9 am. Worst time to call – after 4:30 pm.

Appointments:

No appointments are taken. Must be referred by an agency

Payment and fees:

FREE SERVICE.

Special requirements:

Must be a senior, disabled or others at risk.

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Chores

ECHHO (Ecumenical Christian Helping Hands Organization)

1110 Jefferson Street
Port Townsend, WA 98368
360-379-3246

Website: <http://www.echhojc.org/>

What they can do for you:

Volunteers provide services free-of-charge to individuals who are referred to ECHHO. Services: Travel to medical appts, **limited** home and domestic services (not always able to fulfill requests), shopping, errands, friendly visits, loans of medical equipment.

Directions:

Corner of Jefferson and Polk Streets, the driveway is on Polk Street.

Hours:

Monday – Friday 9:00 am – 4:00 pm
CLOSED WEEKENDS. *Busiest early morning and late afternoon.*

Appointments:

Call first if possible. Walk in appointments available. Driving appointments usually require a wait. Usually a few minutes wait time at ECHHO. Waiting area may not be set up for small children.

Payment and fees:

This is a FREE SERVICE for people who qualify.

Special requirements:

You must have a referral from a healthcare practitioner, social service agency, church pastor or therapist. Can be a verbal (by phone) referral.

Other important information:

No foreign language translation. Client must give referring party permission to talk to ECHHO about them. ECHHO must know of any special condition or behavior, etc. to the request for help.

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Food & Food Stamps

The Boiler Room

711 Water Street
Port Townsend, WA 98368
360-379-8247

What they can do for you:

SOUP KITCHEN - The Boiler Room provides a free soup kitchen on Sundays. They give out free soup, bread & butter, and milk from 3 pm – 4:30 pm. They also operate a coffee house during all business hours.

Directions:

Downtown Port Townsend on Water Street.

Hours:

Coffee house hours:

Closed Monday

Tuesday – Sunday 8 am – 10 pm

Soup kitchen hours:

Friday, Saturday, Sunday 5 pm – 6 pm open to public

Appointments:

No appointment necessary. If you need a meal, just show up on Sunday between 3 and 4:30 pm

Payment and fees:

FREE meal for anyone.

Other important information:

The Boiler Room provides a drug / alcohol / harassment-free place for people to express themselves and be safe. They also operate a volunteer run (non-profit) coffee house serving organic coffee and some snacks. Sometimes there are other programs & music show venues. If you are under the influence of drugs or alcohol, you will be asked to leave the premises

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DSHS – Food Stamps

Department of Social and Health Services

915 Sheridan Street, Suite #201

Port Townsend, WA 98368

877-501-2233; 877-980-9220 for information on existing case

Website: <http://www1.dshs.wa.gov/>

What they can do for you:

Offers assistance to help cover basic living needs including food stamps, medical assistance and cash assistance.

Directions:

They are in the Sheridan St Office Bldg, across from the Hospital. Green / brown building with a red awning. Entrance is off parking lot. Bus directions – #3 Castle Hill Connector to 10th & Sheridan.

Hours:

Monday – Friday 8 am – 5 pm.

CLOSED weekends and state and federal holidays.

Appointments:

Interview appointments are set up for 8:30, 9:30 and 10:30 am. Clients must arrive by 8 am to schedule a same day appointment, otherwise drop in to schedule an appointment for another day. They may be busier early or late in the month.

Must bring with you:

When you make an appointment, they will let you know what to bring. May include the following; ID, SS#, proof of residence, verification of pregnancy, financial resources (bank acct, etc), pay stub, proof of all income, etc.

Payment and fees:

FREE service if you qualify.

Other important information: If you need help, come in and make an appointment.

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Food & Food Stamps

Jefferson County and Port Townsend Food Banks

1925 Blaine St
Port Townsend, WA 98368
360-531-0275

Other locations in Jefferson County:

Tri-Area Comm Center, 10 W Valley Rd, Chimacum 360-732-0383
Quilcene Comm Center, 294952 Hwy 101, Quilcene 360-765-0904
Coyle Comm Center, 423 Hazel Point Rd, Coyle 360-765-4366
Brinnon Comm. Center 306144 Hwy 101, Brinnon 360-796-4444

What they can do for you:

Provides food (from canned goods, bread, fruit, vegetables, rice, pasta, dairy, and occasional misc. items such as paper goods, diapers, pet food) to individuals and families in need in Jefferson County. Quantity given is based upon family size.

Directions:

Port Townsend location is at old Mountain View School address above. Bus - #2 Mountain View Connector.

Hours:

Closed all state and federal holidays, if one falls on Food Bank day, then the Food Bank will open the next day.

Port Townsend Wednesday 11 pm – 3 pm

Quick Pick Program available at Port Townsend, call for details

Chimacum Wednesday 11 pm – 2 pm

Coyle Thursday 9 am – 1 pm

Quilcene Wednesday 11 am – 2 pm

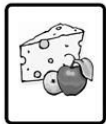
Brinnon Tuesday 10 am – 1 pm

Special requirements:

Bring the family members ages, total members in household, and zip code. **NO APPOINTMENT NECESSARY – JUST SHOW UP.**

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Food & Food Stamps

Jefferson County Public Health Dept. – WIC (Women, Infants and

Children)

615 Sheridan Street
Port Townsend, WA 98368
360-385-9400

Website: <http://www.fns.usda.gov/wic/>

What they can do for you:

WIC provides nutritious foods, health care referrals, nutrition education and breastfeeding support for:

- * Women who are pregnant or breastfeeding
- * Infants
- * Children up to age five

Directions:

Located in the QFC shopping center on Sheridan, to the right of QFC Grocery Store.

Hours:

Monday – Friday 9 am – 4:30 pm
Closed weekends and most state and federal holidays.

Appointments:

Call for an appointment.

Special requirements:

Participants must fall within income guidelines see
www.doh.wa.gov/cfh/WIC/eligibility or call 360-385-9400.
Bring the ID's, Health Insurance or Medical Coupons, and income (pay stub, W-2 or 1099) information of family members to Appointment.

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Housing Assistance

Discovery View Retirement Apartments

1051 Hancock Street
Port Townsend, WA 98368

360-385-9500

Website: <http://aptfinder.org/property435.html>

What they can do for you:

Housing for seniors 62 or older *or for persons with a disability of any age*. This property offers full subsidy for all units through the USDA Rental Assistance program. You will only pay 30% of your income for rent and utilities! A flat rate service package of \$503/month includes 2 meals a day/ biweekly housekeeping, scheduled transportation to shopping and medical appointments. There is a full activity program and on-call service attendant. These are optional. Please call the property for details.

Hours:

Monday – Friday 9am – 5pm
Weekends by appointment

Appointments:

Same day and walk-in appointments available, but best to call ahead. *Best time to call – before 12 pm. Busiest time to call – 12 pm – 2 pm.*

Must bring with you:

ID, and ballpark figures for income and medical expenses.

Payment and fees:

They accept cash based upon 30% of your income for rent and utilities.

Special requirements:

Income cannot exceed \$1820 per month for an individual, and \$2404 per month for a couple.

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Housing Assistance

Habitat for Humanity

P.O. Box 658 (mailing address)
2001 West Sims Way
Port Townsend, WA 98368
360-379-2827

Website: <http://www.habitajtejc.org/>

What they can do for you:

Habitat offers people who cannot afford homes a hand up rather than a handout. Community volunteers help neighbors in need build a house. Habitat homeowners pay back the cost of their housing materials through a no or low-interest mortgage that typically lasts twenty years. Donations from the public and earnings from their second-hand furniture store cover the cost of land, roads, utilities and other overhead. Neither religion nor race is a factor in choosing the families who receive Habitat houses.

Directions:

On Sims way. Office is on Thomas St. side of building; follow the "Office" arrow up the staircase farthest from Sims Way.

Hours:

Monday – Friday 10 am – 5 pm
CLOSED weekends.

Special requirements:

There are income, house size and family size requirements. You also must have a willingness to partner with Habitat by: Participation in construction of your own home and the home(s) of others. Repayment of interest-free or low-interest mortgages to Habitat. Attendance at all required Homeowner Workshops. Plus one year's residency in Jefferson County.

Other important information:

Call them first. Habitat for Humanity will send info packet and put applicant on list to be notified of the next public information meeting.

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Housing Assistance

Peninsula Housing Authority**Clallam and Jefferson Counties**

2603 S Francis

Port Angeles, WA 98362

360-452-7631

5210 Kuhn Street

Port Townsend, WA 98368

360-379-2565

Website: www.hacc-housing.org
www.jeffersonhousing.org

What they can do for you:

Offers safe, decent and affordable housing to low-income residents of Jefferson County. Pays a portion of rent to a private landlord. Families who qualify will pay approximately 1/3 monthly income and Housing Authority pays the remainder.

Directions:

Call for directions to Port Angeles location. Port Townsend office is located a Kuhn and 49th streets in North Beach area.

** Bus route- #3 Castle Hill Connector.*

Hours:

Monday - Thursday, 8 am - 3 pm

Closed on Friday, Saturday and Sunday.

Closed all state and federal holidays.

Appointments:

Same day and walk-in appointments are available.

Must bring with you:

Acceptable identification (State ID, Birth Certificate for family members w/out State ID, Social Security card.

Special requirements:

Must meet income guidelines and be a resident of Jefferson County. Call for income guidelines info.

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Housing Assistance

Jefferson County Tax Assessor's Office

P.O. Box 1220 (mailing address)

1820 Jefferson Street

Port Townsend, WA 98368

360-385-9105 • 360-385-9197 FAX

Website: <http://www.co.jefferson.wa.us/assessors/Default.asp>

What they can do for you:

Provides property tax exemptions for seniors (61 and older) or totally disabled adults with a

household income under \$35K / year.

Directions:

On Jefferson Street, in the big red Jefferson County Courthouse building. First floor, room #140.

Hours:

Monday – Friday 8 am – 5pm.

CLOSED weekends and state and federal holidays.

Appointments:

Same day and walk-in appointments available.

Must bring with you:

Identification, most recent tax return and ALL attachments, proof of un-reimbursed pharmaceutical expenses, doctor statements for disability. They have a form in office to fill out.

Payment and fees:

Tax exemptions provided if you qualify. NO FEE to apply.

Special requirements:

You will need a letter and form from doctor certifying that you are permanently disabled and unable to work. Property must have been primary residence for past 6 months. Income minus un-reimbursed pharmaceutical expenses cannot exceed \$35,000 per year.

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Housing Assistance

Seaport Landing

1201 Hancock Street

Port Townsend, WA 98368

360-379-9376 • 360-385-0682 Fax

Website: <http://www.mtwestret.com/communities/seaportlanding/>

What they can do for you:

Retirement and assisted living apartments. One meal per day for retirement residents, 3 meals per day for assisted living residents. Includes all utilities except telephone & cable TV - which are available for an additional fee. Weekly housekeeping, transportation (for shopping, banking, doctor appts, special events), laundry rooms may be included. Also have many community amenities available, such as activities, game room, etc.

Hours:

N/A

Appointments:

Same day and walk-in appointments are available.

Payment and fees:

Contact them to find out payment and cost information.

Special requirements:

Client must be of retirement age or be in need of assisted living facilities.

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Financial Assistance

Apprisen (Consumer Credit Counseling Northwest)

3560 Bridgeport Way West, Suite 1D

University Place, WA 98466

800-355-2227 ▪ 253-588-1858

Website: <http://www.apprisen.com>

What they can do for you:

Apprisen can help you take that first step towards taking control of your financial situation. They have trained, professional credit counselors who will evaluate your financial situation. Get a clear picture of your finances and learn what options are available. Learn about consumer educational opportunities and resources. Take advantage of Apprisen's free, confidential counseling.

Directions:

Only available by phone to the numbers above, or by accessing their website.

Hours:

Monday – Friday 8:15 am - 4:45 pm
Thursday appointments also available from 5:00 pm to 6:30 pm
The 800 number can be called for an immediate appointment
CLOSED Saturday & Sunday

Appointments:

Call to make an appointment on the phone and have your ID, paycheck stub, and statements from creditors on hand when calling.

Payment and fees:

Some counseling is free. They charge an initial fee of \$25, then a monthly fee that is a percentage of your debt payment (usually \$0 - \$35)

Special requirements:

None.

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Financial Assistance

Social Security Administration

800-772-1213

Website: <http://www.socialsecurity.gov>

What they can do for you:

They pay monthly cash benefits based upon financial need to those who are unable to work due to a disability.

Hours:

Monday – Friday 7 am – 7 pm.

Best time to call – mid-week around mid to end of the month. Worst time to call – Mondays, Tuesdays early in the month.

Appointments:

Call the 800 to make an appointment at a local office in Port Angeles or Silverdale.

Payment and fees:

NONE.

Special requirements:

To qualify for SS Disability you must have a TOTAL DISABILITY (unable to work). There will be extensive questions and tests to verify qualification, plus assessment from a doctor.

Other important information:

Interpreter service is available. Be prepared to wait on the phone a very long time. Some forms can be downloaded on-line. A Social Security attorney might be helpful in getting you benefits if you run into roadblocks, however they will take a portion of your benefits as payment.

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Daily Living Help

Better Living Center

1505 Franklin Street
Port Townsend, WA 98368
360-385-4057

What they can do for you:

They are a facility for people in need, providing basic necessities such as clothing, children's and baby clothing, bedding, kitchenware, occasional emergency food supplies, books, and miscellaneous items.

Directions:

They are located in uptown Port Townsend, on the corner of Franklin and Pierce Streets. Entrance is down walkway from driveway on Pierce.

Hours:

Tuesday and Thursday 10 am – 2:50 pm
CLOSED Mon, Wed, Fri, Sat, Sun and state and federal holidays that land on a Tuesday or Thursday.

Appointments:

Walk in only.

Payment and fees:

This is a free service to people in need.

Special requirements:

You must agree that any items you receive from them will be used for personal use only and will not be re-sold. Donations accepted.

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Daily Living Help

Disabled American Veterans

216 South Francis Street
Port Angeles, WA 98362
360-417-2630 ▪ 206-764-2200

Website: <http://davchp9.org/main.html>

What they can do for you:

Help with veteran claims for disability. They stay with you through the whole process. They coordinate with the DAV van to the Veterans Hospital in Clallam County. For the SAM service in Jefferson County call Bud Clark at 360-301-4206.

Directions:

Call for an appointment.

Hours:

Monday – Friday 10 am – 4 pm

Closed Saturday, Sunday and most major state and federal holidays.

Best times to call - after 10 am. Worst times to call – after 3 pm.

Appointments:

Same day and walk-in appointments are NOT available. Call for appointment.

Must bring with you:

Your personal ID, Military ID, and Veteran's DD214 papers.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

This service is available ONLY to United States military veterans. You must first register with the Seattle office by calling 206-764-2200, before you can be seen at the Port Angeles location.

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Daily Living Help

Jefferson Transit Authority

1615 West Sims Way
Port Townsend, WA 98368
360-385-4777 • 800-371-0497

Website: <http://www.jeffersontransit.com>

What they can do for you:

Provides public transportation bus rides around Jefferson County, plus connecting service with Kitsap and Clallam Transit. Commuter Vanpool, Dial-A-Ride & discount fare card available through application process.

Hours:

Our Customer Service hours are:
Monday – Friday 9 am – 5 pm
Closed Saturday & Sunday

Payment and fees:

They accept cash or checks for payment.

Special requirements:

To qualify for the ADA (Americans with Disabilities Act), get an application from Jefferson Transit. Call them and they will mail it to you, or stop in to their office on Sims Way and pick one up. After you are approved, you will qualify for reduced bus fare card and Dial-A-Ride (application form must be filled in by a counselor or health care professional regarding disability status). There are no special requirements in order to ride the bus at full fare.

Other important information:

Jefferson Transit can also provide information about Kitsap Transit and Clallam Transit and connecting routes. Visit website for full array of services.

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Daily Living Help

OlyCAP – Olympic Community Action Programs

803 West Park Avenue
Port Townsend, WA 98368
360-385-2571

Website: <http://www.olycap.org/>

What they can do for you:

They provide housing assistance, emergency food vouchers, utility assistance (LIHEAP), a thrift store, Vet Connect, homeless shelter, Head Start and a retired senior volunteer program (RSVP).

Directions:

Located beyond the Goodwill store in Port Townsend.

Hours:

Monday – Friday 8 am – 4:30 pm.
CLOSED Sat, Sun and most major state and federal holidays.

Appointments:

Call office to set up an appointment.

Must bring with you:

Check with them on the items you may need to bring with you.

Payment and fees:

Cost varies.

Special requirements:

None – contact them if you need help of any kind.

Other important information:

OlyCAP also provides many other services to people in need.

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Daily Living Help

Olympic Area Agency on Aging

915 Sheridan Street, Suite 202
Port Townsend, WA 98368
360-385-2552 ▪ 800-801-0050 (Port Townsend)

Website: <http://www.o3a.org/>

What they can do for you:

They help older adults and adults with disabilities who are enrolled in the state Medicaid in-home care program remain independent and in their own homes and communities. They also provide information and assistance in meeting an individual's needs (from in-home case management to help w/ paperwork to finding health insurance).

Directions:

*Bus – take the #2 Castle Hill Connector to 10th and Sheridan. Entrance is on west side of building, across from the DSHS office.

Hours:

Monday – Friday 9 am – 4 pm. Closed 12-1 pm for lunch.
CLOSED Saturday and Sunday and state and federal holidays.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

Mostly serves senior citizens and disabled persons.

Other important information:

SHIBA (Statewide Health Insurance Benefits Advisory) help line (through this agency) is a program available to all ages to assist in finding appropriate health insurance.

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Daily Living Help

Working Image

Meeting Needs - Expanding Horizons

1925 Blaine Street at Mountain View Commons
Port Townsend, WA 98368
360-385-0300

Website: <http://www.workingimage.org/>

What they can do for you:

They provide appropriate clothing to women in need in order to promote and encourage self-sufficiency and confidence to gain employment. They also offer clothing to men, pregnant women, homeless teenagers, women living in cars, those who have fire losses or experience violent situations. Working Image serves individuals who have been referred by social service agencies, private organizations, government and tribal entities, companies or an individual can call and ask for help.

Directions:

Located at Mountain View Commons where Food Bank is (across from the PT golf course).
Bus directions - #2 Mountain View Connector

Hours:

By appointment only.

Appointments:

Appointments made at info@workingimage.org.

Payment and fees:

This is a FREE service.

Special requirements:

Referrals can be from an agency, an organization or by self referral.



Utility Assistance

City of Port Townsend

250 Madison Street
Port Townsend, WA 98368
360-379-4409

Website: <http://www.cityofpt.us>

What they can do for you:

Provides a discount on water, sewer and storm charges on utility bills for low-income adults, low-income seniors (62+) and low-income disabled persons. Call or visit office for current discount rates and other eligibility requirements and income levels.

Directions:

In City Hall on Madison Street – on the 1st floor.

Hours:

Monday - Friday 8 am – 4:30 pm
CLOSED Saturday and Sunday and major holidays.

Appointments:

Please call or walk-in to make an appointment to fill out application.

Payment and fees:

Discount will apply if you qualify.

Special requirements:

Income for disabled persons and seniors (62+) must not exceed the amount allowed by the **\$200%** federal poverty table. Income for all other applicants must not exceed **125%** of state or federal poverty levels. Application has calculations of these levels on the back of the form.

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Utility Assistance

Jefferson Public Utility District #1

230 Chimacum Road, P.O. Box 925
Port Hadlock, WA 98339
360-385-5800 ▪ 800-700-7152

Website: <http://pud.co.jefferson.wa.us/> OR
www.jeffpud.org

What they can do for you:

They may provide a discount on your water bill. Low income senior citizens and low income disabled citizens who meet the criteria of the State Statute will be charged a reduced Basic Services charge for residential services equal to 70% of their normal Basic Service charge. (This discount does NOT apply to total water consumption).

Hours:

Monday – Friday 9 am – 5 pm.
CLOSED Saturday and Sunday.

Appointments:

No appointment necessary – call them to have information, instructions and reduced rate application mailed to you.

Special requirements:

Exemption must be renewed each year. Low-income senior or low-income totally disabled persons (unable to work at all), only qualify. Senior (62+) disposable income must be less than \$25K (amount subject to change) per year. Disabled citizen income limit depends upon family size – not more than 125% of poverty level.

Other Important Information:

Jefferson PUD cannot extend credit. They refer all such requests to the 2-1-1 emergency number.

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Utility Assistance

Puget Sound Energy

866-225-5773 ▪ 425-452-1234 ▪ 800-962-9498 (TTY)

Website: <http://www.pse.com/>

What they can do for you:

Low-income persons may qualify for utility assistance programs such as the Puget Sound Energy help fund.

Directions:

Contact OlyCAP first to qualify. (See page 17).

Hours:

Monday – Friday 7 am – 6:30 pm.

CLOSED Saturday and Sunday, Labor Day, Thanksgiving, and Christmas Day.

Appointments:

Call on phone only.

Payment and fees:

N/A

Special requirements:

You must qualify through OlyCAP (see page 17).

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Utility Assistance

Washington Telephone Assistance Program (WTAP)

P.O. Box 47250

Olympia, WA 98504-7250

800-562-6150

Website: <http://www.wutc.wa.gov/consumer>

Select telephone icon in middle of page then scroll down to "Telephone Assistance Program" and choose WTAP.

What they can do for you:

Provides discount local, basic telephone services for \$8 per month plus tax and fees to adults receiving cash, food stamps or medical benefits from DSHS. Can provide stand-alone voice mail for people who cannot get local phone service. Also pays for some or all installation costs. No deposit necessary.

Directions:

Only available by phone to the toll free number above, or by accessing their website.

Hours:

N/A

Special requirements:

This service is available ONLY to persons receiving assistance from DSHS. You can contact your local phone company with your name and DSHS ID# and they will contact WTAP to verify eligibility. If you have questions about your benefits with DSHS or you need your client ID#, call DSHS at 888-700-8880.

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College/Continuing Education

Jefferson Clemente Course

A Bard College Clemente Course
P.O. Box 1774
Port Townsend, WA 98368
360-732-000

Website: <http://www.jeffersonclemente.org>

Email: hiltonl@olympus.net

What they can do for you:

The Jefferson Clemente Course provides opportunities to economically and educationally disadvantaged individuals to experience a college-level humanities course taught by top-level college instructors. Students who complete the course will earn 6 college credits that are transferable to other colleges, by studying masterpieces in the fields of literature, history, philosophy and art.

Courses offered annually January to June. Contact them for more information by phone or email listed above.

Hours:

Monday – Friday 9 am – 5 pm.
CLOSED Saturday and Sunday and all major holidays.

Appointments:

Application information available at the website.

Payment and fees:

NO CHARGE for course, books, tutoring, childcare, transportation.

Special requirements:

You must be over 17 years of age, be able to read in English, and meet application and low-income guidelines.

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College/Continuing Education

The Literacy Council of Jefferson County

c/o Jefferson County Library
620 Cedar Avenue
Port Hadlock, WA 98339
For referral call 360-385-6544

Website: www.jeffcoliteracycouncil.blogspot.com

What they can do for you:

Jefferson County Literacy Council is an all-volunteer organization that provides literacy information and referral and a "Basket of Books" program that places quality reading materials in offices and businesses for children throughout Jefferson County.

Directions:

For a referral contact Jefferson County Library at 360-385-6544 during to following hours:

Monday - Thursday 10:00 a.m. - 8:00 p.m.

Friday & Saturday 10:00 a.m. - 5:00 p.m.

Sunday 1:00 p.m. - 5:00 p.m.

or go to www.jeffcoliteracycouncil.blogspot.com

Special requirements:

None.

Other important information:

Referrals are made to appropriate literacy services as available.

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College/Continuing Education

Peninsula College

Fort Worden Campus

298 Battery Way
Port Townsend, WA 98368
360-385-4605 ▪ 360-385-4570 FAX

Main campus:

1502 E. Lauridsen Blvd
Port Angeles, WA 98362
877-452-9277

Website: www.pencol.edu

Email: pt@pencol.edu

What they can do for you:

Provides college classes towards degree programs, plus educational opportunities in the areas of professional, technical, basic skills, and continuing education for adults. Financial aid and grants are available. 2 year and 4 year degree programs are available.

Directions:

**Bus – take #2 Mountain View Connector.*

Hours:

Monday – Thurs 10 am – 6 pm

Closed state and federal holidays.

Best time to call - around 10am. Please leave a message if call goes to voicemail.

Appointments:

Call ahead for appointment – usual wait 2 - 5 days until appointment. Short wait in reception area for scheduled appointments.

Payment and fees:

Apply for financial aid online at wwwfafsa.ed.gov - call for an appointment if you need assistance filling out this application.

No application fee

Placement test fee: \$20

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College/Continuing Education

Washington State University (WSU) Jefferson County Extension

Cupola House, 380 Jefferson St
Port Townsend, WA 98368
360-379-5610

Website: <http://www.jefferson.wsu.edu>

email: sally.chapin@wsu.edu

What they can do for you:

Washington State University Extension engages people, organizations and communities to advance knowledge, economic well-being and quality of life by fostering inquiry, learning, and the application of research.

Vision

WSU Extension is the front door to the University. It extends non-credit education and degree opportunities to people and communities throughout the state. Extension builds the capacity of individuals, organizations, businesses and communities, empowering them to find solutions for local issues and improve their quality of life. Extension is recognized for its accessible, learner-centered, relevant, high quality, unbiased educational programs. Extension collaborates with communities to create a culture of life-long learning.

Programs include: Agriculture, 4-H, Youth & Families, Master Gardener Program, Water & Natural Resources, Economic Development.

Directions:

Located at Point Hudson in Port Townsend. **Bus - From PT Park & Ride, take bus #11B. Let driver know you want to exit at Monroe and Jefferson. Walk into Point Hudson area, WSU Ext. is on the left in the historic Cupola House.*

Hours:

Open Monday – Thursday 8:30 am – 4:30 pm.
CLOSED Friday, Saturday, Sunday and major holidays.
Best time to call – first thing in the morning after 8:30 am.

Appointments:

Contact them to schedule an appointment. Walk-in and same day appointment may be available.

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Job Training & Placement

Morningside

113 South Valley St.
Port Angeles, WA 98362
360-452-7919

Website: <http://www.morningsideservices.com>

What they can do for you:

Morningside provides integrated support services that advance the employment and self-sufficiency of people with disabilities in finding and keeping a job. Job development and on the job support is individualized to meet an each person's needs.

Directions:

Take US-101 N into Port Angeles. Once in Port Angeles, continue on one way until it ends at stop sign and turn left onto South Valley St.

Hours:

Monday – Friday 8 am – 4:30 pm.
CLOSED Saturday and Sunday

Appointments:

Call for appointment.

Payment and fees:

This is a FREE SERVICE if client qualifies and is referred by the Division of Vocational Rehabilitation or Developmental Disability Administration.

Special requirements:

Morningside can help a client navigate through DVR and DDA if they are not already referred by one of these departments.

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Job Training & Placement

Skookum

P.O. Box 1159
385 Benedict Street
Port Townsend, WA 98368
800-255-9526 ▪ 360-385-4980

Website: <http://www.skookum.org/>

Email: info@skookum.org

What they can do for you:

Skookum Educational and Employment services works with local businesses to create job opportunities for people with disabilities or other barriers to employment. Their job coaches assist individuals who have the potential for independent employment, but who need specialized, short-term, or on the job support and training to succeed. Clients are referred from various sources, such as the Division of Vocational Rehabilitation, Dept. of Developmental Disabilities a division of Department of Social and Health Services.

Directions:

Located behind Safeway gas station (gas station is on Sims Way), Skookum is on Benedict Street.

Hours:

Monday – Friday 9 am – 5 pm.
CLOSED Saturday and Sunday and major holidays.

Appointments:

Call for an appointment, usually a 1-day wait.

Payment and fees:

This is FREE service if client qualifies.

Special requirements:

None, but if individual is not a DDD (Dept of Developmental Disabilities) or DVR (Div. of Vocational Rehabilitation) client, then a Skookum counselor can assist in applying for this.

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Job Training & Placement

Worksource - Jefferson County Affiliate

207 West Patison Street
Shold Business Park
Port Hadlock, WA 98339-9751
360-379-5036

Website: <http://www.go2worksource.com>

What they can do for you:

They help clients create a resume, post resumes, link to training programs & services, connect people to financial aid resources for college and trade schools, and help connect with services for completing a GED.

Directions:

Located in Shold Business Park off Rhody Drive, in Port Hadlock. **Bus - From PT Park & Ride, take bus #6 – Tri Area Loop, ask driver to please stop at Shold Business Park.*

Hours:

Monday – Thursday 9 am – 3:30 pm.
CLOSED Friday, Saturday, Sunday and all major holidays.
Best time to call – mornings before 9 am.

Appointments:

Walk in and same day possibly available – call first if possible.

Must bring with you:

State ID and Social Security card. Call them for other items you need.

Special requirements:

NONE

Payment and fees:

There is no charge for their services.

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K - 12 Education

Academy Northwest

P.O. Box 57

Nordland, WA 98358

206-246-9227 Registrar • 360-385-1159 Teacher/Consultant

Website: www.academynorthwest.org

What they can do for you:

Academy Northwest is an accredited K-12 "school-without-walls," for home schooling families. Learning centers unite parents, students and teachers, tailoring curriculum to student needs. Integrating real-life experiences and biblical worldview in an instructional program, students receive a relevant, individualized education. Weekly instruction with the teacher provides perspective and oversight, as well as active learning opportunities. Expanding their interactive, online high school classes provides access to specialists for those hard-to-teach subjects.

Directions:

Call them and they will arrange to meet with you.

Hours:

N/A – Call to make an appointment.

They follow the public school calendar.

Appointments:

Usual 2 day wait time for an appointment.

Payment and fees:

They can arrange a payment plan. Fees vary depending upon the needs of the student.

Special Requirements:

Parents, students and teachers must all be willing to work together, especially in the K - 10th grade bands.

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K - 12 Education

CSD - Chimacum School District

Pi Program for K - 12

P.O. Box 278

91 West Valley Road

Chimacum, WA 98325

360-732-4090 ext. 229 (K-12)

Website: www.csd49.org

What they can do for you:

The Chimacum Pi Program is an independent study, contract based program for students in grade K-12 supported with classroom, experiential and expeditionary experiences and connections with the community. We strive to meet students' academic needs through their interests, passions and families. It is an alternative model of education supported by the district as one way to provide personalized public education.

Our program helps students meet the requirements of Washington State's academic expectations and Chimacum High School graduation requirements, while following the state's public school Alternative Learning Experience WACs (rules).

Directions:

Pi Program classrooms are housed in the Elementary Building (Room 913, 914, 915).

Hours:

Monday - Friday 9 am - 5 pm (based upon school calendar)

CLOSED Saturday, Sunday and all school holidays.

Appointments:

Call for an appointment, but be aware there is a waiting list to get into the program unless it is an emergency. Once your application is turned in, you will be placed on the waiting list. Pi Program application is available at the CS District Office.

Payment and Fees:

There is no charge.

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K - 12 Education

PTSD – Port Townsend School District Mar Vista Alternative Program

450 Fir Street

Port Townsend, WA 98368

360-379-4523 (contact the High School Counseling Office)

Website: www.ptsd.wednet.edu/highschool/default.htm

What they can do for you:

Mar Vista High School is an alternative high school that offers **NovaNet** is a computer-based curriculum. Students attend school four days a week for two hours a day to use the computer instruction. A teacher is available for assistance and direction. Students must also complete some assignments at home.

Directions:

Call them first.

Hours:

Monday – Friday 8 am – 3 pm (according to school calendar).

CLOSED Saturday, Sunday and all school holidays.

Best time to call – after 9 am. Worst time to call – after 2:30 pm.

Special requirements:

NONE. Contact them to discuss which program would be best suited for your child.

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K - 12 Education

PTSD - Port Townsend School District OCEAN Program for K - 12

1637 Grant Street (K-8) or 450 Fir St (9-12)

Port Townsend, WA 98368

360-379-4535 (K-8) 360-379-2605 (9-12), voicemail: 360-379-4535 ext 4251

Website: www.ptschools.org/ice

What they can do for you:

The OCEAN (Opportunity, Community, Experience, Academics, Navigation) Program is an independent study, contract-based program for students in grade K-12 supported with classroom, experiential and expeditionary experiences, and connections with the community.

We strive to meet students' academic needs through their interests, passions and families. The program helps students meet the requirements of Washington State's academic expectations and Port Townsend High School graduation requirements, while following the state's public school Alternative Learning Experience WACs (rules)..

Directions:

See addresses above.

Hours: (based upon school calendar)

Monday - Friday 8:30 am – 4:30 pm

CLOSED Saturday and Sunday and all school holidays.

Appointments:

Call for an appointment, but be aware there is a waiting list to get into the program. OCEAN program application is available at www.ptschools.org/ice

Payment and fees:

There is no charge.

Special requirements:

You must apply for this program. Contact them for details.

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K - 12 Education

WSA Head Start & ECEAP (Early Childhood Education & Assistance Program)

1831 Grant Street
Port Townsend, WA 98368
360-385-0525
360-582- 3708

What they can do for you:

Provides child-care services and parent education programs.

Directions:

Port Townsend – Near Grant Street Elementary School, in Blue House.

Hours:

Monday – Friday 9 am – 2 pm
Closed most state and federal holidays.

Appointments:

No appointment needed.

Payment and fees:

FREE to families who qualify.

Special requirements:

This service is available to families who fall within certain income guidelines, and have a child with disabilities or have special family needs. Call to find out if you meet qualifications.

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Activities & Recreation

Activities & Recreation

Easter Seals Camp Stand by Me

17809 South Vaughn Road KPN
MAILING ADDRESS: P.O. Box 289
Vaughn, WA 98394
800-678-5708 ▪ 253-884-2722

Website: <http://www.wa.easterseals.com/>

What they can do for you:

Easter Seals Washington is committed to helping people with disabilities and providing support for their families. At Easter Seals Camp Stand By Me, they fulfill both goals by providing residential summer camp for children and adults with disabilities and year-round respite services for their families.

Directions:

Call for directions.

Hours:

Monday – Friday 8:30 am – 4:30 pm.
CLOSED Saturday and Sunday.

Appointments:

Contact them for registration information or register on-line.

Payment and fees:

Contact them for Payment and fees.

Special requirements:

Contact them for participation requirements.

Other important information:

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 80 years. Whether helping someone improve physical mobility, return to work or simply gain greater independence for everyday living, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

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Activities & Recreation

Gatheringplace

430 Hudson Street

Port Townsend, WA 98368

Mailing address: P.O. Box 625, Port Hadlock, WA 98339

360-385-4172

Website: <http://www.gppt.org>

What they can do for you:

Gatheringplace provides enrichment activities for people with disabilities encouraging each individual's creativity, independence, and self-expression. Their welcoming environment supports interaction and communication with their participants, community volunteers and staff. Engaged in arts, cooking, organic gardening, music and movement, a dog biscuit bakery and the Saturday PT Farmer's Market Booth, participants gain mutual understanding and appreciation, further enriching lives together.

Hours:

Monday 11:30 am – 2 pm “Gathering Cooks”

Tuesday 10 am – 2:30 pm Art Class

Thursday 10:30 - 12noon Music and Movement Class

Friday 10 am – 12 pm Dog Biscuit Bakery

CLOSED Wednesday, Saturday, Sunday and major holidays.

The Dog Biscuit Bakery is located at the Skookum building, 385 Benedict St across from Safeway Gas & Deli. The entrance is on the West side of building.

Appointments:

You must call for an application. After it is mailed back to them, they will contact you for an appointment.

Payment and fees:

There is a \$5 per class or \$20 per month tuition to pay for supplies. Waivers are available.

Special requirements:

You must fill in an application. This service is for people with disabilities. Contact them to find out specific requirements.

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Activities & Recreation

Camp Beausite Northwest (formerly Northwest Kiwanis Camp for People with Special Needs)
P.O. Box 1227
Port Hadlock, WA 98339
360-732-7222

Website: <http://www.kiwaniscamp.com/>

Email: nwkc@earthlink.net

What they can do for you:

Northwest Kiwanis Camp opens its doors (and tent flaps) to children and adults with special needs. The main lodge overlooks Beausite Lake and is surrounded by 50 acres of forest and meadowland.

NWKC campers range in age from 6-60 with disabilities that include but not limited to Autism, Downs Syndrome, Cerebral Palsy, Muscular Dystrophy, Hunter Syndrome, Traumatic Brain Injury, Wolf-Hirschhorn and other physical and/or developmental handicaps. Along with arts & crafts, recreational activities include fishing, swimming, horseback riding and a field trip to the Marine Science Center at Fort Worden. Local musicians provide campfire entertainment.

Directions:

They are located off West Valley Road in Chimacum, WA. Call for directions.

Appointments:

N/A – call them on the phone.

Payment and fees:

Cash or tuition may be covered by DDD (Dept of Developmental Disabilities), or DSHS (Dept of Social and Health Services).

Special requirements:

Must complete a lengthy application which you can get by calling them or off the website. Check with them for additional requirements.

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Alcohol & Drug Rehab/Support

Al-Anon and Ala-Teen

District 27 of Washington State
1-866-452-6973 toll free
360-732-7118 (Ala-Teen)

Website: <http://www.wa-al-anon.org>
<http://www.al-anon.alateen.org>

Email: for Ala-Teen information alateen@wa-al-anon.org

What they can do for you:

For over 50 years, Al-Anon (which includes Alateen for younger members) has been offering hope and help to families and friends of alcoholics. It is estimated that each alcoholic affects the lives of at least four other people... alcoholism is truly a family disease. No matter what relationship you have with an alcoholic, all who have been affected by someone else's drinking can find solutions that lead to serenity in the Al-Anon/Alateen fellowship.

Directions:

Check the website or call for current list and directions to meeting locations. A current brochure of meetings is available at Safe Harbor Recovery Center – Beacon of Hope 686 Lake St., Port Townsend, behind the Goodwill and next to Dept. of Licensing.

Hours:

Consult current schedule as meeting times and locations change.

Appointments:

Walk-in, no appointment needed. Call for information or pick up a brochure from Safe Harbor Recovery Center – Beacon of Hope.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

There are no special requirements. Call if you need help. All meetings are non-smoking, some are fragrance free and some are women or men only.

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Alcohol & Drug Rehab/Support

Alcohol and Drug Helpline (ADHL) and Alcohol and Drug Information School (ADIS)

800-562-1240 ▫ 206-722-3700

Teen information lines: 206-722-4222 ▫ 877-345-8336

Website: <http://www.adhl.org/>

What they can do for you:

The Alcohol/Drug Help Line (ADHL) is a confidential, Washington Statewide telephone service providing assistance and guidance for people with alcohol and other drug-related problems, crisis intervention and DUI classes.

Directions:

N/A – available on the phone or website only.

Hours:

Agency's toll-free call line is open 8 am – 10 pm seven days per week, except for major holidays.

Appointments:

Appointment not necessary, call if you need help.

Payment and fees:

This is a FREE service.

Special requirements:

They have referrals for all other states.

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Alcohol & Drug Rehab/Support

Alcoholics Anonymous

District 56: Port Townsend, Port Hadlock, Chimacum, Quilcene,
Brinnon, Coyle
Port Townsend Alano Club
1102 Water Street Suite B
Port Townsend, WA 98368
360-385-0266 AA Hotline

Website: <http://www.alcoholics-anonymous.org/>

What they can do for you:

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; they are self-supporting through contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Directions & Hours: (Meeting times)

Call the AA Hotline for current list and directions to meeting locations. A current brochure of meetings and locations is available at Safe Harbor Recovery Center – Beacon of Hope 686 Lake St., Port Townsend, behind the Goodwill and next to Dept. of Licensing.

Appointments:

Walk in for any of the meeting times listed above. Meetings are also held in other locations, call or visit the website for more information.

Payment and fees:

This is a free service. The support group meetings are free.

Special requirements: None

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Alcohol & Drug Rehab/Support

CODIT (Co-Occurring Disorder Integrative Treatment) Program

884 West Park Avenue
Port Townsend, WA 98368
360-385-0321, press "0"

What they can do for you:

They offer treatment for Dual-Diagnosis adolescents and adults (co-occurring mental illness & chemical dependency issues), including case management, group & individual counseling, psychiatrist for prescription management, family treatment & education.

Directions:

They are located in the Jefferson Mental Health Building (ask to speak to someone about the CODIT Program).

Hours:

Monday – Friday 9 am – 5 pm.
CLOSED Saturday, Sunday and most state and federal holidays.

Appointments:

Call to schedule an appointment for an assessment. After assessment, information is reviewed by a team who will decide if you will be accepted into the program. Usually a one-month wait.

Must bring with you:

Ask when you make an appointment for items to bring with you.

Payment and fees:

Medicaid / Medical Coupons
Cash
Sliding Scale
Payment Plan (If a client needs services, they will receive them. CODIT will work with you regardless of ability to pay).

Special requirements:

Must be a Jefferson County resident and have a mental illness & chemical dependency issue (can be in recovery w/ fear of relapse).

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Alcohol & Drug Rehab/Support

Narcotics Anonymous

West Puget Sound Area
1-877-861-6156 • 360-373-3610

Website: <http://www.wpsana.org>

Meet Schedule: [http://www.wpsana.org/pdf/NA Meetings.pdf](http://www.wpsana.org/pdf/NA%20Meetings.pdf)

What they can do for you:

NA (Narcotics Anonymous) is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. They meet regularly to help each other stay clean. They are not interested in what or how much you used, but only in what you want to do about your problem and how they can help. They are not affiliated with any outside organization or enterprise.

Directions:

Call for current list and directions to meeting locations. A current brochure of meetings and locations is available at Safe Harbor Recovery Center – Beacon of Hope 686 Lake St., Port Townsend, behind the Goodwill and next to Dept. of Licensing.

Location: Meetings are at 711 Ness Corner Rd, Port Hadlock (down around back)

Hours:

Sunday: 12 noon and 7 pm

Monday: 7 pm

Tuesday: 7 pm

Wednesday: 7 pm

Thursday: 12 noon and 7 pm

Friday: 12 noon Book Study and 7 pm

Saturday: 12 noon and 7 pm

Special requirements:

Membership is open to all drug addicts, regardless of the particular drug or combination of drugs used. There are no fees or dues. If you are struggling with drug addiction, go to one of the many meetings available – they will help you.

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Alcohol & Drug Rehab/Support

Safe Harbor Recovery Center - Beacon of Hope

686 Lake Street, Suite 400
Port Townsend, WA 98368
360-385-3866 ▪ 360-385-7288 (fax)

What they can do for you:

Safe Harbor Recovery Center is a program of assessment, treatment and follow-up designed to facilitate change in the patient's life and guide them in recovery from alcohol and drug abuse and dependence.

Directions:

In the Port Townsend Business Park next to Dept. of Licensing.

Hours:

Monday 8:30 am – 12 pm and 1:30 pm – 5 pm.

Tuesday – Thursday 8:30 am – 5 pm

CLOSED Friday, Saturday, Sunday and New Years Day, Christmas, Memorial Day, Labor Day, Independence Day, Thanksgiving Day and the day after Thanksgiving.

Appointments:

In-take process is on a walk-in basis then an appointment for assessment will be scheduled – usual 2-week wait time.

Payment and fees:

Medicaid / Medical Coupons

Private Health Insurance

Cash

Payment plan

ADATSA

Special requirements:

They generally treat people over the age of 13.

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Alcohol & Drug Rehab/Support

Washington State Alcohol & Drug Clearinghouse

1107 NE 45th St, Ste. 120

Seattle, WA 98105-4690

206-221-8325 • 206-543-5473 (Fax)

Website: <http://www.adaiclearinghouse.org>

What they can do for you:

The Washington State Alcohol/Drug Clearinghouse (WSADC) is now a part of Washington University Alcohol Abuse Institute and provides information to the people of Washington State on issues relating to alcohol, tobacco and other drugs. They have a video and DVD lending library and numerous pamphlets and brochures.

Directions:

Only available by phone at the toll free number above, or by accessing their website.

Hours:

Tuesday – Friday 10 am – 4 pm

CLOSED Saturday and Sunday and all major holidays.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

You must be a resident of the State of Washington.

Other important information:

You can order materials by phone or online at no charge.

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Crisis Hotlines & Intervention

2-1-1 Washington Information Network

Peninsula's 2-1-1

C/o Kitsap Mental Health Services

5455 Almira Drive, NE

Bremerton, WA 98311

866-736-9634 or dial 2-1-1

Website: <http://www.crisisclinicofthepeninsulas.org>

Or <http://www.win211.org> for further information on 2-1-1

What they can do for you:

They can give you comprehensive information and referrals for any service that is health and human related, such as; counseling, support groups, food and shelter needs, housing assistance, domestic violence help, emergency preparedness, etc.

Directions:

N/A

Hours:

Monday – Friday 8 am – 5 pm.

CLOSED Saturday and Sunday and major holidays.

Appointments:

N/A

Payment and fees:

This is a FREE SERVICE.

Special requirements:

Call them if you need help. You must be a resident of Jefferson, Kitsap, or Clallam Counties.

Other important information:

Information is also available in Spanish.

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Crisis Hotlines & Intervention

Crisis Clinic of the Peninsulas

360-385-0321 (press 1)

Website: <http://www.crisisclinicofthepeninsulas.org/>

What they can do for you:

They provide Crisis Intervention and Prevention - Individuals who are experiencing situational distress can call and be directed to community services, be supported during their crisis and be redirected to help see other choices in their lives.

Directions:

Only available by phone to the phone number listed above, or by accessing their website.

Hours:

24 hours a day, 365 days a year.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

None – call if you need help.

Other important information:

They have a comprehensive database containing community resources that may be of assistance to individuals in need. Their highly trained, para-professional volunteers possess listening skills that allow an individual to express his/her emotions and feelings in a non-judgmental environment.

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Crisis Hotlines & Intervention

DOVE House

Domestic Violence and Sexual Assault Hotline

800-562-6025 (24 hours) ▫ 360-385-5291 (24 hour local hotline)

Child Protective Services (if a child is involved)

866-363-4276 ▫ 360-379-4330 (intake line)

What they can do for you:

They offer CONFIDENTIAL information, counseling, and advocacy and support groups. They also provide referrals to local Domestic Violence program – where you can receive help with legal paperwork, counseling, support groups, shelter.

Directions:

Call the help line for directions.

Hours:

Agency's toll-free call line is open 24 hours a day, 365 days a year.

Appointments:

N/A – just call them anytime.

Payment and fees:

THIS IS A FREE SERVICE.

Special requirements:

None. If you or someone you love has been a victim of domestic violence or sexual abuse or assault, please call them. They will help you, confidentially.

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Crisis Hotlines & Intervention

National Runaway Switchboard

800-786-2929 ▫ 800-621-4000

Website: <http://www.1800runaway.org/>

What they can do for you:

Call 1-800-RUNAWAY if you are a teenager who is thinking of running from home, if you have a friend who has run and is looking for help, or if you are a runaway ready to go home through their Home Free program. Call if you are a teacher looking for information to pass along to your students about alternatives to running from home. Call if you care about a youth and want information on how you can help someone who may be at risk of running from home.

Directions:

Only available by calling the toll-free phone numbers above, or by accessing their website.

Hours:

They are available by phone 24 hours a day, 365 days a year.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

There are no special requirements in order to receive their free help. Children don't need to be runaways to call them.

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Crisis Hotlines & Intervention

Suicide Hotline

Jefferson County

800-273-8255 (TALK)

360-385-0321 ext #1 Jefferson Mental Health Services 24 hr. Hotline.

What they can do for you:

Call them if you need help or feel desperate. A friendly person is always there to speak with you if you are in an emotional crisis situation.

Directions:

Available on the phone only.

Hours:

Toll-free call lines are open 24 hours a day, 365 days a year. Daytime line is Monday to Friday 9am to 5pm.

Appointments:

No appointment necessary – just call them anytime, night or day.

Payment and fees:

FREE SERVICE

Special requirements:

None – just call if you need help.

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Legal & Advocacy Assistance

Disability Rights Washington

315 Fifth Avenue South, Suite 850

Seattle, WA 98104

800-562-2702 ▪ 206-324-1521 ▪ 206-957-0728 (TTY)

Website: <http://www.disabilityrightswa.org>

What they can do for you:

WPAS is a private, non-profit organization that has been protecting the rights of people with disabilities in the state of Washington since 1972. Services include: Information and referral, training and publications, legal representation, system impact litigation, abuse or neglect intervention, system impact policy initiatives.

Directions:

Only available by phone to the toll free number above, or by accessing their website.

Appointments:

Available by phone or website only.

Hours:

Monday – Friday 9 am – 4 pm.

CLOSED Saturday and Sunday and most major holidays.

Intakes are done 9 am – 12 pm and 1pm to 4 pm.

Best time to call for intake 9 am – 12 pm.

Appointments:

Available by phone or website only.

Payment and fees:

There is no charge for this service if you qualify.

Special requirements:

You must have a disability or mental illness as set forth by Federal mandates in order to receive services from them.

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Legal & Advocacy Assistance

Northwest Justice Project

401 Second Ave South, Suite 407
Seattle, WA 98104
(206) 464-1519 or 1-888-201-1012
For client Intake call 211

Additional location:

405 East 5th Street
Port Angeles, WA 98362
(360) 452-9137
1-866-402-4452
1-888-201-1014 (CLEAR - Client Intake)

Website: www.nwjusticeproject.org

For self-help resources - www.washintonlawhelp.org

Email: probonolawyers@gmail.com

What they can do for you:

They offer FREE legal aid for low-income people and seniors. The Northwest Justice Project (NJP) is a non-profit statewide organization that provides free CIVIL legal services to low-income people from thirteen offices and two satellite locations throughout the state of Washington. Interpreter services are available.

Directions:

Available by phone or website only.

Hours:

Monday – Friday 9:15 am – 12:15 pm
CLOSED Saturday and Sunday and most major holidays.
Best time to call – 9:15 am. Worst time to call – after 11:30 am.

Special requirements:

You must meet certain income and age guidelines.

Other important information:

Numerous free self help resources available online such as: Consumer/Debt, Court forms & processes, Family law, Farm workers, problems with government benefits, Health care, Housing, Immigrants, Native Americans, Senior Citizens, Youth.

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Legal & Advocacy Assistance

Washington State Human Rights Commission

711 Capital Way, #402
Olympia, WA 98504-2490
800-233-3247 ▪ 800-300-7525 (TTY)

Website: <http://www.hum.wa.gov/>

What they can do for you:

You can file discrimination claims with them and they will conduct a neutral investigation. Must be a discrimination claim based upon race, sex, marital status, military status, age, mental, physical handicap or disability. Case must be in regards to job application, employment, housing, credit or insurance.

Directions:

Call on the phone or visit their website only.

Hours:

Monday – Friday 8 am – 5 pm.
CLOSED Saturday and Sunday and state and federal holidays.

Appointments:

Call on the phone only.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

Must feel that they have been unlawfully discriminated against by an agency. Must be filed within statute of limitations time frame.

Other important information:

Translation service is available.

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Mental Health Recovery

BIAWA – Brain Injury Association of Washington

and the Traumatic Brain Injury Resource Center

401 Broadway Patricia Bldg. ▫ mailing: P.O. Box 3044

Seattle, WA 98122

Seattle, WA 98114

253-897-5755 ▫ 877-982-4292 ▫ 711 for deaf or hard of hearing

TBI Resource Center 877-824-1766

Website: [http:// www.braininjurywa.org/](http://www.braininjurywa.org/)

What they can do for you:

They offer information and a referral help line, lending library, advocacy and referrals to support groups. The Brain Injury Association of Washington is determined that no one who has survived a brain injury or been affected by another person's injury should have to face their condition alone. Our mission, which begins with prevention, is to provide support to survivors of brain injury and their families, education to those who are being effected by brain injury, including the general public, and advocacy, to give all those suffering from this silent epidemic a public voice.

Hours:

Monday – Friday 9 am – 5 pm.

CLOSED Saturday and Sunday and most major holidays.

Appointments:

N/A – call them if you need information or referrals. They provide clients with the option of over-the-phone or in-person assistance.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

NONE.

Other important information:

Brain injuries often show common symptoms with various mental illnesses, though the Brain Injury Association does distinguish the two.

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Mental Health Recovery

BRIDGES Mental Health Ombuds Service – Kitsap DRC (Dispute Resolution Center)

9004 Washington Avenue NW
Silverdale, WA 98383
888-377-8174 ▪ 360-692-1582

Website: <http://www.kitsapdrc.org/ombuds.php>

What they can do for you:

The Ombuds Service is an independent agency created by state law for consumers who use publicly funded mental health services. Consumers, or others, with complaints about the quality of their mental health services can contact the Ombuds Service for help resolving their complaint. The Ombuds purpose is to assist consumers in resolving complaints quickly and to help providers and consumers work together to ensure dignified, quality service.

Directions:

Call for directions or assistance.

Hours:

Monday – Friday 9 am – 5 pm
Phone Hours: 9:30 am – 4 pm
CLOSED Saturday and Sunday and most major holidays.

Appointments:

Call to schedule an appointment. An Ombudsperson will meet with you as soon as possible.

Payment and fees:

This is a free service if you qualify.

Special requirements:

Jefferson, Clallam and Kitsap County residents who are eligible, or receiving, publicly funded mental health services may use the Ombuds Service. Family members, or others, may also call Ombuds with complaints.

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Mental Health Recovery

Jefferson County Real Choices Project

Jefferson County Public Health Developmental Disabilities Program
615 Sheridan Street
Port Townsend, WA 98368

Website: <http://www.jcchoices.org/>

What they can do for you:

Website can provide information and resources for people with developmental disabilities, their families, and those who provide services and support. Their community includes information on nearly 500 resources. Some are disability-related, some are "generic" community resources. This is where you can find information on everything from government services and benefits, adaptive technology, recreational activities, education, support groups, places to worship, accessible restaurants, disability-related media and literature, and much, much, more!

Hours:

N/A – information available on the website.

Appointments:

N/A.

Payment and fees:

This service is a FREE SERVICE. NO CHARGE.

Other important information:

Most information available on the website.

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Mental Health Recovery

Jefferson Healthcare – Social Services

834 Sheridan Street

Port Townsend, WA 98368

Olympia, WA 98504-7250

360-385-2200 x 2015 or x 2016 ◻ 800-244-8917 (from Western WA)

Website: <http://www.jeffersonhealthcare.org>

What they can do for you:

Social workers are available through Jefferson Healthcare to counsel, support, and advocate for patients and their families when they are dealing with medical problems and related stressors. The goals of their services are to reduce anxieties, assist in adjustments with life changes, address financial concerns, identify community resources and intervene in abuse or neglect situations. Services include: Short-term Counseling; Psychosocial Assessments; Medical Planning (financial and other helping resources); Crisis Intervention (abuse, neglect, rape, domestic violence; Advocacy (for physically or mentally challenged); and Referral to outside agencies.

Directions:

Inside Jefferson Hospital. **Bus – #3 Castle Hill Connector.*

Hours:

Monday – Sunday 7 am – 5:30 pm

CLOSED most major holidays.

Appointments:

Usual 1 day until appointment.

Special requirements:

None.

Other important information:

Case Managers consult with the patient and/or family, the attending physician, nursing and other hospital therapies to coordinate and plan for post-hospital care, to help with questions or arrangements for home care, home medical equipment, or long term care need.

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Mental Health Recovery

Jefferson Mental Health Services

884 W. Park Avenue
Port Townsend, WA 98368
360-385-0526 ext #1 (also a 24 hr crisis line)

Website: <http://www.jeffersonmhs.org/id19.htm>

What they can do for you:

Jefferson Mental Health Services (JMHS) is a private, not-for-profit community mental health center offering a continuum of outpatient, crisis response, intensive outpatient and other mental health and behavioral health care to children, families, adults and seniors in East Jefferson County.

Directions:

Call them if you need help.

Hours:

CRISIS LINE IS OPEN 24 HOURS A DAY.

Office hours: Monday – Friday 8 am – 5 pm

CLOSED Saturday and Sunday and state and federal holidays (except Crisis Line – it is open all the time)

Appointments:

Call if you need help.

Payment and fees:

Medicaid / medical coupons

Private Health Insurance

Some special funding available if person is danger to self or others

Special requirements:

Must be a resident of Jefferson County.

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Mental Health Recovery

National Association of Dually Diagnosed (NADD)

132 Fair Street

Kingston, NY 12401

800-331-5362 ▪ 845-331-4336

Website: <http://www.thenadd.org/>

What they can do for you:

NADD is the leading North American expert in providing professionals, educators, policy makers, and families with education, training, and information on mental health issues relating to persons with intellectual developmental disabilities and a major mental illness.

Directions:

Only available by calling the phone numbers above, or by accessing their website.

Hours: CALL FIRST

Monday – Friday 12 pm – 8 pm (PST)

CLOSED Saturday and Sunday most major holidays.

Appointments:

Contact online or on the phone only.

Special requirements:

NONE.

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Mental Health Recovery

NAMI Jefferson County

National Alliance on Mental Illness, Jefferson County Affiliate
(Mail only) 884 Park Avenue
Port Townsend, WA 98368
360-385-1716

Website: <http://www.nami.org> - choose link: Find Your Local Nami

What they can do for you:

We are a non-profit, grassroots, self-help support and advocacy organization of people with severe and persistent mental illnesses and their family members and friends.

Directions:

Howard off Sims Way in Pt Townsend into the Port Townsend Business Park, turn right then left onto Park Ave, go one block.

Hours:

N/A – call for information or come to a support group meeting.

Appointments:

N/A - Support groups meet first and third Wed. of each month at 7 PM in the Jefferson Mental Health Services meeting room. On the first Wednesday, mentally ill and family members meet together with a facilitator. On the third Wednesday they meet separately, each group with its own facilitator.

Payment and fees:

There is no charge for their services.

Special requirements:

None.

Other important information:

They also have a small lending library of books, videos, DVDs, and cassette tapes about mental illness - which members can borrow.

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Mental Health Recovery

UGN - United Good Neighbors of Jefferson County (a member of United Ways of Washington)

215-A West Patison

Port Hadlock, WA 98339

211 (24 hour help line) • 360-385-3797

Website: www.weareugn.org

Email: info@weareugn.org

What they can do for you:

Community information and referrals for: employment support, medical care questions, mental health services, senior assistance, shelter needs, utility bill help, volunteer opportunities, in-kind donations, domestic violence help, food resources.

Directions:

N/A – visit website or call for information

Hours:

Monday – Thursday 9am – 1pm.

Help line is available 24 hours a day. (211)

Appointments:

N/A – call if you need help.

Payment and fees:

This is FREE service.

Special requirements:

NONE – call them if you need help.

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Mental Health Recovery

Washington PAVE

6316 South 12th Street
Tacoma, WA 98465
800-572-7368 ▪ 253-565-2266

Website: <http://www.wapave.org>

Email: pave@wapave.org

What they can do for you:

Washington PAVE is a parent directed organization that works with families, individuals with disabilities, professionals and community members in all walks of life and with all types of disabilities. Since 1979, PAVE has provided information, training and support for over 1,000,000 individuals with disabilities, parents and professionals. One on one emotional support, educational advocacy for children, help parents w/ info & skills so they can advocate for their children.

Directions:

Call on phone. Their office is located on the Tacoma Community College campus.

Hours:

Monday – Friday 7:30 am – 5 pm.
CLOSED Saturday and Sunday.

Appointments:

Visit website or phone for information.

Payment and fees:

Free and low-cost written materials; books for sale.

Special requirements:

None.

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Mental Health Recovery

NAMI Clallam County

P.O. Box 3416
Sequim, WA 98382
360-452-5244

Website: www.namiccwa.org

Email: namiofclallamcounty@gmail.com

What they can do for you:

Nami Clallam County provides support groups, education and advocacy for children, adolescent and adult individuals with major mental illnesses, their family members and caregivers. See website for information on disability claims

Directions:

Call for information or visit the website for support group times and locations

Hours:

Support groups meet on Mondays, Thursdays and Fridays. Call or visit website for locations and times.

Appointments:

No appointment necessary, just show up.

Payment and fees:

There is no charge for their services. Memberships are encouraged but not mandatory.

Special requirements:

Only those with a major mental illness, their families, friends and caregivers may attend support groups. Confidentiality is strictly maintained.

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Youth Support Services

ARC of Kitsap & Jefferson Counties - Parent to Parent Program

3243 North Perry Ave
Bremerton, WA 98310
360-377-3473

Website: <http://www.arckj.org>

What they can do for you:

They provide education, advocacy, information and referral services to help individuals with developmental and cognitive disabilities and their families of Kitsap, Jefferson and Clallam Counties to access needed services and support. They also provide information to professionals and care providers.

Directions:

Call agency for information.

Hours:

Tuesday – Friday 9 am – 5 pm.

CLOSED Monday, Saturday, Sunday and most major holidays.

Best time to call – 9 am. Worst time to call – after 4 pm.

Appointments:

Call for an appointment.

Payment and fees:

FREE SERVICE.

Special requirements:

Group counseling is provided on a short-term basis. The Developmental Disability Division of DSHS must refer families and individuals.

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Youth Support Services

YMCA Building Futures Mentoring Program

A Program of Jefferson County Family YMCA
1919 Blaine St
Port Townsend, WA 98368
360-385-5811

Website: www.olympicpeninsulaymca.org

Email: erica@olympicpeninsulaymca.org

What they can do for you:

Building Futures is a school-based mentoring program that matches local students with caring, supportive, and stable adult mentors. Mentors and their “Buddies” meet for one hour per week on school grounds, where they play games, read, make crafts, tell stories, and more! These students are referred by their teachers, and occasionally by their parents, as children who would benefit from having some one-on-one time with a caring adult role model. Though some of these students struggle academically, this is not simply a tutoring program—it is our goal that with strong positive influences in their lives, these children will learn self-confidence and trust, and will be better prepared to succeed in the future.

Hours:

Monday – Friday 12 pm – 5 pm
Closed on Saturday and Sunday and state and federal holidays.
Best time to call – 9 am.

Appointments:

Call for information and an appointment with the coordinator.

Payment and fees:

There is NO CHARGE for services.

Special requirements:

For children ages 6 – 18 years of age.

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Youth Support Services

Jefferson County MASH (JC Mash) Youth Mental Health Clinic

Clinic location:

Sanderling Building (across the street from Don's Pharmacy)
1136 Water St Suite 109
Port Townsend, WA 98368
360-379-2630

What they can do for you:

Provides access for FREE mental health counseling and referral services to youth who are uninsured or unable to pay for therapy. We are here to help, to listen and offer a safe place to express yourself. Totally confidential environment.

Ages 13-25: Free Bus Passes for return visits if needed

Services are provided by WA state Licensed Mental Health Counselor. **Professional and Confidential.**

Hours:

Clinic Hours: 4:00 to 7:00 pm every Thursday. **For more information call 360-379-2630 or visit www.jcmash.com or**



Appointments:

All drop-ins are welcome. No appointment necessary.

Payment and fees:

There is no charge. Services are FREE. Ages 13-25: Free Bus Passes for return visits if needed.

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Youth Support Services

Jefferson County Public Health – Birth to 3 Services

615 Sheridan Street
Port Townsend, WA 98368
360-379-1315

Website: <http://jeffersoncountypublichealth.org/index.php?children-birth-to-3-services>

What they can do for you:

They provide early intervention services to parents and children from birth to three years old with suspected developmental delay.

Their website has a development disabilities guide of Jefferson County that lists many advocacy and family support groups and organizations.

Directions:

Located next to the QFC in Port Townsend.

Hours:

Monday - Friday 9 am – 5 pm.

CLOSED Saturday and Sunday and most major holidays.

Appointments:

Call for information. Screenings are done by appointment. Please call for an appointment.

Payment and fees:

No charge for services.

Special requirements:

None.

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Youth Support Services

DSHS Family Reconciliation Services

Department of Social and Health Services

915 Sheridan Street, Suite #201

Port Townsend, WA 98368

360-379-4330 ▪ 877-562-5624 ▪ 877-980-9180 (Cust. Svc Center)

Website: <http://www1.dshs.wa.gov/>

What they can do for you:

To help parents having problems with at-risk youth (ages 13 – 17), provide a court process for parents or youths to seek help with serious conflicts at home, help families & youths obtain treatment, protection and other care.

Directions:

They are in the Sheridan St Office Bldg, across from the Hospital. Green / brown building with a red awning. Entrance is in front. * *Bus directions – #3 Castle Hill Connector at Park & Ride to 10th & Sheridan.*

Hours:

Monday – Friday 9 am – 5 pm.

CLOSED weekends and state and federal holidays.

Appointments:

Call if you need help, they will schedule an appointment. Mediation often takes place in your home.

Payment and fees:

There is no charge unless youth is placed in out-of-home care.

Special requirements:

You must be referred by an intake social worker. Often, this service is court-ordered.

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Youth Support Services

Jefferson County Court Juvenile Diversion Program

1820 Jefferson Street
Port Townsend, WA 98368
360-385-9190

What they can do for you:

This is a court diversion program for youth ages 8 through 17 who have committed a first time misdemeanor offense. The court holds youth accountable for their actions by making a work agreement with youth to help benefit the community the youth lives in. Also includes reimbursing victims for losses, providing informational educational programs, and assisting families in finding needed services for their children.

Directions:

**Bus directions – #2 Mountain View Connector, 3rd floor of courthouse building.*

Hours:

Monday – Friday 8 am – 5 pm

Court House closes at 4:30 pm

CLOSED most major holidays.

Best time to call - between 8am and 2pm. Worst time to call - Wednesdays or after 2pm on other days.

Appointments:

Call to make an appointment - about a 10 minute wait in office. Reception area is not accommodating for small children.

Special requirements:

No charge if youth qualifies – must be a first time misdemeanor offender.

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Youth Support Services

Jefferson County Court - Truancy Program

1820 Jefferson Street
Port Townsend, WA 98368
360-385-9190

What they can do for you:

They can help children who are having truancy problems in school. The school district is required to file truancy papers with the court. This can help a student to make better life choices. Court may order counseling, drug rehab, abide by school rules, impose a curfew and obey rules at home.

Directions:

**Bus - #2 Mountain View Connector, 3rd floor of the courthouse building.*

Hours:

Monday – Friday 8 am – 5 pm. Office hours

Court House closes at 4:30 pm

CLOSED Saturday and Sunday and state and federal holidays.

Best time to call – between 8 am – 11 am. Worst time to call - Wednesdays and after 4:00 pm on other days.

Appointments:

The child's school must order this petition. When appointment is made - usual wait time 2 days until appointment.

Payment and fees:

There may be no charge for services if you qualify.

Special requirements:

School must order this petition. Talk with the school counselor if there are problems. Court alternates between school districts every other week (one week at Chimacum School District and following week at Port Townsend School District).

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Youth Support Services

Jefferson County Court Youth at Risk Program

1820 Jefferson Street
Port Townsend, WA 98368
360-385-9190

What they can do for you:

For youth at risk (ages 8 to 17). This program helps to empower parents to control children through the court. At risk youth are described as children who are absent from home 72 consecutive hours without parental consent, beyond control of parents, or have a serious substance abuse problem. There are other requirements also.

Directions:

**Bus - #2 Mountain View Connector, 3rd floor of the courthouse building.*

Hours:

Monday – Friday 8 am – 5 pm. Office hours

Court House closes at 4:30 pm

CLOSED Saturday and Sunday and state and federal holidays.

Best time to call – between 8 am – 11 am. Worst time to call - Wednesdays and after 4:00 pm on other days.

Appointments:

Call them for an appointment. Usual wait time 2 days until appointment.

Payment and fees:

There may be no charge for services if you qualify.

Special requirements:

Client must be at risk as per guidelines.



Youth Support Services

Jumping Mouse Children's Center

1809 Sheridan Street
Port Townsend, WA 98368
360-379-5109

Website: <http://www.jumpingmouse.org>

What they can do for you:

Jumping Mouse provides long term, expressive, mental health therapy for children ages 2-12, along with support and education for parents, grandparents, and other important adults in children's lives.

Directions:

On Sheridan Street near the intersection of Sheridan and Discovery Rd. Located in light green house.

Hours:

Monday – Thursday 9 am – 5 pm. Closed Saturday, Sunday and holidays.

Appointments:

Therapy services may be requested by phone or through the website. Staff will respond to your inquiry in 2-4 business days with information about current openings and waiting list.

Payment and fees:

Scholarships, sliding fees, Medicaid and health insurance.

Special requirements:

Child and therapist meet one-on-one for a regularly scheduled weekly appointment. Parents or guardians must be willing to be involved in the therapy, consulting with their child's therapist monthly or more often if necessary.

Other important information:

Children come to Jumping Mouse for a variety of reasons, most often when they've had a frightening or confusing experience that has deeply affected them or their family, such as loss or illness of a parent or other close relative, changing family structures, exposure to violence or substance abuse.

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Dental Care

THESE SERVICES ARE NO LONGER AVAILABLE AT THIS TIME.

Volunteers in Medicine of the Olympics (VIMO)

909 Georgiana St

Port Angeles, WA 98362

360-457-4431 ▪ 360-457-0489

Other locations:

Dental clinic is located in the Armory Square Mall 228 W. First St., Ste. J, Port Angeles.

Website: <http://www.vimoclinic.org>

What they can do for you:

VIMO operates an emergency exam and treatment for low-income adults without dental insurance, for acute dental infection or pain. They screen for tooth extractions, fillings and some easy root canals on front teeth only. Prescriptions for an antibiotic will be provided if needed, but no prescriptions for pain medicine will be given. No follow-up treatment.

Directions:

Call for directions.

Hours:

Friday 10 am – 3 pm.

Appointments:

No appointments. Walk-in, first-come, first-served. Arrive early on clinic day.

Must bring with you:

State ID and proof of income such as a pay stub.

Payment and fees:

Free to those who qualify as low-income. Call for details, some charge for prescriptions, x-rays, lab work.

Special requirements: No assurance of treatment.

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Health Insurance

DSHS – Medicaid

Department of Social and Health Services

915 Sheridan Street, Suite #201

Port Townsend, WA 98368

360-379-4305 ▪ 877-886-8101 ▪ 877-501-2233 (Customer Svc Ctr)

Website: <http://www1.dshs.wa.gov/>

What they can do for you:

You can apply for Medicaid and pregnancy Medicaid through DSHS. Schedule an appointment with a caseworker and your situation will be assessed.

Directions:

They are in the Sheridan St Office Bldg, across from the Hospital. Green / brown building with a red awning. Entrance is in front.

** Bus directions – #3 Castle Hill Connector to 10th & Sheridan.*

Hours:

Monday – Friday 8 am – 5 pm.

CLOSED weekends and state and federal holidays.

Appointments:

Interview appointments are set up for 8:30, 9:30 and 10:30 am. Clients must arrive by 8 am to schedule a same day appointment. *They may be busier early or late in the month.*

Must bring with you:

When you make an appointment, they will let you know what to bring. May include the following; ID, SS#, proof of residence, verification of pregnancy, financial resources (bank acct, etc), pay stub, proof of all income.

Payment and fees:

FREE service if you qualify.

Other important information:

If you need help, make an appointment – they will help you!

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Health Insurance

P.A.V.E. – Partnerships for Action, Voices for Empowerment

(Formerly Family Voices of Washington)

6316 South 12th Street

Tacoma, WA 98465

253-565-2266 □ 800-572-7368

Website: <http://www.wapave.org>

What they can do for you:

PAVE assists families, individuals with disabilities, professionals and others whose lives are linked to address the various needs of the individual from birth through adulthood. Through a variety of programs and services PAVE provides support, assistance, training, information and referrals through topics including healthcare, school supports like IEPs and 504s, military services, birth to three supports, and parent participation in the response to intervention process.

Hours:

Monday – Friday 8 am – 5 pm.

Appointments:

N/A

Payment and fees:

NO CHARGE for services.

Special requirements:

Family must have a child between birth and 21 years of age.

Other important information:

Their website has numerous links to other resources which may be helpful for parents of children with special needs.

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Health Insurance

Washington Basic Health Program

c/o Washington State Health Care Authority
Olympia, WA 98504-2682
800-660-9840

Website: <http://www.basichealth.hca.wa.gov/>

What they can do for you:

Basic Health is a state-sponsored program, which provides affordable health care coverage through private health plans for residents of Washington State.

Directions:

There is a waiting list for Basic Health Program. To get on the list, call the 800 number above or go to the website and register there.

The website offers other health coverage programs such as Washington Health which are offered at lower cost than private health insurance plans. Check the website for details.

Hours:

Phone hours: Monday - Friday 8:00 am - 2:00 pm

Payment and fees:

The monthly fee for Basic Health coverage is dependent upon family size and income. This will vary from family to family. However, this program is much more affordable than an individual health insurance policy for people who qualify.

Special requirements:

Basic Health is for Washington State residents who are: within Basic Health's income guidelines; are not eligible for free or purchased Medicare; not institutionalized at the time of enrollment; not attending school full-time in the United States on a student visa and are not currently enrolled in Washington Health Program, a program which is separate from Basic Health Program.

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Medical Care

Care Givers Home Care Team

2132 Lawrence Street
Port Townsend, WA 98368
877-457-0700 ▪ 360-379-6659

Website: <http://www.caregiversonline.com/>

What they can do for you:

Home health care services, skilled nursing care, transportation to medical appointments, home visits, bathing, meal preparation, laundry, house cleaning, assist with exercise, setup medications, etc.

Directions:

Call agency for an appointment and they will come to your home.

Hours:

Agency's toll-free call line is open 24 hours a day, 365 days a year.
Best time to call after 9 am, worst time to call after 5 pm.

Appointments:

Call them, they will come to you.

Payment and fees:

NO CHARGE for an in-home assessment of needs.
Medicaid / Medical coupons
Medicare/Chore/COPES
Private Health Insurance
Group Health Insurance
Cash

Special requirements:

Client must be in need of home health care.

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Medical Care

Disabled American Veterans

216 South Francis Street

Port Angeles, WA 98362

360-417-9444 ▫

360-457-5251 for transportation reservations

Website: <http://davchp9.org>

What they can do for you:

The DAV Veteran's Transportation office offers free transportation to medical appointments at Seattle VA with a 72 hr. advance reservation. Call the number above to reserve. Check website for other non-medical services or call for details.

Hours:

Monday – 10:00 am – 2:00 pm

Service Officer available Wednesday 12:00 pm - 2:00 pm, Thursday 11:00 am - 2:00 pm

Fridays the Service Officer is available by appointment only.

CLOSED Saturday, Sunday and most state and federal holidays.

Best time to call – around 10 am, worst time to call – close to closing.

Appointments:

Walk-in and same day are NOT available. Call for appointment.

Must bring with you:

ID, Military ID, DD 214 and military papers.

Payment and fees:

There is NO CHARGE for their services.

Special requirements:

This service is available ONLY to United States military veterans. Service Officers can help to determine eligibility and help to fill out necessary forms.

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Medical Care

Jefferson County MASH (JC Mash) Free Medical Clinic

Locations:

Port Townsend

Sanderling Building (across the street from Don's Pharmacy)

1136 Water St Suite 109

Hours:

Tuesdays 7:00 pm to 8:30 pm

Port Hadlock

Kively Center

121 Oak Bay Rd

Hours:

Thursdays 5:00 pm - 6:00 pm

What they can do for you:

JC Mash can provide assessment of immediate medical needs and referrals for hyper-acute medical needs to the hospital emergency room. Medical needs which require continuing care will receive referrals to existing health access programs.

Appointments:

No appointment necessary.

Payment and fees:

Services are free.

Special requirements:

None. For more information call 360-385-4268 or visit www.jcmash.com

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Medical Care

Jefferson County Public Health Department

615 Sheridan Street
Port Townsend, WA 98368
360-385-9400

What they can do for you:

The offer a family planning clinic, WIC-nutrition (see page 6 for WIC info), counseling/education for women infants and children; home visits to families with infants; communicable disease prevention; substance abuse and tobacco prevention; foot care for seniors; immunizations clinic and travelers clinic.

Directions:

Located in the QFC shopping center, to the right of QFC.

Hours:

Monday – Friday 9 am – 4:30 pm

Appointments:

Call for information. Same day and walk-in appointments are available. A walk-in immunization clinic is available. The reception area has a nice play area for children.

Must bring with you:

State ID, Medical Coupons, insurance card, pay stub or 1099. Call to ask about specific requirements.

Payment and fees:

Medicaid/Medical coupons/Private Insurance
Cash (based on a sliding scale)
Some services are free if client qualifies.

Special requirements:

None.

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Medical Care

OlyCAP – Olympic Community Action Programs Home Care

803 West Park Avenue
Port Townsend, WA 98368
360-385-2571

Website: <http://www.olycap.org/>

What they can do for you:

OlyCAP Home Care Agency offers in-home assistance with chores, cleaning, cooking, eating, dressing, ambulation, hygiene, medication reminders, supervision, shopping, respite care, and transportation to local medical appointments, and for essential errands.

Directions:

Located behind the Goodwill store in Port Townsend.

Hours:

Monday – Friday 8 am – 4:30 pm.
CLOSED Sat, Sun and most major state and federal holidays.
Best time to call – early morning.

Appointments:

Call for an appointment. Reception area has a children's play area.

Must bring with you:

Check with them on the items you may need to bring with you such as photo ID.

Payment and fees:

Based on referral.

Special requirements:

None – contact them if you need help of any kind.

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Medical Care - Pets

Olympic Mountain Pet Pals

P.O. Box 1466
Port Hadlock, WA 98339
360-437-9085

Website: www.ompetpals.org

What they can do for you:

They provide financial assistance to spay and neuter pets.

Hours:

Leave a message on the answering machine of the phone number listed above, they will call you back as soon as possible.

Appointments:

Call them and they will mail you a form, or you can pick one up at the following veterinarian's offices:

Chimacum Valley Vets, 820 Chimacum Rd, Pt Hadlock
360-385-4488

Hadlock Vet Clinic, 842 Ness Corner Rd, Pt Hadlock 360-385-2020

Humane Society of Jefferson County, 112 Critter Lane, Port Townsend, WA 98368,
360-385-3292

Payment and fees:

Cash (based on a sliding scale)

Special requirements:

You must be low income to qualify for financial assistance and a resident of Jefferson County, WA.

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Medical Care - Transportation

Paratransit Services

4810 Auto Center Way, Suite Z

Bremerton, WA 98312

360-377-7176 ▫ Administrative Line

800-756-5438 ▫ Clallam & Jefferson Counties

800-934-5438 TTY

Website: <http://www.paratransit.net/home.asp>

What they can do for you:

They provide transportation to medical appointments (dental & doctors). They work in conjunction with Jefferson Transit to provide bus passes to clients if they have at least one Medicaid eligible apt. in a month. If a client doesn't live on a bus line, they can arrange for door-to-door transportation.

Directions:

Call them on the phone – they will make an appointment and come to you. High call volume on Mon./Tues. (see Appointments below).

Hours:

Monday – Friday 7am – 7 pm

Closed Sat & Sun and most major holidays.

Appointments:

Call for appointment – usual 3 day wait. Up to a 15 minute wait time on the phone.

Wed. to Fri. wait time is lower. For emergencies - possible same day appointments are available. Online Trip Booking Wizard with two business days advance notice from 7am to 7pm, 7 days a week. Must use the browser Internet Explorer.

Special requirements:

At no cost for Medicaid and Medicare patients only. If a client has a reliable vehicle, fax license, registration and insurance information to Paratransit Services and they can reimburse for fuel through CFN program.

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Medical Care

Planned Parenthood

(Formerly Family Planning of Clallam County)

675 N. 5th Ave, Suite 2B

Sequim, WA 98382

1-800-230-7526

Hours: Tues. & Thurs. 1 pm – 6 pm

What they can do for you:

They offer abortion referral, birth control education and supplies, Emergency contraception (morning-after-pill) HIV testing; LGBT services; pregnancy testing and counseling; STD testing, treatment and vaccines; testing and treatment for urinary tract infections.

Appointments & Fees:

Can be made by phone or online and are given only for services not requiring a medical exam. There are NO childcare services. Please make arrangements ahead of time. Call for estimate and information on discounts. Bring income verification to appointment.

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Medical Care

Pregnancy and Family Resource Services

P.O. Box 214 (mailing address)
131 Oak Bay Road
Port Hadlock, WA 98339
360-390-4467 ▪ 800-395-4357

Website: (They are an affiliate of Care-Net) <http://www.care-net.org/>

What they can do for you:

They offer confidential services, including peer counseling, options education, pregnancy testing, crisis pregnancy support, and material supplies (such as maternity & children's clothing, children's furniture, diapers, etc.)

Directions:

They are in a pink house, set back from road, first driveway on right on 3rd street, past intersection of Masonic Hall. **Bus - From the bus stop across the street from QFC (Curtis Street bus stop) – walk down Irondale Road to 3rd Street. Take a left and follow through Masonic Hall driveway on right.*

Hours:

Monday – Thursday 10 am - 4 pm.
CLOSED Friday, Saturday, Sunday and state and federal holidays.

Appointments:

Same day and walk-in appointments available. Reception area is very accommodating for small children.

Payment and fees:

FREE service for everyone.

Other important information:

If you need help with a pregnancy, or you need baby supplies, they will help you.

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Medical Care

Visiting Angels

700 Prospect St.

Ste. 204

Port Orchard, WA 98366

1-800-365-4189 or through website below

Website: <http://www.visitingangels.com/>

What they can do for you:

Companion care and personal care services are designed to take over or assist in the activities that elders need to be able to stay at home safely and with dignity. These may include transportation to medical appointments, hospice care, fall prevention, medication and fluids reminders, light housekeeping, grooming or bathing assistance and running errands.

Directions:

Call agency for an appointment and they will come to your home.

Hours:

Agency's toll-free call line is open 24 hours a day, 365 days a year.

Appointments:

Same day and walk-in appointments available.

Payment and fees:

Visiting Angels may be able to accept the following:

Medicaid / Medical coupons

Medicare

Private Health Insurance

Cash (based on a sliding scale)

Special requirements:

Client must be in need of home health care.

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Medical Care

Volunteers in Medicine of the Olympics

909 E. Georgiana Street
Port Angeles, WA 98362
360-457-4431 Clinic number

Website: <http://www.vimoclinic.org/>

Email: info@vimoclinic.org

What they can do for you:

The Volunteers in Medicine of the Olympics (VIMO) Clinic provides primary medical, mental health assessment and care and referrals for dental care for adults (18 yrs and up) who live, work or visit the Olympic Peninsula and do not have access to health care.

Directions:

Call for directions.

Hours:

Clinic - Monday/Tuesday 11 am - 5 pm
Clinic - Wednesday/Thursday 5 pm - 9 pm

Appointments:

Walk-in appointments available during clinic hours listed above or call for an appointment. Arrive early on appointment day.

Payment and fees:

Patients are asked to donate a minimum of \$5 - \$25 administrative fee for each visit which is payable at the time of the visit.

Other Important Information:

Call for information on available services. No pediatric care available, referrals are made to Planned Parenthood. No HIV or STD screening, no physical exams done for Dept. of Transportation, FedEx or DSHS.

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Prescription Drugs

Family Wize Prescription Drug Program

P.O. Box 1980
Bethlehem, PA 18016
800-222-2818 ext #3

Email address: info@familywize.org

Website:

<http://www.familywize.com/>

What they can do for you:

They can provide a prescription drug discount card, with an average 20% savings on 80% of prescriptions. Generic drugs offer a higher discount. One card will cover entire household. The goal of the FamilyWize partnership is to reduce the cost of medicine for people with no prescription drug coverage by \$100 million in five years. This is accomplished by distributing free prescription drug discount cards to organizations, agencies and companies helping to distribute the cards or to people receiving the cards.

Directions:

Available by telephone, website or email only.

Hours:

Monday – Friday 9 am - 5 pm EST except major holidays.

Payment and fees:

There is NO CHARGE for these cards.

Special requirements:

There are no eligibility requirements to receive this card. Everyone qualifies regardless of age, income or insurance coverage.

Other important information:

Spanish translation service is available. Discount drug prices can be looked up on website. Prescription cards can be printed directly from the website.

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Prescription Drugs

Free Medicine Foundation

P.O. Box 515
Doniphan, MO 63935-0515
573-996-3333

Website: <http://www.freemedicine.com/>

What they can do for you:

If you do not have insurance or a government program that pays for your outpatient prescription medicines and if the high cost of your Medicine causes you a financial hardship, you may qualify to enroll in a privately sponsored program which provides prescription medicine at low or no cost if you qualify.

Directions:

Available by telephone or Internet only.

Hours:

Monday – Friday 5 am – 4 pm (PST).
CLOSED on weekends and state and federal holidays.

Appointments:

N/A – contact via the telephone or Internet.

Payment and fees:

FREE if you qualify or cash (based on a sliding scale). They charge a one time \$10 processing fee.

Special requirements:

You must meet certain criteria for this program. Contact them to see if you qualify.

Other important information:

There is an online form you can fill out to apply for benefits, or you can call on the phone if you don't have Internet access.

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Prescription Drugs

Washington State Prescription Drug Program

(Through Washington State Health Care Authority)

P.O. Box 91132

Seattle, WA 98111-9232

206-521-2027

Website: <http://www.rx.wa.gov/>

What they can do for you:

They provide a prescription discount card for use at participating pharmacies. On average you will save 60% on generic drugs and 20% on brand name drugs with this card.

Directions:

Services are available by phone only or by accessing the website.

Hours:

N/A

Payment and fees:

There is NO CHARGE to join this program.

Special requirements:

This program is open to all Washington State residents who do not have prescription drug insurance coverage, or whose insurance does not cover all their prescription drug needs. There are no other eligibility requirements or fees required for membership in the WPDP.

Other important information:

You can enroll online by going to the website listed above. If you do not have Internet access, call them for an application. Even if you do not qualify for other discount programs, this card will save you money – even on pet medications. Mail order and specialty pharmacy services are also available through this program.

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