### Our Mission and Vision...

We seek to continually strengthen the quality and quantity of mental and behavioral health services available to help all youth and families in time of need.

Salish FYSPRT is committed to providing a welcoming, all-inclusive, transparent environment where all voices are heard. Where individuals and communities see positive results increase family and youth well-being.

Salish FYSPRT is and will remain a source of current, accurate, and helpful information. We will continue to learn and grow together.

### Salish FYSPRT...

A region set by the WA State Health Care Authority, encompassing three (3) counties:

Kitsap Jefferson Clallam



"Connection
is the energy that exists
between people
when they feel seen, heard and
valued; when they can give
and receive
without judgment."
- Brené Brown



### Contact us,

Sam Agnew, SUDP

Care Manager and FYSPRT Convener Salish Behavioral Health Admin Services Org,

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# FYSPRT

Famíly, Youth, System-Partner Round Table



A gathering place to share and collaborate for youth, families, and system partners about the care and experiences of individuals with behavioral/mental health issues, substance use challenges, and developmental disabilities. Caring people seeking common goals for better care of individuals and healthier communities.



**FYSPRT Participants...** 

Schools<sub>DSHS</sub> Caregivers Therapists

Juvenile Justice Teachers

SocialWorkers

RehabProfressionals

SystemPartners

TribalCommunities FamilyServices

Providers Natural Supports

YOUTH
AddictionCounselors
Individuals
GareCoordinators
LawEnforcement
PeerSupports

Tri-lead Model:

Representatives providing leadership and direction.

YOUTH System Partners

Family and Youth receive financial compensation for their time. Family and Youth Tri-Leads receive an additional stipend.



### **FYSPRT Goals...**

- 1 Ensuring an inclusive climate for all voices to be heard, and finding value in the shared experiences of others.
- 2. Identifying and supporting mental and behavioral health system improvements through collaborative engagement, based on input from youth and families who have utilized services.
- 3. Sharing a message of compassion and understanding to those who feel unheard, that we will hear your voice.

## How We Accomplish These...

FYSPRT is an open forum for families, youth, and systems partners to come together and:

- Openly discuss available mental/behavioral health services and resources.
- Seek increased understanding of better ways to ensure youth and family needs are met.
- Listen to the message of youth, families, and service providers.
- Share in order to provide and receive clear feedback and system information.