

# Salish Regional FYSPRT Annual Work Plan (2023-2024)

Developed November-December 2022

The plan outlined below reflects the results of the 2022 Annual Needs Assessment and Salish FYSPRT membership. The results of the survey have been compiled and reviewed and are posted on the Salish-FYSPRT website at <https://www.salish-bhaso-fysprt.org>. The plan below is a result of the collaborative effort of all FYSPRT voices.

<b>Goals</b>	<ul style="list-style-type: none"> <li>• <b>Increase Community awareness and participation in the Salish Regional FYSPRT program.</b></li> <li>• <b>Increase outreach to diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations.</b></li> </ul>
--------------	---

<b>Priority 1</b>	
<b>Goal</b>	<b>Increased community awareness and participation in FYSPRT resulting from attending and hosting outreach events throughout the Salish region.</b>
<b>Action Steps:</b>	
<ul style="list-style-type: none"> <li>• <b>Salish FYSPRT will identify and attend outreach events hosted by regional partners in order to inform communities about FYSPRT.</b></li> <li>• <b>Salish Regional FYSPRT will host FYSPRT Family Fun events each quarter and invite the community.</b></li> <li>• <b>Salish Regional FYSPRT will attend and participate in outreach events in each county (Clallam, Jefferson, and Kitsap) in 2023-2024.</b></li> </ul>	
1	<ul style="list-style-type: none"> <li>a) Identify regional outreach opportunities hosted by our community partners.                             <ul style="list-style-type: none"> <li>i. Convener, Tri-Leads, and program membership will identify outreach opportunities.</li> <li>ii. Identification of outreach events will be ongoing.</li> <li>iii. Reviews of potential outreach opportunities will be conducted at monthly Tri-Lead meetings.</li> </ul> </li> </ul>
2	<ul style="list-style-type: none"> <li>a) Determine which outreach opportunities provide the best opportunities to connect with youth, families, and diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations.                             <ul style="list-style-type: none"> <li>iv. Convener, Tri-Leads, and program membership will identify optimum outreach opportunities.</li> <li>v. Identification of outreach events will be ongoing.</li> </ul> </li> </ul>

3	b) Complete event registration and planning when required. <ol style="list-style-type: none"> <li>i. FYSVRT convener will complete registration process and arrange for funding if needed.</li> <li>ii. Registration and funding requirements will be completed as needed for outreach events.</li> </ol>
4	c) Salish Regional FYSVRT will coordinate and host quarterly FYSVRT Family Fun events (Jan, Apr, Jul, Oct 2023-2024). <ol style="list-style-type: none"> <li>i. Convener, Tri-Leads, and membership will identify dates, times, and activities for quarterly events.</li> <li>ii. Convener, Tri-Leads, and membership will secure locations for events, coordinate food and materials for activities, and promote community awareness of events.</li> <li>iii. Convener will arrange funding for quarterly events.</li> </ol>
5	d) Coordinate FYSVRT representation and resource materials for event. <ol style="list-style-type: none"> <li>i. Organizing FYSVRT Tri-Leads and membership with lived experience to attend events will be ongoing.</li> <li>ii. Event promotion, resource information, FYSVRT brochures, website information, etc... will be coordinated and available for each event. Planning efforts for these events will begin approximately six weeks prior to each event and continue until the event is completed.</li> <li>iii. Information about FYSVRT stipend compensation will be provided before, during, and after events.</li> </ol>

**Priority #1 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023**

FYSVRT outreach events for this quarter included the following:

- Outreach to Sequim City Hall as part of setting up the Youth Art Project “My Shoes My Story” art display on 1/6/2023.
- Outreach to Port Gamble S’Klallam tribal library on 1/11/2023
- Outreach to Boys & Girls Club in Port Angeles 1/11/2023
- Outreach event, FYSVRT Family Fun event at North Olympic Library System in Port Angeles 1/21/2023
  - 35 attendees, 18 youth
- Outreach to Discovery Behavioral Health, WISe Services Coordinator, in Jefferson County 2/27/2023
- Digital outreach to 35 Elementary and Middle Schools in Kitsap county using Peachjar. Peachjar provides a digital platform to provide information on school district websites.

Additionally, Salish FYSVRT began planning for our next FYSVRT Family Fun event scheduled for April 15<sup>th</sup> at the Jefferson County Library in Port Hadlock. We have been active in participating with other community partners such as Kitsap SUD Prevention Coalition with the My Shoes My Story Youth Art Project.

**Priority #1 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023**

- 4/10/2023, Salish FYSPRT provided 1:1 outreach and information session with the Young Adult Programs manager for Kitsap Mental Health Services.
- 4/15/2023, Salish Regional FYSPRT held our 3<sup>rd</sup> quarterly FYSPRT Family Fun event and outreach at the Jefferson County Library in Port Hadlock. We extended invitations to Youth, Family, System partners, and the community to join us for in-person fun, food, and information. We provided flower and vegetable seed planting opportunities and provided food and beverages as well as engaging in in-person conversations and providing information about FYSPRT.
- 5/16/2023, Salish Regional FYSPRT provided program information and outreach to the Healthy Transitions program at the Lower Elwha Tribe.
- 6/7/2023, Salish Regional FYSPRT provided information and outreach to Healthy Transitions, Health Services clinic, and SUD treatment facilities at the Lower Elwha Tribe.
- Salish FYSPRT Tri-Leads and general membership continued ongoing planning and preparation for upcoming outreach events at the Port Orchard Farmer's Market on July 15<sup>th</sup>, Kitsap Pride event on July 22<sup>nd</sup>, and Makah Days in Neah Bay scheduled for August 25-27<sup>th</sup>.

Planning for these events takes place at our monthly FYSPRT meetings and monthly Tri-Lead meetings. Registration and any payment required for these events is completed by the FYSPRT convener. Staffing at outreach events includes FYSPRT Youth, Family, and System partners.

**Priority #1 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023**

- July 15<sup>th</sup>, Salish Regional FYSPRT held our 4th quarterly FYSPRT Family Fun event and outreach at the Port Orchard Farmer's Market. Our booth was staffed by Family and Youth Tri-Leads as well as the FYSPRT Convener. We shared our booth for half of the day with the Office of Behavioral Health Advocacy (OBHA). We were able to provide in-person information about FYSPRT and how others can participate to the South Kitsap Community.
- July 22<sup>nd</sup>, Salish Regional FYSPRT participated in our 3<sup>rd</sup> consecutive Kitsap Pride event at the Kitsap County Fairgrounds in Bremerton. Estimated attendance for this event was 5000 people. Our booth was staffed by Youth and Family Tri-Leads as well as System Partner Tri-Leads.
- August 11<sup>th</sup>, Salish Regional FYSDPRT participated in an outreach event hosted by Housing Kitsap. We were invited to attend the event located at their facility in Silverdale, the event focused on Back-to-School and we provided school supplies, SWAG, and FYSPRT information to dozens of students and their families.
- August 25<sup>th</sup> – 27<sup>th</sup>, Salish Regional FYSPRT participated in the Makah Days celebration in Neah Bay. This is our first time being invited by the Makah Tribe to this event and things went very well. Our booth was staffed by Youth and Family Tri-Leads over three days. The event was attended by the Makah Tribe as well as visitors from other regional tribes, community members from the far west portions of our region and visitors from abroad. Thousands of visitors attended.
- September 5<sup>th</sup>, Salish Regional FYSPRT Convener attended the Salish Regional WISE Leadership Collaborative which was also attended by all the WISE service providers in the Salish Region. The Convener provided an update of FYSPRT outreach

activities both past and upcoming and encouraged WISE providers to refer youth and family members to our FYSVRT group.

- July 12<sup>th</sup>, August 9<sup>th</sup>, September 13<sup>th</sup>, Salish Regional FYSVRT Convener attended the Salish Youth Network Collaborative (SYNC) Steering Committee meetings and provided updates on FYSVRT activities and encouraged referral of youth and families who may be interested.
- September 19<sup>th</sup>, Salish Regional FYSVRT Convener provided FYSVRT outreach the Forks community at the Salish BHASO Resource Summit.
- September 26<sup>th</sup>, Salish Regional FYSVRT Convener provided FYSVRT outreach to Jamestown Healing Clinic in Sequim. The Jamestown Healing Clinic is an OUD services provider in Sequim and Clallam County, they provide MAT services as well as SUD outpatient treatment and on-site childcare services. The clinic also provides extensive resource information and referrals to other services to their clients. This Tribal outreach opportunity stemmed from networking at the Salish BHASO Resource Summit in Forks on Sept 19<sup>th</sup>.
- September 26<sup>th</sup>, Salish Regional FYSVRT Convener provided FYSVRT outreach to The Nest, part of OWL360 in Port Townsend. The Nest advocates for young people to explore opportunities via resources, community connections, outreach, and events.

**Priority #1 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024**

- October 3<sup>rd</sup>, Salish Regional FYSVRT was invited to staff an information table at the Salish BHASO Community Resource Summit.
- October 21<sup>st</sup>, Salish Regional FYSVRT held our 5th quarterly FYSVRT Family Fun event and outreach at the Port Angeles branch of the North Olympic Library System (NOLS). Our Youth Art Activity for this event was pumpkin decorating. All art supplies were provided as well as food and beverages. The event was open to everyone. We had a total of 30 people show up and participate, 18 were youth and 12 were parents/grandparents.
- November 7<sup>th</sup>, attendance at the Salish Regional WISE Network Collaborative. FYSVRT information update was provided to all community Mental Health providers who provide WISE services.
- November 8<sup>th</sup>, FYSVRT program update and scheduled events shared at the Salish Youth Network Collaborative steering committee meeting.
- November 28<sup>th</sup>, Salish Regional FYSVRT outreach at the Quilcene Community Center in Jefferson County.
- December 13<sup>th</sup>, FYSVRT program update and scheduled events shared at the Salish Youth Network Collaborative steering committee meeting.
- December 18<sup>th</sup>, Monthly FYSVRT meeting/holiday party hosted at Red Cedar Hall at Jamestown Tribal facilities.
- December 19<sup>th</sup>, Salish Regional FYSVRT outreach event for Kitsap Mental Health Services WISE teams, 35 KMHS staff attended this Zoom event from two separate KMHS locations.

## **Priority #1 Quarterly Workplan Update: (Jan-Mar 2024) updated 4/22/2024**

- January 2, 2024: Salish FYSPRT presented program information at Salish WISe Collaborative Leadership meeting, updating all WISe providers in the region about past, present, and future FYSPRT activities. Encouraged all WISe providers to inform clients about FYSPRT and consider referring them to FYSPRT.
- January 10, 2024: FYSPRT program outreach to Brinnon School District in Jefferson County. Informed Superintendent/Principal about FYSPRT program and promoted January 27<sup>th</sup> FYSPRT Family Fun event at Quilcene Community Center.
- January 10, 2024: Attend the Salish Youth Network Collaborative steering committee meeting in Blyn. Provided update of FYSPRT activities and outreach events in the region.
- January 17, 2024: Provided 1:1 FYSPRT outreach to Peninsula Community Health Services staff and client. Provided program information, invitation to attend FYSPRT meetings and events, and informed about compensation and reimbursement available for participating in FYSPRT activities.
- January 24, 2024: Delivered FYSPRT Family Fun event flyers to Brinnon School (80 flyers) and Quilcene School (100 flyers) in time for the flyers to go home with students the next day in their Thursday Folders.
- January 25, 2024: Provided FYSPRT outreach to Jefferson Teen Center Director at the Chimacum School District in Jefferson County in partnership with the Salish Youth Network Collaborative. Scheduled an in-person multi-program outreach with the Jefferson Teen Center for March 6<sup>th</sup>.
- January 25, 2024: Salish FYSPRT Convener, 1 Youth Tri-Lead, 1 Family Tri-Lead, and 2 Systems Partner Tri-Leads attended the statewide FYSPRT meeting. The Convener and Tri-Leads were active participants in the meeting.
- January 27, 2024: Salish Regional FYSPRT hosted a FYSPRT Family Fun event at the Quilcene Community Center in Quilcene. We provided a Youth Art Project (making snow globes) for the kids, provided all art supplies as well as snacks and beverages, and SWAG. We had 47 people from Quilcene and Brinnon attend the event, 26 youth and 21 adults. 5 Tri-Leads attended.
- February 9, 2024: Salish Regional FYSPRT outreach to the Port Gamble S'Klallam Tribe at their wellness campus in Kingston, meeting with their Behavioral Heal Program Director and representatives of their SUD treatment program. Provided explanation of the FYSPRT program, benefit to individuals and communities, who can participate, how participation is encouraged and supported, and how compensation incentives are provided.
- February 14, 2024: Attend the Salish Youth Network Collaborative steering committee meeting in Blyn. Provided update of FYSPRT activities and outreach events in the region.
- February 26, 2024: Salish Regional FYSPRT outreach to First Step, Family Support Center in Port Angeles. A complete presentation of what FYSPRT is and how FYSPRT activities are facilitated in the Salish region were presented. Program informational materials were provided.

- March 6, 2024: Salish Regional FYSPRT in partnership with the Salish Youth Network Collaborative (SYNC) provided outreach to the Jefferson Teen Center at Chimacum High School. We provided pizza and soft drinks to approximately 20 students and 2 program staff and provided explanation of the FYSPRT program, benefit to individuals and communities, who can participate, how participation is encouraged and supported, and how compensation incentives are provided.
- March 7, 2024: Salish Regional FYSPRT outreach to the Hoh Tribe at the Tribal Wellness Center, meeting with the Tribal Health Director and Behavioral Health Programs Director. Explanation of the FYSPRT program, benefit to individuals and communities, who can participate, how participation is encouraged and supported, and how compensation incentives are provided.
- March 8, 2024: Salish Regional FYSPRT outreach to the Quileute Tribe at the Tribal Wellness Center in La Push, meeting with the Tribal Health Director, Behavioral Health Programs Director, and the HCA Regional Liaison for Peninsula/Pacific Coast Tribes. Explanation of the FYSPRT program, benefit to individuals and communities, who can participate, how participation is encouraged and supported, and how compensation incentives are provided.
- March 13, 2024: Attend the Salish Youth Network Collaborative steering committee meeting in Blyn. Provided update of FYSPRT activities and outreach events in the region

**Priority #1 Quarterly Workplan Update: (Apr-Jun 2024) updated 6/26/2024**

- April 10, 2024: Attend the Salish Youth Network Collaborative (SYNC) steering committee meeting in Blyn. Provided update of FYSPRT activities and outreach events in the region.
- April 24, 2024: FYSPRT outreach at Central Kitsap High School Developmental Disabilities Health Fair in Silverdale. This event was held in the evening and was well attended by multiple community based and systems partners throughout Kitsap County and the Olympic Peninsula.
- April 27, 2024: FYSPRT Family Fun event for the Kingston community held at the Kitsap Regional Library in Kingston. Our youth art activity for this event was for kids to paint flowerpots and plant flower and/or vegetable seeds. We had people show up that we had met just a couple days earlier at the Developmental Disabilities Fair at Central Kitsap High School. We had a total of 22 people attend, 11 of those were children. As a result of this outreach we had a mother and her two daughters attend multiple follow up FYSPRT meetings and events.
- May 8, 2024: Attend the Salish Youth Network Collaborative (SYNC) steering committee meeting in Kingston. Provided update of FYSPRT activities and outreach events in the region.
- May 15, 2024: FYSPRT outreach and event promotion at Brinnon schools. Visited the school/s in Brinnon and met with the District Superintendent to explain the upcoming FYSPRT Fun Event planned for June 8<sup>th</sup>. The schools volunteered to send home our promotional materials with students on two separate occasions to encourage them to attend with their families.
- May 23, 2024: FYSPRT outreach to Quileute Tribe at Health Resource Fair in La Push. Shared FYSPRT information and SWAG with the community.

- June 3, 2024: FYSVRT outreach in 1:1 meeting with prospective Salish Regional FYSVRT Tri-Lead. The FYSVRT Convener met with a prospective Tri-Lead to discuss the commitment. As a result, we gained a male Tri-Lead who is a husband and father of two young sons, one of which has special needs.
- June 6, 2024: FYSVRT outreach to two youth SUD treatment groups at Olympic Personal Growth treatment center in Sequim. The FYSVRT Convener was invited to present to two youth SUD treatment groups and explain FYSVRT. This presentation was provided to both youth and the treatment staff at a SUD treatment facility in Sequim.
- June 8, 2024: Salish Regional FYSVRT hosted a FYSVRT Family Fun event at the Brinnon Community Center in Brinnon. We provided a Youth Art Project (painting birdhouses) for the kids, provided all art supplies as well as snacks and beverages, and SWAG. We had 37 people from the local Brinnon and South Jefferson County community attend the event, 14 youth and 23 adults. 7 Tri-Leads attended.
- June 12, 2024: Attend the Salish Youth Network Collaborative (SYNC) steering committee meeting virtually. Salish FYSVRT was the guest presenter and is featured in the SYNC newsletter for the month of June. Provided update of FYSVRT activities and outreach events in the region.

**Priority #1 Quarterly Workplan Update: (July- September) 9/20/2024**

- July 20<sup>th</sup>, 2024: FYSVRT Tri-Leads attended the Kitsap Pride Festival, passing out water bottles with FYSVRT stickers and shared information about the FYSVRT program with other vendors at the event.
- August 8<sup>th</sup>, 2024: Interim conveners met with the Stand up for Kids Kitsap 1:1 to share information about FYSVRT and discuss how the different programs could collaborate in the future.
- August 15<sup>th</sup>, 2024: FYSVRT attended an outreach event at the Clallam County Project SAFER event. This event was for youth and their families within the developmentally/intellectually disabled population. Kitsap and Clallam County Tri-Leads shared information and SWAG with the community.
- August 23<sup>rd</sup> -July 25<sup>th</sup>, 2024: FYSVRT tri leads attended the community outreach Event Makah Days, that is hosted by the Makah each year. Tri-leads were able to share back packs, information, and SWAG with the tribal community.
- September 7<sup>th</sup>, 2024: FYSVRT attended and outreach event at the Peninsula College for the Fall Spectacular. This event was for youth and families in the community. Information and SWAG were provided to the community and local providers
- September 14<sup>th</sup>, 2024: FYSVRT attended an outreach event with Kitsap Mental Health Services for the Annual Suicide Walk and Resource Fair. Information and swag were provided to the community.
- September 25<sup>th</sup>, 2024: Interim conveners attended a 1:1 outreach with Jenny Vervynk with Olympic Angels to share information about the FYSVRT program and how the two programs can collaborate in the future.

<b>Priority 2</b>	
<b>Goal</b>	<b>Transform Salish Regional FYSPRT digital platforms into informative, interesting, and valuable resources.</b>
<b>Action Steps</b>	
<ul style="list-style-type: none"> <li>• <b>Re-design the existing Salish FYSPRT website including information and resource content, website format changes, increased color, and other visual appeals.</b></li> <li>• <b>Increase utilization of Facebook and/or other social media to reach all populations and increase FYSPRT event awareness.</b></li> </ul>	
1	<ul style="list-style-type: none"> <li>a) Implement modifications to the existing Salish FYSPRT website to make it a more visually appealing and informative experience.               <ul style="list-style-type: none"> <li>i. Convener will work with Salish BH-ASO staff to incorporate changes that will enhance visiting the Salish FYSPRT website. <b><i>Efforts continue regarding updating the FYSPRT website and coordinating resources with other SBHASO program needs (7/17/2023).</i></b></li> <li>ii. Significant changes and improvements will be implemented NLT 3/31/2023. <b><i>Extending this date to 9/30/2023 is required in support of resource limitations and other program priorities. We hope to increase our attention and results this next quarter (7/17/2023).</i></b></li> <li>iii. Implementation of a “website visitor survey” offered to each website visitor at time of visit.</li> <li>iv. Convener will ensure ongoing changes and content implementation reflect inputs provided by FYSPRT membership, community feedback, and website visitor survey.</li> </ul> </li> </ul>
2	<ul style="list-style-type: none"> <li>b) Increase utilization of Facebook and/or other social media to share FYSPRT related information, to be implemented NLT 5/31/2023. <b><i>So far this year we have not relied heavily on Facebook other than some of our membership using Facebook to share about FYSPRT activities. We have utilized other options such as Peachjar in order to reach up to 45 schools at a time within the Salish region to provide program information to school district staff, youth, and families. We have not abandoned Facebook as an option but we are content with utilizing other options at this time. (7/17/2023).</i></b> <ul style="list-style-type: none"> <li>i. Convener will ensure both public and private Facebook options are available to community.</li> <li>ii. Salish FYSPRT website will have link to Facebook.</li> <li>iii. FYSPRT event information will be current and available on Facebook.</li> </ul> </li> </ul>
<p><b><u>Priority #2 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023</u></b></p> <p>Updates and progress to both the Salish FYSPRT website and Facebook pages has been slower than anticipated. We continue to look for opportunities to update the website and we are hopeful to make more significant progress next quarter. Although not on our website it is worth noting that we did utilize the Peachjar digital platform to reach out to 35 schools in Kitsap county.</p>	



**Priority #2 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023**

Upgrades to the Salish FYSPRT website have not progressed as originally intended, however we are reaching record numbers of individuals and entities through outreach activities, in-person meetings, email efforts, and Peachjar. Also, we have redesigned our informational brochure which now includes a QR code that links directly to the Salish FYSPRT website (7/17/2023).

**Priority #2 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023**

- Significant updates to the Salish FYSPRT website remain as a pending project. In the interim we are posting information on our current FYSPRT website, providing digital flyers to our community partners to inform individuals about upcoming FYSPRT events, utilizing Peachjar to reach thousands of school students and their families with FYSPRT messaging, and collaborating with the Salish Youth Network Collaborative (SYNC) and their invitation to share FYSPRT information on their website.

**Priority #2 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024**

- A major revamp of the Salish FYSPRT website remains as a pending goal. In the interim we are updating and modifying items on the website as they arise. Also, we are sharing our program information with other community partners willing to post on their websites. Salish FYSPRT is working with Salish BHASO leadership to coordinate resources to support a major upgrade to the FYSPRT website.

**Priority #2 Quarterly Workplan Update: (Jan-Mar 2024) updated 4/22/2024**

- Although the significant upgrades intended for the Salish FYSPRT website remain pending we have been able to provide all required elements of a FYSPRT website. Information and assistance to individuals interested in participating in our FYSPRT events is regularly updated and all required information is available. FYSPRT members are able to utilize our online access to compensation for attending FYSPRT events.

**Priority #2 Quarterly Workplan Update: (Apr-Jun 2024) updated 6/26/2024**

- We are hopeful that within the timeframe of this workplan (prior to the end of 2024) that the Salish FYSPRT website will be modified and revitalized. Several other priorities of the ASO have needed to take precedence and we look forward to our website becoming the priority soon. Although the website meets required criteria we look forward to some exciting upgrades.

**Priority #2 Quarterly Workplan Update: (July-September) updated 9/20/2024**

- We are hopeful that in the new year, the FYSPRT website will be a priority for revamp as there have been steps taken to get the necessary approvals to have a web developer that the SBHASO hired for other programs to be permitted to create a new website. The website that is currently being used meets required criteria and we look forward to the changes to come in the future.

<b>Priority 3</b>	
<b>Goal</b>	<b>Training and development of Salish FYSPRT Tri-Leads and membership.</b>
<b>Action Steps</b>	
<ul style="list-style-type: none"> <li>• <b>All Salish FYSPRT Tri-Leads will attend at least one training event in 2023.</b></li> <li>• <b>FYSPRT youth and family members will attend at least one training in 2023</b></li> </ul>	
1	<ul style="list-style-type: none"> <li>c) Salish FYSPRT Convener will ensure training opportunities are presented to eligible Tri-Leads and youth and family FYSPRT members and encourage them to attend at least one event in 2023.                             <ul style="list-style-type: none"> <li>i. Salish FYSPRT Convener will promote the use of available FYSPRT stipend funds to compensate eligible individuals for their time while attending trainings, and pay for related transportation, lodging, meals, and childcare.</li> <li>ii. FYSPRT Convener and Tri-Leads will identify and coordinate guest presenters who are willing to provide training at FYSPRT meetings and events. This will be done on an ongoing basis.</li> </ul> </li> </ul>
2	<ul style="list-style-type: none"> <li>d) Salish FYSPRT Tri-Leads and youth and family members will be invited to present information, share lived experience, and practice public speaking at FYSPRT meetings and events.                             <ul style="list-style-type: none"> <li>i. Salish FYSPRT Convener will encourage and coordinate with Tri-Leads and youth and family members to present information at Salish FYSPRT events. Events can consist of monthly meetings, outreach events, and quarterly FYSPRT Family Fun events.</li> </ul> </li> </ul>
<b><u>Priority #3 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023</u></b>	
<ul style="list-style-type: none"> <li>• The Salish FYSPRT Convener continues to seek opportunities to provide stipend funds for individuals to participate in FYSPRT activities. As a result of our digital outreach through Peachjar our program membership has grown.</li> <li>• Two of our Tri-Leads have registered to attend the Children’s Behavioral Health Summit in May.</li> </ul>	

- Salish FYSPRT regularly invites subject matter experts to provide presentations at our monthly meetings. In January we had a presentation about the Pre-natal through age 25 Strategic Plan Advisory Committee. In February we had a presentation from the Salish Youth Network Collaborative and a presentation from Jerri Clark from PAVE about Individual Development Plans (IEP's). In March we had the Office of Behavioral Health Advocacy present.

**Priority #3 Quarterly Workplan Update: (Apr-Jun 2023) updated 7/17/2023**

- Salish Regional FYSPRT had one Family Tri-Lead and one Youth Tri-Lead attend the Children's Behavioral Health Summit in Pasco on May 1<sup>st</sup> & 2<sup>nd</sup>. Our Tri-Leads were supported with FYSPRT stipend funds in support of mileage, meals, childcare, and daily compensation for attending the training.
- This quarter we have had guest presentations from Washington State Community Connectors (WSCC), Peninsula Behavioral Health (PBH), and a "lived experience" presentation from Youth and Family members within our FYSPRT group.

**Priority #3 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023**

- One of our Family Tri-Leads attended the WSCC Family Network meeting event on July 24<sup>th</sup>.
- This quarter at our monthly FYSPRT membership meetings we have had guest presenters from Volunteers of America Western Washington, and the Coffee Oasis a youth services focused organization in Kitsap County.
- Our FYSPRT Tri-Leads have attended multiple Salish BHASO Resource Summits hosted throughout the region in recent months and through their networking efforts have increased their knowledge about youth services programs, housing programs, Behavioral Health service providers, Crisis services, and other community resources.

**Priority #3 Quarterly Workplan Update: (Oct-Dec 2023) updated 1/24/2024**

- Three Tri-Leads represented Salish Regional FYSPRT at a Salish BHASO Community Outreach Summit on October 3<sup>rd</sup>. This event provided them real world training and experience in interacting with multiple community partners as well as the public.
- Three Tri-Leads facilitated the FYSPRT Family Fun event on October 21<sup>st</sup>, interacting with individuals attending the event and sharing their lived experience.
- Two Tri-Leads attended the Statewide FYSPRT meeting on October 26<sup>th</sup> and participated in the discussion.

**Priority #3 Quarterly Workplan Update: (Jan-Mar 2024) updated 4/22/2024**

- Training and development of our Tri-Leads has gone very well this quarter. We have been involved in many outreach activities as well as our FYSPRT Family Fun event on January 27<sup>th</sup>.

- Our Tri-Leads are the face and voice of our program. Tri-Leads facilitate questions and guide activities at our outreach events.
- Salish FYSPRT Tri-Leads attend and actively participate at Statewide FYSPRT meetings. And the Washington State Childrens Behavioral Health Statewide Family Network training.
- Salish Tri-Leads meet monthly to provide direction to our program and our monthly meeting topics. They also provide presentations at our FYSPRT meetings.
- All of our Tri-Leads are involved in determining the direction of our program and facilitating efforts to accomplish our planned goals.

**Priority #3 Quarterly Workplan Update: (Apr-Jun 2024) updated 6/26/2024**

Salish Regional FYSPRT is dedicated to the development of our Tri-Leads. This quarter we have supported the following:

- At each monthly Tri-Lead meeting we discuss and plan for a guest speaker to present a new and informative topic.
- Our Tri-Leads (Family, Youth, and System Partner) are the main supports and presenters at our FYSPRT outreach events. All Tri-Leads have participated in outreach events this quarter that interface directly with the public and other community partners, and they directly engage with these interested parties and share the FYSPRT message.
- A Family and a Youth Tri-Lead attended the Parent Caregiver event in Wenatchee in May, as well as attending an event at the Recovery Café in Wenatchee on the same trip.
- Salish FYSPRT Tri-Leads attend the Statewide FYSPRT meetings and participate.
- Two Family Tri-Leads attended the Father’s Summit event in June.
- Our Tri-Leads have fully embraced our slogan of “Share Your Voice”. They are all able to engage with the community at outreach events and explain the benefits of FYSPRT as well as use their own lived experience to connect with others.

**Priority #3 Quarterly Workplan Update: (July- September) updated 9/20/2024**

- Training opportunities for the FYSPRT tri-leads this quarter has gone well. They have been involved in community outreach, attended trainings, and Salish FYSPRT hosted workshops during the Monthly FYSPRT meeting.
- Two Tri Leads attended a training offered by Washington State Community Connectors (WSCC) in Yakima Washington to learn more about being a family with lived experience and serving in different groups.
- One of the Tri Leads attended the Coach Approach training to learn more about growing in their leadership skills.
- The month Salish FYSPRT monthly meeting hosted Karen Kelly with WSCC who ran a training on Conflict management which all tri-leads agreed is a needed skill for themselves but also individuals who would be looking to be a member of FYSPRT.

<b>Priority 4</b>	
<b>Goal</b>	<ul style="list-style-type: none"> <li>• <b>Increase outreach to diverse communities in the Salish region including tribal, urban Indian, and underserved and underrepresented populations.</b></li> </ul>
<b>Action Steps</b>	
<ul style="list-style-type: none"> <li>• <b>Links to Native American Tribes in the Salish Region will be included on Salish FYSPRT website.</b></li> <li>• <b>Cultural events from Tribes in the Salish Region will be listed on the Salish FYSPRT website.</b></li> <li>• <b>Links to underserved and underrepresented populations in the Salish region will be included on the Salish FYSPRT website.</b></li> <li>• <b>Cultural events from underserved and underrepresented populations in the Salish Region will be listed on the Salish FYSPRT website.</b></li> <li>• <b>Links to community organizations, youth organizations, homeless shelters, food banks, HSC, Coffee Oasis, ....</b></li> <li>• <b>Invitations to Salish Regional FYSPRT events will be extended to all Tribes in the Salish Region.</b></li> </ul>	
1	Convener will ensure the Salish Regional FYSPRT website provides links for underserved and underrepresented communities in our region. Additions and updates of this information will be ongoing.
2	Convener and Tri-Leads will extend invitations to underserved and underrepresented populations to attend and provide presentations at Salish FYSPRT meetings. This activity will be ongoing.
3	Convener will identify outreach opportunities connected to underserved and underrepresented populations in the Salish region. This activity will be ongoing.
<p><b><u>Priority #4 Quarterly Workplan Update: (Jan-Mar 2023) updated 4/19/2023</u></b></p> <ul style="list-style-type: none"> <li>• Salish FYSPRT has registered for the 2023 Kitsap Pride event scheduled for July 22<sup>nd</sup>. Planning has begun to staff a booth with individuals with lived experience and provide free items and games.</li> <li>• Outreach to Port Gamble S’Klallam tribal Library on 1/11/2023</li> <li>• We continue to seek out opportunities to collaborative with the Tribes in our region and those efforts continue. Recently we re-connected with an individual who works for the Lower Elwha Tribe as the Youth and Young Adult Advocate and efforts are underway to better establish that relationship. We believe the Lower Elwha Tribe will be attending our April meeting.</li> </ul>	

**Priority #4 Quarterly Workplan Update: (Apr-Jun2023) updated 7/17/2023**

- Salish Regional FYSPRT has made significant progress on this goal this quarter. We have had multiple outreach visits to various elements at the Lower Elwha Tribe. We have had in-person outreach events to the Healthy Transitions program at the invitation of the Young Adult Advocate coordinator, as well as outreaches to the Health Services clinic and Klallam Counseling Services at the Lower Elwha Tribal facilities.

**Priority #4 Quarterly Workplan Update: (Jul-Sep 2023) updated 10/25/2023**

- Salish Regional FYSPRT again made significant progress regarding this workplan item. In July we attended the 2023 Kitsap Pride event at the Kitsap County fairgrounds. This event was attended by thousands of individuals from Kitsap County and the surrounding region. We were able to interact with interested individuals, provide program information, give away bottled water, and share the voice of lived experience.
- We attended Makah Days in Neah Bay over a 3-day weekend August 25<sup>th</sup> – 27<sup>th</sup>. This event was significant as it allowed us to collaborate with a large Tribal community in one of the most remote and frontier areas of our region. We were able to share FYSPRT messaging with multiple Tribal communities as well as most or all of our frontier communities in west Clallam County.
- We provide FYSPRT program outreach to the Jamestown Tribe at the Jamestown Healing Clinic in Sequim. Clinic leadership at the Healing Clinic is excited to learn more about FYSPRT and how it can be a beneficial resource for their clients.
- FYSPRT program outreach to The Nest, a youth services focused organization in Port Townsend allowed us to expand our program awareness in Jefferson County. The Nest is a place where youth are welcomed, supported, and introduced to opportunities and resources and FYSPRT is an ideal contribution to those resources.
- The results of these outreach events are still unknown but the opportunity to share in-person about FYSPRT with such a broad audience is invaluable.

**Priority #4 Quarterly Workplan Update: (Oct-Dec) updated 1/24/2024**

- November 1<sup>st</sup>, toured the Jamestown Healing Clinic in Sequim and provided FYSPRT outreach information.
- December 8<sup>th</sup>, Coordinated Salish Regional FYSPRT monthly meeting/holiday party to be held at Red Cedar Hall in Blyn. This is where the administrative offices are for the Jamestown S’Klallam Tribe. Provided FYSPRT outreach information as part of reserving the facilities.
- December 2023, in cooperation with Harm Reduction efforts throughout the Salish Region, Salish FYSPRT is coordinating outreach opportunities to be facilitated during visits to provide Quileute, Hoh, Makah, and Port Gamble S’Klallam Tribes with Naloxone. These visits will be completed in 2024.

**Priority #4 Quarterly Workplan Update: (Jan-Mar 2024) updated 4/22/2024**

- Our FYSPRT programmed has made excellent progress toward this priority. This quarter we have provided FYSPRT program outreach to three Tribes in our region including two tribes bordering the Pacific on the far west end.
- February 9, 2024: Salish FYSPRT provided a presentation to the Port Gamble S’Klallam Tribe at their Kingston Behavioral Health campus. FYSPRT staff met with the Tribal Behavioral Health Director and SUD program staff to explain FYSPRT, how individuals can participate, and how they can receive compensation.
- March 7, 2024: Salish BHASO leadership met with the Behavioral Health Director and staff of the Hoh Tribe at their Behavioral Health facility in Forks. Information about FYSPRT, how individuals can participate, and how they can receive compensation was provided.
- March 8, 2024: Salish BHASO leadership and FYSPRT Convener provided a presentation to the Quileute Tribe at their La Push Behavioral Health campus. FYSPRT staff met with the Tribal Behavioral Health Director and staff as well as the HCA Regional Tribal Liaison for Peninsula/Pacific Coast Tribes to explain FYSPRT, how individuals can participate, and how they can receive compensation.
- For each of these outreach events we emphasized the opportunity for individuals and communities to “Share Your Voice”. We are very hopeful that these in-person meetings will encourage increased participation from our Tribal partners.

**Priority #4 Quarterly Workplan Update: (Apr-Jun 2024) updated 6/26/2024**

- We continued this quarter with another FYSPRT outreach to the Quileute Tribe in May. Our table was supported by a Family Tri-Lead and 4 youth members. We provided information and SWAG to community members and partners. We encouraged people to visit our monthly meetings and promoted the opportunity for each person to receive a stipend for attending.
- Our FYSPRT Family Fun event in Brinnon on June 8<sup>th</sup> allowed us to connect with the South Jefferson County community. Brinnon is a small community along the Hood Canal and often seems to feel isolated from other Jefferson County priorities. Our event was specifically for the Brinnon community in response to their request for an event for their community. We placed emphasis on letting them know we heard them.
- We gladly share our message and encourage others to “Share Your Voice” in the hope that they will embrace an opportunity to be heard.

**Priority #4 Quarterly Workplan Update: (July-September) Updated 9/20/2024**

- The Salish FYSPRT continues to make this a priority when planning outreach for the quarter but will hopefully be able to make more strides in the upcoming quarter.

- FYSPRT Tri-leads, including two youth Tri-leads attended a cultural event hosted by the Makah tribe where they were able to provide backpacks for the youth and connect with the community in way that is more difficult due to the remoteness of the tribe's location.
- FYSPRT was able to share information and SWAG along with other organizations focused on supporting individuals with developmental and intellectual disabilities which felt important to the Tri-Leads given that this population is often forgotten about in conversations around the behavioral health system.
- FYSPRT was able to connect with Stand up for Kids Kitsap which is a program that focuses on youth that are unhoused and living on the streets in Kitsap County. Given that this population has more difficulty finding support due to lack of connections, FYSPRT wants to make sure we are prioritizing them.