



Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Notes

Meeting Information:

Date: August 29, 2022

Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions		
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Invitation for open discussion by youth/family • Ice breaker: Best activity so far this summer 	<ul style="list-style-type: none"> ✓ Agenda reviewed ✓ Invitation extended ✓ Everyone introduced themselves and participated in ice-breaker exercise. 	
3	Presentations: Washington Youth Academy, a Parent's Perspective, by Susan Wood.	<ul style="list-style-type: none"> • Not completed, Susan was unable to attend 	
4	Presentation of how Kitsap Pride event on 7/23/2022 went. Nicole Latson and Colleen Bradley	<ul style="list-style-type: none"> ✓ Nicole and Colleen shared their experiences at the Kitsap Pride event. Nicole indicated they passed out the 240 bottles of water, the colorful glow-in-the-dark bracelets and the bright colored pipe cleaners were very popular. They also passed out lots of FYSPRT brochures. They indicated there were more people in attendance this year than last year. They both interacted with event goers and offered FYSPRT information to all who were interested. 	

5	<p><i>Collaboration opportunity: Youth engagement event, “My Shoes My Story”. Developing a youth activity/event that will speak to key leaders and policy makers including but not limited to elected officials. This activity is an opportunity to engage youth in meaningful education about their concerns and struggles with mental health, substance use disorder, substance misuse, and many of the other issues that negatively impact our youth. By engaging in this facilitated activity to allow youth to express their thoughts, concerns etc... into an artistic message (shoes), they can learn about the processes of policies, regulations and legislation. This activity provides an educational tool, builds awareness and empowers youth. While provided these key components for youth participants it provides an opportunity to have elected and appointed officials and community members learn about issues affecting youth from a youth perspective. With this knowledge positive change can be promoted, and policies and laws can be modified or created to support a safe and healthy community for all residents.</i></p>	<ul style="list-style-type: none"> ✓ Sam shared this information with the meeting membership explaining that much of this project is in the development phase. Currently it appears Salish FYSPRT can identify 4 youth that would like to participate. Hopefully we will be able to encourage more participation. The total number of youth that will be provided shoes, actual dates of shoe art decoration, actual locations for the art project, and other details are still to be determined, but there is certainly interest in this collaborative project. Suggestions were provided for various art supplies including buttons, beads, acrylic paints, watercolor paints, spray paint, masking tape, colored shoelaces, sharpies, patches, embroidery floss, safety pins, and metal studs and spikes. Information was provided indicating Hobby Lobby has slip-on canvas shoes priced at \$6.99. 	
6	<p>Discussion regarding FYSPRT Fun events. Quarterly events with no specific agenda other than fun, food, and games. No details have been decided so now is the time for conversation and planning.</p>	<ul style="list-style-type: none"> ✓ Sam posed this idea to the group and there seems to be a lot of interest in organizing this. We discussed the first FYSPRT Fun event to be in October, with a main fun event be carving and decorating pumpkins. Dates, locations, and other details still need to be decided on. 	
7	<p>Ad Hoc items:</p>	<ul style="list-style-type: none"> ✓ Nicole indicated she plans to attend the WSCC event “Be your own Superhero” in Yakima Sept 16-18. She is working with Karen Kelly to arrange registration, transportation, and her stay in Yakima. ✓ Sam informed the group that Salish BH-ASO currently has vacancies on their advisory board, specifically in 	

		Jefferson and Clallam counties and Tribal representation.	
8	Suggestions for Salish FYSPRT meeting topics for 2022	✓ Suggestions provided include a presentation by Kitsap Strong, DVR presentation regarding High School transitions, School special needs information such as IEP and 504 plan eligibility, and what schools do and don't tell parents.	
9	Feedback regarding FYSPRT meetings or other FYSPRT events.	✓ Sam shared with the group that feedback of any kind, in any format, is welcome at any time.	
10	Youth/Family On-line reimbursement submissions a. Please submit no later than 5th of the following month.	✓ Sam informed the group that those eligible for FYSPRT compensation for attending FYSPRT events need to forward their online submission no later than the 5 th of the following month. Sam will forward monthly event type and dates to all eligible individuals prior to the end of the month. Completed 8/30/2022.	
11	Next meeting: September 26, 2022 3:00 – 5:00 PM		