



Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Notes

Meeting Information:

Date: December 19, 2022

Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed. We had a new person attend, Carmen G from KMHS.	
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Invitation for open discussion by youth/family • Ice breaker: Favorite Christmas songs 	✓ Completed ✓ Completed ✓ Completed	
3	Presentations: <ul style="list-style-type: none"> • WISe data specific to Salish region: Presented by Kate Naeseth, United Healthcare 	✓ Kate Naeseth from United Healthcare presented WISe data and information specific to the Salish Region.	
4	Open discussion: <ul style="list-style-type: none"> a. Celebrating the holiday season. b. Coping mechanisms for the holiday season. 	✓ The meeting attendees shared about holiday plans, favorite foods, and discussed various coping strategies for holiday related stressors.	
5	Update on FYSPRT Fun event scheduled for January 21, 2023. <ul style="list-style-type: none"> a. Number of participants. b. Challenges and successes. c. Update for next event. 	✓ Sam facilitated a conversation about the upcoming FYSPRT Family Fun event in January. The group talked about snow globe art supplies, what sizes we should plan for, cost of items, number or	

		people that may attend, food, the hot chocolate bar, and more.	
6	Ad Hoc items:	✓ Susan shared with the group about her son recently graduating from the Washington Youth Academy and returning home. She shared that as a family they are planning a trip to Uganda to recognize her son's accomplishments. She will have her family together for Christmas for the first time in several years.	
7	Suggestions for Salish FYSPRT meeting topics	Not discussed	
8	Feedback regarding FYSPRT meetings or other FYSPRT events.	✓ Lots of feedback shared about successes enjoyed this year, and a positive outlook for our planned activities for 2023.	
9	Youth/Family On-line reimbursement submissions a. Please submit no later than 5th of the following month.	✓ Reminded all about submitting by the 5 th of the month.	
10	Next meeting: January 30, 2023 3:00 – 5:00 PM	✓ Zoom invite sent 12/21/2022	