



Salish Behavioral Health Administrative Service Organization

Family Youth System Partner Round Table (FYSPRT) Meeting Minutes

August 31, 2020 3:00 – 5:00 PM
Virtual Meeting (Zoom)

1. Introductions: 26 individuals attended this meeting, attendance is identified in the following categories:

Youth /Family/Lived Experience	System Partners	Tri-Leads
4 (15%)	22 (84%)	2
Total Attendance		26

- We had one tribal partner from the Lower Elwha tribe in attendance.
2. Introductions were completed, adhering to an alphabetic approach based on attendee's first names.
 3. A review of the agenda was completed, no modifications were requested or made.
 4. An opportunity was extended to offer any comments regarding the July meeting.
 - a. Sam provided information to the group regarding:
 - i. Clothing availability through the First United Methodist Church in Port Angeles. Individuals and agencies can contact Tom Steffen at 206-473-7177 for assistance in obtaining clothing for men/women/children.
 - ii. Shower opportunities are available in Port Angeles at the YMCA, The Answer for Youth (TAFY) contact Susan Hillgren at 360-670-4363, and the Homeless Shelter operated by Serenity House of Clallam County, contact SHCC at 360-452-7221.
 5. COVID-19 impacts were discussed including the circumstances of the upcoming return to school and the challenges faced by students, families, and schools.
 6. The ongoing vacant position for a Youth Tri-Lead was discussed and Sam encouraged all attendees to consider who they may know that would be appropriate to fill the position. A chat message came through near the end of the meeting indicating Jenna Heil at DBH

may know of an interested individual. FYSPRT leadership will follow-up with this lead ASAP following the meeting.

7. Sam reminded all attendees of the FYSPRT program stipend/reimbursement program aimed at removing financial barriers for individuals interested in participating in FYSPRT meetings and events. Specifically mentioned eligible reimbursements were:
 - a. Compensation for time spent attending FYSPRT meetings, trainings, and events.
 - b. Reimbursement for mileage to/from FYSPRT meetings, trainings, and events.
 - c. Reimbursement for child care while attending FYSPRT meetings, trainings, and events.

8. Several resources and training events were shared with attendees:
 - a. Supporting your Complex Child, 2-part series, September 22nd and 30th.
 - b. Washington Listens, a support program for the effects of COVID-19 related stress.
 - c. www.sunshinebehavioralhealth.com SUD and Mental Health issues in the trans-gender community.
 - d. Oasis Line 360-377-5560 through Coffee Oasis, assisting youth with COVID-19 related stressors.
 - e. FYSPRT symposium scheduled for September 15, 2020 (virtual).

9. Sam informed all attendees of the currently posted Annual FYSPRT Needs Assessment Survey available at <https://www.cognitofrms.com/SalishBehavioralHealthOrganization1/fysprtneedsassessmentsurvey2020> and also available on the Salish FYSPRT website at <https://www.salish-bhaso-fysprt.org/> . The survey takes just a few minutes to complete and will be available until close of business on 9/15/2020. The results of the needs assessment will be the primary focus of our September meeting and will influence any revisions to the 5-year plan and the annual work plan.

10. Carolyn Cox and two students from SPARK (Students Providing and Receiving Knowledge) provided an excellent presentation on education and workforce development opportunities available through the curriculum at SPARK. A primary focus of their presentation was the opportunity to achieve official certification as a Certified Peer Counselor through their program. Carolyn indicated that SPARK is interested in expanding their program to other areas of the state, and that SPARK is working to develop an CPC instructor certification to assist in these efforts. The presentation was

excellent and informative and encouraged a great deal of questions and participation from the meeting attendees.

11. Next meeting of Salish Regional FYSPRT is scheduled for September 28, 2020, 3:00 – 5:00.