

Salish Regional FYSPRT Annual Work Plan (2021-2022)

The plan outlined below is reflective of the results of the 2020 Annual Needs Assessment. The annual needs assessment survey was conducted from August 6th – September 15th, 2020. The results of the survey were compiled and reviewed, along with contract deliverables, at the Salish FYSPRT meeting on September 28th. Development of the Annual Work Plan began in November and continued through December and received direct inputs from the annual needs-assessment, FYSPRT membership, and Tri-Leads. The collaborative efforts from all contributors to this plan is the foundation for the successful outcomes it will produce.

Salish Regional FYSPRT Annual Work Plan (2021)		Developed: 12/16/2020
Goal	Increase Youth, Family, and Systems partner awareness and participation in the Salish Regional FYSPRT program.	
Objectives	Description of Objective	
1.	Salish FYSPRT members will identify and attend outreach events. Salish Regional FYSPRT will personally attend or participate in outreach events in each county (Clallam, Jefferson, and Kitsap) in 2021. This will occur between January 1 st and June 30 th , 2021.	
Priority #1	Identify appropriate outreach events in each county scheduled between January – June 2021	
	a. Identify outreach opportunities from event calendars and community partners.	
	b. Determine optimum outreach events to attend.	
	c. Plan to attend events with the largest attendance.	
	d. Complete event application requirements.	
	e. Coordinate staff and resource information for each event.	
	Items 1a and 1b will be completed by the Salish FYSPRT leadership team by February 28, 2021. <i>As of 3/31/2021 items 1a and 1b have not been accomplished due to an extreme in-availability of community outreach events due to COVID-19. Because of the</i>	Items 1c and 1d will be completed by the Salish FYSPRT leadership team no later than March 31, 2021. <i>As of 3/31/2021 items 1c and 1d have not been accomplished due to an extreme in-availability of community outreach events due to COVID-19. Because of the</i>
		Item 1e will be completed by the Salish FYSPRT leadership team no later than May 1, 2021. <i>As of 6/30/2021 items 1a through 1e have been partially accomplished. Salish FYSPRT attended three outreach events in Clallam county. Youth and Family</i>

<p>challenges related to scheduling community outreach events, Salish FYSVRT leadership has decided to reach out to WISE service providers directly and meet with their leadership to provide information and resources to WISE teams that they can share with their clients about the benefits of FYSVRT membership.</p>	<p>challenges related to scheduling community outreach events, Salish FYSVRT leadership has decided to reach out to WISE service providers directly and meet with their leadership to provide information and resources to WISE teams that they can share with their clients about the benefits of FYSVRT membership.</p>	<p>represented Salish FYSVRT at two of the events. The new FYSVRT brochure has begun being distributed. This work will continue.</p>
<p><u>Annual Work Plan Update 10/14/2021:</u> All elements of our first priority have been met to the fullest extent possible. Although COVID-19 has presented multiple barriers throughout 2021 Salish FYSVRT has identified and attended many outreach events in the region. This quarter Salish Tri-Leads, Family members, and Systems partners attended three back-to-school events in Clallam and Kitsap counties. At each event FYSVRT informational brochures were available for interested Youth and Families as well as for teachers and school administrative staff. Also, Salish FYSVRT Tri-Leads, Youth and, Family attend the 2021 Kitsap Pride Fest in Bremerton where we hosted an information table staffed by individuals with lived experience. Youth family members created hand-made banners and table decorations for the Pride-Fest event (see attached photo). The Salish FYSVRT convener attended one Tribal outreach event with the Jamestown S’Klallam Tribe in Sequim.</p>		
<p><u>Annual Work Plan update 1/26/2022:</u> Salish FYSVRT continues to identify opportunities to engage in outreach activities and share the FYSVRT message with our community partners. No outreach events were attended this quarter, this can be attributed largely to a resurgence in COVID safety concerns and restrictions as well as this being the holiday season. We continued to have monthly meetings this quarter and extend invitations to as many community partners as possible. Salish FYSVRT began monthly Tri-Lead meetings in October to level-up our collaborative efforts in identifying community outreach opportunities and to begin planning for high-value presentation information for our 2022 FYSVRT meetings.</p>		
<p><u>Annual Work Plan Update 4/19/2022:</u> Salish FYSVRT conducted an outreach to Kitsap Mental Health Services (KMHS) WISE team on Jan 25, 2022. KMHS invited Salish FYSVRT to provide a presentation and conduct a Q&A session to answer any questions by their WISE staff. The event went very well and shortly after a KMHS WISE staff member referred a WISE family member to the Salish FYSVRT.</p> <p>Salish FYSVRT conducted an outreach to Substance Abuse and Prevention Staff for Bremerton and North Kitsap on Feb 17, 2022. This presentation led directly to a presentation at our February 2022 FYSVRT by the same Prevention staff. Also, this outreach has led to connections with other SUD Prevention staff within Kitsap county.</p>		
<p><u>Annual Work Plan Update 7/18/2022:</u> Salish Regional FYSVRT has focused planning efforts throughout this quarter on preparing for our involvement with the 2022 Kitsap Pride event scheduled for July 23rd. Discussions and planning for this event have included FYSVRT membership meetings and Tri-Lead meetings. Our intent is to have a creative, fun, and welcoming booth that includes games, prizes, and information for all ages. A lot of thought and collaboration has been put into this event and we hope</p>		

to spread the message of FYSVRT across our community.

Annual Work Plan Update 10/21/2022: This quarter (Jul-Sep) our FYSVRT membership participated in the 2022 Kitsap Pride event. Our booth provided water, snacks, games, and candy to hundreds of event attendees. Each person who visited our booth were provided with information about FYSVRT by individuals with lived experience. Salish FYSVRT was represented at two back-to-school events in Clallam county in August. Also, Salish FYSVRT is working collaboratively with several other SUD prevention and youth services organizations to develop a Youth Art project titled My Shoes My Story. This art project will provide shoes and art supplies for youth to illustrate issues faced by youth in their communities. The shoes will be displayed in multiple locations throughout the Salish region and ultimately be displayed in Olympia at the policy makers conference in February 2023. Also, Salish FYSVRT is organizing the first in a series of quarterly FYSVRT Family Fun events to be held in October. This will be an in-person event focusing on an activity for all to enjoy, food and drinks will be provided. We are hopeful that these continued outreach events will expose FYSVRT to those who may see benefit in learning more.

Priority #2	Develop informational and resource materials		
	a. Determine target audiences and appropriate message content.		
	b. Develop easily understood resource information. <ul style="list-style-type: none"> i. Ensure appropriate “readability” (example: 6th grade). ii. Ensure consideration for potential cultural comprehension barriers. 		
	c. Create informational FYSVRT brochure (tri-fold design).		
	d. Procure sufficient quantity of printed materials.		
Item 2a will be completed with assistance of Salish FYSVRT membership by February 28, 2021 Jan 2021, FYSVRT leadership has determined the desired outcome for an informational FYSVRT tri-fold brochure. Kitty is working on creating the layout and content.	Item 2b (i and ii) will be completed with assistance of FYSVRT membership by March 31, 2021 March 2021, The FYSVRT tri-fold has been largely completed and reviewed by the leadership group.	Item 2c will be completed by Salish FYSVRT leadership no later than April 15, 2021 April 7 th The tri-fold final draft has been completed and reviewed with Salish BHASO. Salish BHASO will provide purchase order to have sufficient quantities printed.	Item 2d will be completed by Salish FYSVRT leadership and support of Salish BHASO no later than May 1, 2021 April 28 th , 2500 copies of tri-fold brochure received from printer.

Annual Work Plan Update 10/14/2021: All elements of our second priority were met by 5/1/2021, however, our FYSVRT group continues to ensure we are exposed to ongoing education on available resources in our communities. This additional education enhances the FYSVRT information we share. We continue to share our FYSVRT message with other groups and organizations at every opportunity. Along with the outreach events we have attended we have also done mass mailings of brochures to many of our community partners. This work continues.

Annual Work Plan Update 1/26/2022: Salish Tri-Lead collaboration determined that we should add a 4th goal to our work plan.

This new goal focuses specifically on increasing youth attendance and participation in Salish FYSPRT activities. Salish FYSPRT plans to identify youth organizations in our region and develop specific messaging to build rapport first with organizations, then with youth directly.

Annual Work Plan Update 4/19/2022: Salish FYSPRT has added an “Internet Safety” section to it’s FYSPRT website. This information helps inform and caution parents about apps that their children might be exposed to and the challenges associated with those apps.

Annual Work Plan Update 7/18/2022: Salish FYSPRT will host a booth at the 2022 Kitsap Pride event on July 23rd. The booth will provide games and prizes, and most importantly information about FYSPRT. Booth staffers have lived experience with youth/family Behavioral Health services and are competent and confident in providing information about FYSPRT. We are hopeful that through this outreach event we will connect with LGBTQ youth and adults that may benefit from learning about FYSPRT.

Annual Work Plan Update 10/21/2022: This quarter (Jul-Sep) our FYSPRT membership participated in the 2022 Kitsap Pride event and interacted with hundreds of event attendees from our region. Each person who visited our booth was provided with information about FYSPRT by individuals with lived experience. FYSPRT members decorated the booth and were prepared to engage booth visitors with information about FYSPRT. Our participation at two back-to-school events with Port Angeles and Sequim School Districts in August allowed us to share information about FYSPRT to youth, families, and school district personnel. Salish FYSPRT is working together with other regional SUD prevention and youth services providers on the My Shoes My Story project. Throughout this collaborative process we look forward to sharing information about FYSPRT with the community as well as community partners both in-person and through our developed media. Our upcoming FYSPRT Family Fun event is an activity developed around in-person contact to share conversation, food, fun, and a seasonal activity.

Priority #3	Determine individuals to attend outreach events		
	a. Ensure advance scheduling for optimum FYSPRT membership attendance.		
	b. Match prepared and available staff with prospective audience for optimum community benefit.		
	c. Ensure stipend/reimbursement supports youth/family participants.		
	d. Ensure staff are knowledgeable of FYSPRT/Resource materials.		
	e. Attend scheduled events		
Items 3a and 3b will be completed as part of the event selection process. Time and travel requirements will be considered in determining who will attend which events. This will be completed by May 1, 2021.	Item 3c will be supported by the FYSPRT convener and Salish BHASO. Youth and family members or Tri-Leads will be supported and assisted in receiving reimbursements for time, travel, childcare, etc... throughout these Annual	Item 3d will be an ongoing effort once the information and resource material has been developed. FYSPRT members will practice and become familiar with the information to ensure optimum community benefit.	Item 3e will occur as determined by scheduled events. FYSPRT members will be supplied with sufficient resource information and materials to support attending scheduled events. FYSPRT members and Tri-Leads will be

<p>March 31, Due to COVID restrictions we have been unable to schedule events to attend.</p> <p>As of 6/30/2021 Youth and Family attended two outreach events and will be compensated for time and travel.</p>	<p>Work Plan events.</p> <p>March 31, FYSPRT Youth and Family are consistently supported with compensation for attending (virtually) FYSPRT events, due to COVID there has been no travel submitted for reimbursement.</p> <p>6/30/2020 Youth and Family attending outreach activities in June are eligible for compensation for time, travel, and meals.</p>	<p>Individuals will be fully prepared by May 1, 2021.</p> <p>March 31, The FYSPRT leadership team has developed an informational tri-fold brochure, the tri-fold has been approved for printing and a purchase order is pending.</p> <p>May 24, 2021, the new brochure has been professionally printed (2500 copies), presented to the FYSPRT group, and is ready for distribution.</p>	<p>eligible for time, travel, and childcare reimbursement. This will be completed no later than June 30, 2020.</p> <p>As of 6/30/2021 Salish FYSPRT members attended three outreach events and were able to distribute the Salish FYSPRT brochure. In-person meetings and brochure distribution has occurred with Lower Elwha Tribe and Peninsula Behavioral Health.</p>
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Annual Work Plan Update 10/14/2021: COVID-19 continues to hamper our third priority regarding outreach efforts but we continue working together to identify opportunities. Our efforts were successful for this quarter. We attended multiple events throughout the region that allowed for connecting with a wide swath of the population including Youth, Family, Young Adult, Tribal, and LGBTQ. We have gained experience in ensuring we have well informed FYSPRT members with lived experience attend events. Eligible Youth, Family, and Tri-Leads are compensated for their time, travel, and meals when attending events. FYSPRT stipend and reimbursement is a standing agenda item at our FYSPRT meetings to ensure awareness. Our FYSPRT membership continues to gain education through guest presenters at meetings, this enhances the information we share during outreach events.

Annual Work Plan Update 1/26/2022: Salish FYSPRT Tri-Leads are as ready as ever to participate in outreach activities whenever possible, also it is evident that our Tri-Leads have increased their knowledge base regarding the scope of community services available in our region. This increased knowledge base is in part because of the interaction that comes from participating in outreach events at and with our community partners. COVID has significantly impacted outreach efforts this quarter and we are optimistically looking forward to what may develop in 2022.

Annual Work Plan Update 4/19/2022: Salish FYSPRT attended two outreach events virtually this quarter but COVID continues to hamper outreach opportunities. Although outreach opportunities have been few, our Tri-Leads have been practicing and improving their presentation skills by facilitating presentations at our Regional FYSPRT meetings. When outreach events present themselves we will be prepared.

Annual Work Plan Update 7/18/2022: Our FYSPRT members that will staff our booth at the 2022 Kitsap Pride event have lived

experience, are regional youth/family Tri-Leads, and can energetically and confidently share information about FYSPRT. They have prior experience with outreach events including the 2021 Kitsap Pride event. Our outreach staffers are comfortable sharing their lived experience and can effectively relate to others with past or current Behavioral Health service experiences.

Annual Work Plan Update 10/21/2022: Our FYSPRT members display courage and generosity in sharing their lived experience with others. They are outgoing and well equipped to represent Salish FYSPRT at events such as the 2022 Kitsap Pride event. Our monthly FYSPRT meetings keep our members as informed as possible about upcoming opportunities and our membership is active and willing to remain involved. All youth and family are compensated for planning and participation in events.

Priority #4	Increase Youth meeting attendance and participation through focused outreach efforts with schools, Tribes, and youth organizations.			Date added to Annual Workplan: 12/20/2021
	a. Identify and develop relationships with specific Schools, Native American Tribes, and Youth Organizations in each county in the Salish region.			
	b. Ensure rural and frontier areas of the Salish region are included in efforts to increase youth involvement.			
	c. Identify optimum dates and times to conduct outreach to identified organizations.			
	d. Develop specific FYSPRT messaging to maximize outreach opportunities. Conduct outreach events with specific messaging.			
	e. Improve current FYSPRT stipend program to make it easier and faster to compensate individuals for their time spent involved with Salish FYSPRT activities.			
	f. Utilize FYSPRT stipend program to compensate an increased number of participants for their time.			
Items 4a, 4b, and 4c will be completed through collaborative efforts with the FYSPRT leadership team by 3/31/2022.	Item 4d will be completed by the FYSPRT leadership team. Youth Tri-Leads will play a key role in ensuring messaging is appropriate for targeted audience. Review by 3/31/2022	Item 4e will be completed by FYSPRT Convener working with Salish BH-ASO administration to identify faster and easier delivery of stipend funds to individuals participating in FYSPRT events. Review by 3/31/2022	Item 4f will be accomplished through a sequential accomplishment of the other items. Reviews will be ongoing, beginning 3/31/2022. Increase in participation will be noticeable by April 2022.	

Annual Work Plan Update 4/26/2022:

Items 4a, 4b, and 4c: Progress for these three items has been slower than planned this quarter due to COVID. We continue to host virtual meetings which allow for better attendance throughout our rural and frontier areas. Our membership includes OESD-114 and Tribal partners. Our Youth Tri-Lead is involved with Coffee Oasis. Estimated completion date is extended to 6/30/2022.

Item 4d: We have shared the voices of lived experience within our FYSPRT group to reach out and connect with others who may benefit from FYSPRT. Our Family and Youth Tri-Leads relate their lived experience to our meeting presentations. Estimated completion date is extended to 6/30/2022.

Item 4e: We have made significant improvements in this area this quarter. After soliciting and receiving feedback from family and youth we have developed a very user-friendly online submission process for FYSPRT stipend and compensation. We hope to begin utilization of the improved system in April.

Item 4f: Our improved compensation process combined with outreach opportunities will help us inform potential FYSPRT members that their time and lived experience is valued. Expected rollout in April 2022.

Annual Work Plan Update 7/18/2022: Progress was made regarding items 4a, 4b, and 4c in May as Salish FYSPRT connected with Coffee Oasis. Josh Goss, Crisis Services Manager for Coffee Oasis was our guest presenter at our monthly FYSPRT meeting in May. Coffee oasis focuses on creating safe shared spaces, mentorship, street and school outreach, goal setting, job training, shelter, and crisis intervention for youth. Coffee Oasis has multiple locations throughout Kitsap county including some of our more rural areas. We look forward to continued contact and collaboration with Coffee Oasis and encouraging referrals in both directions.

Item 4d: No outreach events were attended this quarter however we have been preparing for the 2022 Kitsap Pride event on July 23rd. We plan to provide event specific prizes (rainbow colored FYSPRT stickers, buttons with gender pronouns, candy, chalk for sidewalk art, Play Doh), and bottled water. We will gladly ensure everyone wins a prize! And, everyone will receive a colored FYSPRT brochure. We have informed booth staffers with lived experience.

Item E and F: Significant progress has been made regarding individuals eligible for FYSPRT compensation. We have developed and implemented an online submission form (Cognito format) that allows individuals to indicate which events they have participated in each month, then submit directly to the FYSPRT convener. The convener reviews for accuracy and forwards to SBHASO Deputy Administrator for final approval for payment. This system has proved to be user friendly, faster and more effective in terms of processing and paying submissions. We have experienced better FYSPRT compensation outcomes and have increased youth attendance.

Annual Work Plan Update 10/21/2022: Items a-f of this goal have all progressed this quarter. We are actively collaborating with other youth services providers in our region in support of outreach efforts. We ensure our outreach efforts are considerate and inclusive of our rural and frontier areas. Event scheduling considers travel and fuel costs for those traveling from distances. Our improved stipend program has increased the speed of compensation submission requests and payments. Our outreach involvement this quarter and our planned events into next quarter keep us keep us on track with our intended goal.