



## Salish Behavioral Health Administrative Service Organization

### Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

**Meeting Information:**

**Date:** May 18, 2020

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions		
2	Announcements <ul style="list-style-type: none"> <li>• Review agenda</li> <li>• Follow-up from April meeting</li> <li>• Comments regarding Genuine FYSPRT involvement by Family and System Partners</li> <li>• Salish FYSPRT website <a href="http://www.salish-bhaso-fysprt.org">www.salish-bhaso-fysprt.org</a></li> <li>• COVID-19 Community impacts</li> </ul>		
3	Presentation: Clover Turk, United Health Care <ul style="list-style-type: none"> <li>• Orientation to United Health Care services</li> <li>• Available services in Salish region</li> <li>• Enrollment information</li> <li>• Contact information (Telephone, website info)</li> <li>• Q&amp;A</li> </ul>		
4	Upcoming calendar events: Please register for Stakeholder and Partner Meeting for Children and Youth Involved with DDA, DCYF, and HCA [rescheduled] on May 27, 2020 3:30 PM PDT at: <a href="https://attendee.gotowebinar.com/register/8051731753226934285">https://attendee.gotowebinar.com/register/8051731753226934285</a>		
5	Next meeting: June 29, 2020, 3:00 – 5:00 PM		



Salish Behavioral Health Administrative Service Organization

**Family Youth System Partner Round Table (FYSPRT) Meeting Minutes**

May 18, 2020 3:00 – 5:00 PM  
Virtual Meeting (Zoom)

1. Introductions: 24 individuals attended this meeting, attendance is identified in the following categories:

Youth /Family/Lived Experience	System Partners	Tri-Leads
4 (17%)	20 (83%)	2
Total Attendance		24

2. Introductions were completed, adhering to an alphabetic approach based on attendee’s first names, this system seems to work sufficiently with a Zoom meeting. This takes some time but gives everyone an opportunity to know when they should chime in, hopefully without talking over others. People seem to be getting more familiar with various features such as mute, chat, and sharing screens.
3. A review of the agenda was completed.
4. Sam shared with all attendees about the Salish FYSPRT website and invited all to visit and explore the site at [www.salish-bhaso-fysprt.org](http://www.salish-bhaso-fysprt.org)
5. Ahney King shared a recent event that seems to be affecting many people currently, that of a false unemployment claim being filed in her name, and the resulting effort and coordination required to interrupt and reverse the situation. Several others in the meeting (from KMHS) indicated they too had similar experiences recently.
6. Ahney informed attendees that Coordinated Care has PPE available to share with agencies that may need some. If contacted Ahney will assist those in need with information on how they can obtain the PPE.

7. Turk Clover from United Health Care provided a presentation about the UHC MCO. She provided a PowerPoint presentation and covered several informational items including assistance with Tobacco Cessation, and a Substance Use Disorder (SUD) helpline. Turk discussed UHC efforts regarding a “Medicaid 101” class which identifies a target audience of those transitioning out of jail. This class focuses on assisting participants in navigating their own Medicaid eligibility. The length and involvement of the class is individualized to the participants needs.
8. Jolene Kron (SBHASO) discussed BHASO efforts to resolve outstanding stipend and travel reimbursement for Youth/Family/Tri-Lead members of Salish FYSPRT. Reimbursements will be provided via TC-50 submissions to Salish BHASO. Sam will follow up with individuals eligible for stipend/reimbursements as soon as possible.
9. Upcoming events were discussed:
  - a. State quarterly FYSPRT is scheduled for June 4<sup>th</sup>, via Zoom.
  - b. WISe Symposium July 21<sup>st</sup> and 22<sup>nd</sup>, via Zoom.
10. Ahney informed attendees of an upcoming Juvenile Justice re-entry simulation that offers opportunities to listen and participate by asking questions. Parents, youth, family can all participate.
11. Susan Wood, parent/family member with WISe lived experience shared and offered some meaningful feedback from her own WISe experiences with her two boys. She shared about how early in WISe services there was a lot of counselor turnover but how that changed over time. She offered some very supportive comments regarding the care and assistance her family received. She especially complimented the WISe service providers from KMHS (Sarah Myers). Susan also offered that she is a member of a “Moms Group”, a group of other Mother’s who’s families have utilized WISe services. Overall Susan’s comments were very encouraging and supportive of the staff that assisted her family with WISe services and her kind words were likely very appreciated by WISe services staff.
12. The meetings lasted until just before 5:00 PM. There was quite a lot of conversation today regarding the multiple topics.
13. Next meeting of Salish Regional FYSPRT is scheduled for June 29<sup>th</sup>, 2020, 3:00 – 5:00.



## Salish Behavioral Health Administrative Service Organization

### Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

**Meeting Information:**

**Date:** June 29, 2020

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions		
2	Announcements <ul style="list-style-type: none"> <li>• Review agenda</li> <li>• Follow-up from May meeting</li> <li>• COVID-19 Community impacts</li> <li>• Youth Tri-Lead vacancy</li> </ul>		
3	Presentation: <ul style="list-style-type: none"> <li>• BHAS presentation, Paul Davis, HCA  <a href="https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0">https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0</a>  <a href="https://fortress.wa.gov/hca/wisebhasreports/Salish.html">https://fortress.wa.gov/hca/wisebhasreports/Salish.html</a></li> <li>• Family Initiated Treatment survey: Group discussion, survey participation, feedback</li> <li>• How schools and service providers have responded to the COVID-19 crisis, and the impact on FYSPRT families?               <ul style="list-style-type: none"> <li>○ Planning and preparation for return to school in Fall 2020</li> </ul> </li> </ul>		
4	Upcoming calendar events: <ul style="list-style-type: none"> <li>• WISE Symposium: July 21 &amp; 22, 9:00 – 12:00, via Zoom</li> </ul>		
5	Next meeting: July 27, 2020      3:00 – 5:00 PM		



Salish Behavioral Health Administrative Service Organization

**Family Youth System Partner Round Table (FYSPRT) Meeting Minutes**

June 29, 2020 3:00 – 5:00 PM  
Virtual Meeting (Zoom)

1. Introductions: 18 individuals attended this meeting, attendance is identified in the following categories:

<b>Youth /Family/Lived Experience</b>	<b>System Partners</b>	<b>Tri-Leads</b>
4 (22%)	14 (63%)	2
Total Attendance		18

2. Introductions were completed, adhering to an alphabetic approach based on attendee’s first names, this system seems to work sufficiently with a Zoom meeting.
3. A review of the agenda was completed, there were additions or substitutions.
4. An invitation to provide any comments regarding the May FYSPRT meeting was offered, no comments were provided.
5. Jolene Kron from Salish BHASO provided an update regarding COVID-19 issues. She indicated there has been a 30% increase in calls to the Salish Regional Crisis Line, as well as an increase in call duration. Anyone in our region has access to the Salish Regional Crisis Line and can call the toll-free number 24/7 at 1-888-910-0416. 24 Hour Crisis Chat is available as well at [www.imhurting.org](http://www.imhurting.org). Masks are available through the Department of Emergency Management, and local Health Departments can be contacted for assistance. Anna McEnery from Jefferson County informed attendees of the Washington Listens support line in response to COVID-19 stress, this resource is available toll free at 1-833-681-0211.
6. Paul Davis from Washington Health Care Authority was our guest speaker today and provided a BHAS presentation. Paul provided a PowerPoint presentation that included statewide and regional WISE program utilization data including gender, age group, and

race/ethnicity information. His presentation was very informative and his ability to explain the underlying significance of various data elements helped meeting attendees gain a greater understanding and appreciation for this information.

<https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0>

<https://fortress.wa.gov/hca/wisebhasreports/Salish.html>



Ju 29 2020 Salish  
FYSPRT Presentation.1

7. Sam informed the group that Salish FYSPRT is again in need of a Youth Tri-Lead. He requested that attendees consider who they may know that may be interested in filling this position and help inform potential Youth Tri-Leads of the position description and responsibilities as outlined in the FYSPRT manual. Questions were posed regarding the number of meetings to attend, age requirements, stipend compensation, and more. Sam told the group that he will forward the position description outlined in the FYSPRT manual.
8. The group discussed COVID-19 impacts to school age children and their families. Several members commented on the decrease in social activities for their children along with some increase in anxiety. Some frustrations were shared regarding home-schooled children being passed to the next higher grade despite parents thinking they weren't ready to move on. Another member shared comments about schools falling short regarding children with special needs and the school's efforts to utilize a virtual learning environment. Parents are not sure what to think about the potential return to school in the fall.
9. Susan Wood shared some supportive comments from her Mom's group. She meets regularly with other Moms who all have experience with their children receiving WISE services. Susan talked positively of the therapeutic benefit they all receive by supporting each other, having shared some of the same challenges and successes.
10. Next meeting of Salish Regional FYSPRT is scheduled for July 27, 2020, 3:00 – 5:00.



Salish Behavioral Health  
Administrative Services Organization

## Salish Behavioral Health Administrative Service Organization

### Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

**Meeting Information:**

**Date:** July 27, 2020

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions:		
2	Announcements: <ul style="list-style-type: none"> <li>• Review of agenda</li> <li>• Follow-up from June meeting</li> <li>• COVID-19 Community impacts</li> <li>• Youth Tri-Lead vacancy</li> </ul>		
3	Presentation: <ul style="list-style-type: none"> <li>• <b>Amerigroup MCO</b> presentation: Kenneth Alfred, Behavioral Health Children’s System Administrator</li> </ul>		
4	<ul style="list-style-type: none"> <li>• Annual Needs Assessment               <ul style="list-style-type: none"> <li>○ Developed using Survey Monkey</li> <li>○ Survey should be received by FYSPRT members in early August and will indicate a completion and submit no later than date.</li> </ul> </li> <li>• Discussion regarding inputs and changes to five-year plan and annual work plan.</li> </ul>		
5	Next meeting: August 31, 2020      3:00 – 5:00 PM		



## Salish Regional FYSPRT

### Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

**Meeting Information:**

**Date:** August 31, 2020

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions:		
2	Announcements: <ul style="list-style-type: none"> <li>• Review of agenda</li> <li>• Follow-up from July meeting</li> <li>• COVID-19 Community impacts</li> <li>• Youth Tri-Lead status</li> <li>• Youth/Family TC-50 reimbursement submissions</li> </ul>		
3	Presentation: <ul style="list-style-type: none"> <li>• <b>SPARK</b> (Students Providing and Receiving Knowledge)               <ul style="list-style-type: none"> <li>○ Presentation by Carolyn Cox and successful graduates of the SPARK program.</li> </ul> </li> </ul>		
4	<ul style="list-style-type: none"> <li>• Annual Needs Assessment               <ul style="list-style-type: none"> <li>○ Discuss FYSPRT Needs Assessment survey</li> <li>○ Discussion regarding inputs and changes to five-year plan and annual work plan.</li> </ul> </li> </ul>		
5	Next meeting: September 28, 2020      3:00 – 5:00 PM		





Salish Behavioral Health Administrative Service Organization

**Family Youth System Partner Round Table (FYSPRT) Meeting Minutes**

August 31, 2020 3:00 – 5:00 PM  
Virtual Meeting (Zoom)

1. Introductions: 26 individuals attended this meeting, attendance is identified in the following categories:

Youth /Family/Lived Experience	System Partners	Tri-Leads
4 (15%)	22 (84%)	2
Total Attendance		26

- We had one tribal partner from the Lower Elwha tribe in attendance.
2. Introductions were completed, adhering to an alphabetic approach based on attendee’s first names.
  3. A review of the agenda was completed, no modifications were requested or made.
  4. An opportunity was extended to offer any comments regarding the July meeting.
    - a. Sam provided information to the group regarding:
      - i. Clothing availability through the First United Methodist Church in Port Angeles. Individuals and agencies can contact Tom Steffen at 206-473-7177 for assistance in obtaining clothing for men/women/children.
      - ii. Shower opportunities are available in Port Angeles at the YMCA, The Answer for Youth (TAFY) contact Susan Hillgren at 360-670-4363, and the Homeless Shelter operated by Serenity House of Clallam County, contact SHCC at 360-452-7221.
  5. COVID-19 impacts were discussed including the circumstances of the upcoming return to school and the challenges faced by students, families, and schools.
  6. The ongoing vacant position for a Youth Tri-Lead was discussed and Sam encouraged all attendees to consider who they may know that would be appropriate to fill the position. A chat message came through near the end of the meeting indicating Jenna Heil at DBH

may know of an interested individual. FYSPRT leadership will follow-up with this lead ASAP following the meeting.

7. Sam reminded all attendees of the FYSPRT program stipend/reimbursement program aimed at removing financial barriers for individuals interested in participating in FYSPRT meetings and events. Specifically mentioned eligible reimbursements were:
  - a. Compensation for time spent attending FYSPRT meetings, trainings, and events.
  - b. Reimbursement for mileage to/from FYSPRT meetings, trainings, and events.
  - c. Reimbursement for child care while attending FYSPRT meetings, trainings, and events.
  
8. Several resources and training events were shared with attendees:
  - a. Supporting your Complex Child, 2-part series, September 22<sup>nd</sup> and 30<sup>th</sup>.
  - b. Washington Listens, a support program for the effects of COVID-19 related stress.
  - c. [www.sunshinebehavioralhealth.com](http://www.sunshinebehavioralhealth.com) SUD and Mental Health issues in the trans-gender community.
  - d. Oasis Line 360-377-5560 through Coffee Oasis, assisting youth with COVID-19 related stressors.
  - e. FYSPRT symposium scheduled for September 15, 2020 (virtual).
  
9. Sam informed all attendees of the currently posted Annual FYSPRT Needs Assessment Survey available at <https://www.cognitofrms.com/SalishBehavioralHealthOrganization1/fysprtneedsassessmentsurvey2020> and also available on the Salish FYSPRT website at <https://www.salish-bhaso-fysprt.org/> . The survey takes just a few minutes to complete and will be available until close of business on 9/15/2020. The results of the needs assessment will be the primary focus of our September meeting and will influence any revisions to the 5-year plan and the annual work plan.
  
10. Carolyn Cox and two students from SPARK (Students Providing and Receiving Knowledge) provided an excellent presentation on education and workforce development opportunities available through the curriculum at SPARK. A primary focus of their presentation was the opportunity to achieve official certification as a Certified Peer Counselor through their program. Carolyn indicated that SPARK is interested in expanding their program to other areas of the state, and that SPARK is working to develop an CPC instructor certification to assist in these efforts. The presentation was

excellent and informative and encouraged a great deal of questions and participation from the meeting attendees.

11. Next meeting of Salish Regional FYSPRT is scheduled for September 28, 2020, 3:00 – 5:00.