



Salish Behavioral Health  
Administrative Services Organization

## Salish Regional FYSPRT

### Family Youth System Partner Round Table (FYSPRT) Meeting Notes

**Meeting Information:**

**Date:** September 26, 2022

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed	
2	Announcements: <ul style="list-style-type: none"> <li>• Review of agenda</li> <li>• Invitation for open discussion by youth/family</li> <li>• Icebreaker: I'm so glad I was able to do _____ this summer.</li> </ul>	✓ Completed ✓ Completed ✓ Completed. Each attendee introduced themselves and participated in the icebreaker exercise.	
3	<b>Presentations: Washington Youth Academy, a Parent's Perspective, by Susan Wood.</b>	✓ Susan shared about the positive changes she has seen in her 17 y/o son over the past 11 weeks. She has seen changes in his attitude, diet habits, health and fitness, communication skills, and overall positivity. Susan had nothing but positive comments regarding the Washington Youth Academy (WYA) and the impact it has had on her son. She emphasized that the program is strictly voluntary on the part of the individual. Susan shared about her feelings as a parent and seeing that her son is rising to the challenge and growing. Susan shared that her and her husband are actively preparing for when their son returns home and how they can support his new thoughts and behaviors. A WYA family picnic is scheduled for this coming Saturday and Susan shared her optimism.	

		Many FYSPRT meeting attendees shared their support for Susan and her family.	
5	Update on “My Shoes, My Story” a collaborative youth art project (Sam)	✓ Sam provided the group an update on the project and display locations within Clallam county (NOLS P.A. and the City of Sequim building). There seems to be interest in participating and Sam will pass new information to the group as it becomes available.	
6	Update regarding FYSPRT Fun event for October.	✓ The group discussed having a FYSPRT Fun Event in October, hopefully on the 26 <sup>th</sup> . Melissa K will try to reserve a community center room at Bay Vista and inform the group. We identified primary and back-up dates/times and we all look forward to food, fun, and games.	
7	Ad Hoc items:	✓ Nicole L shared about attending the WSCC training event “Be Your Own Superhero” Sept 16-18, 2022 in Yakima. She shared many positive comments about the training and being with others with shared life experiences. Nicole was very encouraged by the book “The Triumph Journey” written by Jana Nielsen and encouraged our group to invite her as a presenter at a future meeting.	
8	<b>Suggestions for Salish FYSPRT meeting topics for 2022</b>	✓ “The Triumph Journey” presented by Jana Nielsen	
9	Feedback regarding FYSPRT meetings or other FYSPRT events.	✓ Sam invited everyone to provide feedback at any time.	
10	<b>Youth/Family On-line reimbursement submissions</b> a. Please submit no later than 5th of the following month.	✓ Sam informed the group he will forward FYSPRT compensation information to eligible participants so they can submit their online compensation forms NLT 10/5/2022.	
11	Next meeting: October 24, 2022 3:00 – 5:00 PM • Although the 24 <sup>th</sup> is not the last Monday in October, Halloween is on Monday the 31 <sup>st</sup> .	✓ Sam suggested rescheduling the October FYSPRT meeting from the 31 <sup>st</sup> (Halloween) to the 24 <sup>th</sup> . The group agreed. Sam will forward the meeting Zoom link reflective of the date change. <a href="#">Completed 9/27/2022.</a>	