

Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Notes

Meeting Information:

Date: April 25, 2022


Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed	
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Invitation for open discussion by youth/family • Ice breaker: What is your favorite meat and potatoes meal? Favorite _____ and potatoes meal for vegetarians. 	✓ Review of agenda was completed ✓ An invitation to open discussion was offered. <ul style="list-style-type: none"> ○ Abby Cantarell from Coordinated Care informed the group that she will be moving on to other responsibilities and Rachel Zakopyko will replace her at Salish FYSPRT meetings. ○ Sam-2 informed the group that his 17th birthday is on June 15th. 	
3	Presentations:		

<ul style="list-style-type: none"> • Sam Latson (Sam-2), Youth Tri-Lead (& Nicole): Will present information on how to encourage greater youth engagement in programs like FYSPRT. How conversation and understanding is transmitted and received differently between parents and youth. Ideas for how to better engage youth in youth-serving programs. • Kitsap Pride 2022 event: This year’s Kitsap Pride event is scheduled for July 23rd and will be held at the Kitsap county fairgrounds. Salish FYSPRT will attend and provide information and community outreach. • Salish FYSPRT Compensation: The new and improved method for providing compensation for participating in FYSPRT events will be presented. https://www.cognitofrms.com/SalishBehavioralHealthOrganization1/FYSPRTStipendForm 	<ul style="list-style-type: none"> ✓ Sam-2 discussed how receiving directions or instructions from a parent can be enough to dissuade him or other youth from wanting to do “whatever”. Sam-2 shared that he has explained FYSPRT to other youth and tried to encourage them to attend but they are too busy with school and homework. Some have commented that they don’t believe their voice will be heard. Nicole shared some ideas about how to encourage youth to participate. Holding youth specific FYSPRT meetings or youth events. Nicole also shared thoughts about summer activities for youth, such as splash zones, \$1 movie nights, arcades, art walks, nerf wars, library activities, and scavenger hunts. She indicated an overall lack of activities for adolescents and transportation issues are big barriers for youth. ✓ The group discussed the 2022 Kitsap Pride event scheduled for July 23rd. There seems to be a lot of interest in attending, Nicole 	
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		<p>and her family (Sam-2 and Lemon) plan to attend and look forward to creating signs and banners and having games available to play. Games include “corn hole” and a roulette wheel to win prizes. Also suggested was to have FYSPRT S.W.A.G. in the form of bracelets, stress balls, lanyards, candy and pins.</p> <p>✓ Sam A. reviewed the FYSPRT compensation form, explaining the different fields and what information needs to be included.</p>	
4	<p>Training topics presented by Washington State Community Connectors. Schedule date/time (2-3 hours)</p> <p>a. <u>Conflict Management</u> A customized, interactive training designed from two national curriculums to strengthen skills needed to support positive communications. Participants will have a stronger understanding of conflict management and its impact on group culture. They will have the tools to manage conflict in a safe and appropriate way, allowing them to move past the conflict and onto the work at hand.</p> <p>b. <u>Seven Views of Leadership</u> A customized, interactive training designed from the national curriculum by Ellen B. Kagen and Georgetown University. Staff of WSCC has been working with national consultant, Ellen B. Kagen and her team since 2018 on customizing trainings around the concepts taught in their Adaptive Leadership and Coach Approach workshops. Participants will leave this training</p>	Time did not allow for this topic.	

	<p>understanding the seven views of leadership, how their leadership style fits within these views, and how to understand the styles of other leaders they collaborate with.</p> <p>c. <u>Adaptive Leadership Concepts</u> Created to train participants on the concepts taught within the Kagen Leadership Group Adaptive Leadership and Coach Approach Academy's. This training is customized for your group and your time allotment and is designed to be a 2 - 4 hour training. The length of the training will determine how many of the concepts are taught and the number of activities within each concept section. Concepts in this training include; The Ladder of Inference, The Science of the Brain – Status, Certainty, Autonomy, Relatedness, Fairness (S.C.A.R.F.), Mental Models, The Reverse View, and/or The VUCA Reality (Volatility, Uncertainty, Complexity, Ambiguity) These concepts will support family leaders in stocking their tool box with skills to strengthen their leadership within their work and home life. The self-reflection activities help identify the strengths and areas of growth within their leadership and communication styles and skills.</p> <p style="text-align: center;"></p> <p>d. <u>Registration OPEN! 2022 WSCC</u></p>		
5	<p>Feedback on App to prevent suicide: Share your Voice</p> <p>Our Ask – What We Need to Succeed: We will need LOTS of feedback from people the app is intended to help - namely transition-age suicidal (or previously suicidal) youth involved in JJ and their parents, including Black youth. We'll make it easy and people will be compensated for their time.</p>	Time did not allow for this topic	

	<p>Who Can Participate? Teens and young adults, ages 15 to 21 and their parents or legal guardians. Both don't have to decide to participate; for example, a parent can still participate even if their teen isn't interested and vice versa.</p> <p>What Will You Do if You Participate? We will set a virtual meeting (between 60-90 minutes). We will ask for feedback on topics like:</p> <ul style="list-style-type: none"> · basic layout of the apps and how it works · clarity of content · whether they feel excited about using a particular feature · what they would like to see, would be helpful to them · credible messengers <p>Compensation. We pay all our all participants \$50 for each meeting.</p>		
6	<ul style="list-style-type: none"> • Suggestions for Salish FYSPRT meeting topics for 2022 • Youth/Family On-line reimbursement submissions 		
7	Feedback regarding FYSPRT meetings or other FYSPRT events.		
8	Next meeting: May 23, 2022 3:00 – 5:00 PM		