



Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

Meeting Information:

Date: November 29, 2021

Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed	
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Invitation for open discussion by youth/family 	✓ Completed ✓ Completed, Nicole Murphy from A Common Voice shared about Center of Parent Excellence (C.O.P.E.) and that peer services are available across the state to individuals who need someone to listen. Services are available M-F, insurance is not a barrier. Lauren Woodbeck is a new staff member with COPE and is available in the Salish region.	
3	Presentation: Nicole Latson, Salish FYSPRT Family Tri-Lead, will present on Disaster Preparedness. This is a very timely presentation as we are entering into a time of year when weather can and does create significant difficulties. A preparedness mindset can make the difference in preventing negative circumstances!	✓ Nicole did an excellent job presenting on the topic of Emergency Preparedness. She identified several types of weather related emergency scenarios that are common in the Pacific NW such as the recent flooding in the Bellingham area. Nicole explained why being prepared in advance of an emergency is important.	

		<p>She presented some especially helpful tips that are beneficial for families with children in MH services. Examples include ensuring Rx medications are available in “go bags” and are accompanied with dosage instructions. Other items in go-bags should be things specific to a child’s interests (games, art supplies, fidget toys, etc...). Nicole discussed food items, low cost candle making materials, clean water needs, and hygiene needs. This was a well thought out presentation and comes at a very good time considering the weather we can experience this time of year.</p>	
4	Susan Wood comments about WISE data.	<p>✓ Susan commented on her experiences dealing with WISE staff and services. She praised the work done by WISE services teams and shared her frustration with “the system”. The system relates to staff shortages, long wait times for services and facilities, and high staff turnover. Susan expressed her thoughts related to Behavioral Health professionals receiving higher pay, and that without higher pay more professionals are likely to leave the profession as well as fewer people entering the field because of the low pay.</p>	
5	<p>COVID-19 Impacts:</p> <ul style="list-style-type: none"> • Workforce terminations related to vaccinations • Impact on already strained Behavioral Health services • Impact on Healthcare, Schools, First Responders, etc... • Availability of Booster vaccines 	<p>✓ Workforce issues were discussed as they relate to negatively impacting the availability of services and facilities.</p>	
6	FYSPRT brochure distribution efforts.	FYSPRT brochure distribution was not discussed.	
7	<ul style="list-style-type: none"> • 16-hours of SUD Training by WSCC. The first section will go over the science of SUD and will then move into skills, tools, and tips on how to manage life with your 	<p>✓ Sam informed attendees about opportunities to receive 16-hours of SUD training through WSCC. Interested individuals should contact Karen Kelly at WSCC.</p>	

	<p>loved one who is living with SUD. Training is provided through four 4-hour sessions, Nov 2-5, Nov 15-18, Nov 30-Dec 3, Dec 13-16, Jan 24-27, 9:00 AM – 1:00 PM.</p> <ul style="list-style-type: none"> • Update regarding Tribal outreach efforts. • Update regarding Annual Work Plan progress. • Youth/Family TC-50 reimbursement submissions, <u>please submit no later than 5th of the following month</u> • Opportunity for FYSPT program feedback 	<ul style="list-style-type: none"> ✓ Nicole Earls, HCA Tribal Liaison, shared that Tribes are seeking solutions and some may be considering connecting with regional FYSPT groups. ✓ Sam reminded attendees that the December meeting has been rescheduled for 12/20. The December meeting will have a Christmas party feel, attendees can reflect on accomplishments from 2021, share about Xmas plans, share photos of Xmas trees, and wear an ugly sweater if they desire. 	
8	Next meeting: December 20, 2021 3:00 – 5:00 PM		