**Salish Regional FYSPRT**

Location: Keller Education Center

5455 Almira Dr NE, Bremerton

**Facilitator(s)** – Colleen Bradley and Jill McCormick **Date:** Tuesday, May 28, 2019 **Time:** 3:00 pm – 5:00 pm

| **Agenda Item & Lead(s)** | **Discussion and Notes** | **Action Items** | **Assigned To** | **By when** |
| --- | --- | --- | --- | --- |
| **Sign in and Grab Food**  3:00 pm – 3:10 pm |  |  |  |  |
| **Welcome and Introductions**  3:10 pm - 3:15 pm |  |  |  |  |
| **Reviewing Comfort Agreement**  All  3:15-3:25 | Purpose: Vote on passage of last session’s comfort agreement | | | |
| Reviewed statement, document open to queries and possible changes till next meeting | Finalize comfort agreement | CB | Next meeting |
| **WISe Data**  Colleen Bradley  3:25-3:45 | Purpose: Review the most recent data provided by the WISe teams | | | |
| Natural supports data should be included  Next assessment should be interactive |  |  | August meeting |
| **Celebrations of WISe graduates**  Graduates of the WISe program  3:45-4:45 | Purpose: Have WISe graduates tell their stories – their ups, downs, and advice to others | | | |
| \*See below\*  Ideas for upcoming meetings, based on WISe program discussions: help for special needs families while homeless, in-patient options for youth, getting the help needed from health care system | Give data to WISe teams and Statewide FYSPRT | CB | Next meeting |

**Family Members: 8 Youth: 10 System Partners: 11**

Take-Aways from 5/28 Meeting with WISe families

Summary: Most families were happy with the services that WISe provided. A major problem faced by many families was the lack in continuity of therapists. Children grew accustomed to certain WISe team members, and when they left, their progress could be halted. Many expressed that the transition time was not well handled, being far too abrupt with no follow-up after their time in WISe.

What I liked most about WISe

It's family driven, family focused

Youth voice and choice

Helped my son process the death of his grandpa

Focused on what strengths we already had

That I have support with the hardships with my daughter - it's family driven

The support

What was hardest for me in WISe

To get along together and be on the same page to make the WISe steps work. It all came together and we were on the same page by the end. Also the ones that did our WISe that were not able to finish our program; James was awesome (and Whitney)

All the changes with the counselors during the program

Saying goodbye to the families and youth

The changes that happened (My divorce)

Not having/knowing how people are doing/being successful once they moved forward

Changing myself in order to help my son

Losing therapists multiple times

Transitions

What I didn’t like in WISe

Solve one problem while created another problem, but not qualified anymore

Not enough staff to cover all the kids who need help

Not enough support evenings and weekends

Transitions are hard; hard to comfort

All the changes in counselors and therapists (x2)

Wish all the children in the family qualified

Need transitional support when child returns to the home for the siblings

Needed more male counselors, therapist, partners.

What I need now that I’ve finished WISe

Better transitional period

More support afterwards

Maybe follow up visits at 3 months to make sure the kids still feel supported (x4)

Not as much support after being out

What I want people to know about WISe

WISe team members really want families to do well and be well

WISe teams are understanding and willing to help

It was well worth the time and wish it could have been longer

They are more help than just therapy for the family

They are here to support and build you up

The family support was amazing some days, I don't know how I could have done it. I didn't feel alone during our trials. Like a second family

Had to get too an extreme point to get help

If it is a good balance in the team, then it helps