

Salish Behavioral Health
Administrative Services Organization

Salish Regional FYSPRT

Family Youth System Partner Round Table (FYSPRT) Meeting Agenda


Meeting Information:

Date: September 28, 2020

Time: 3:00 – 5:00 PM

Location: Zoom

Agenda Items		Discussion	Action items
1	Introductions:		
2	Announcements: <ul style="list-style-type: none"> • Review of agenda • Follow-up from August meeting • COVID-19 Community impacts • Youth Tri-Lead status • Youth/Family TC-50 reimbursement submissions 		
3	Discussion of FYSPRT contract deliverables <ul style="list-style-type: none"> • 5-Year Strategic Plan: Created by the Regional FYSPRT and update as needed based on the results of the <ul style="list-style-type: none"> ○ Annual needs assessment ○ FYSPRT meetings and evaluations (Narrative Team Effectiveness Questionnaire) • Annual work plan: Begin implementation of annual work plan between October 1st – December 31st. Identify at least three priority areas of focus and provide the following for each <ul style="list-style-type: none"> ○ Goals ○ Action steps ○ Those assigned (individuals tasked with completion of the steps) ○ Timeline for completion • Annual needs assessment: Gathers data to assist in the planning and development of the regional FYSPRT 		

	<ul style="list-style-type: none"> ○ Completed between July – September ○ Collect data from stakeholders, community partners, Youth and Family partners, FYSPRT members <ul style="list-style-type: none"> ● Maintain Regional FYSPRT website ● Quarterly review of WISe Behavioral Health Assessment Solutions (BHAS) 		
4	<p>Results of Annual Needs Assessment</p> <ul style="list-style-type: none"> ○ Review results ○ Discussion of how results influence changes to 5-year and annual work plans <p>Review and discuss proposed changes to 5-year and annual work plans</p>		
5	<p>Suggested webinars, trainings, etc...</p> <ul style="list-style-type: none"> ● Behavioral Health Toolbox for Families <ul style="list-style-type: none"> ○ https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/BHG-COVID19-FamilyToolbox.pdf?=ee430 ● Embrace Healthy Equity 2020 Symposium (October 15th, 8:30 a.m. – 5:00 p.m.) <ul style="list-style-type: none"> ○ www.excelsiorwellness.org/embrace-equity ● Psychosis/CBT training for caregivers (October 15th and 16th, 8:30 – 12:30) <div style="text-align: center;">  <p>Psychosis REACH Flyer 2020.pdf</p> </div>		
6	Narrative Team Effectiveness Questionnaire		
7	Next meeting: October 26, 2020 3:00 – 5:00 PM		



Salish Behavioral Health Administrative Service Organization

Family Youth System Partner Round Table (FYSPRT) Meeting Minutes

September 28, 2020 3:00 – 5:00 PM
Virtual Meeting (Zoom)

1. Introductions: 20 individuals attended this meeting, attendance is identified in the following categories:

Youth /Family/Lived Experience	System Partners	Tri-Leads
5 (25%)	12 (60%)	3
Total Attendance		20

- We had one tribal member from the Suquamish tribe in attendance.
2. Introductions were completed, adhering to an alphabetic approach based on attendee’s first names.
 3. A review of the agenda was completed, no modifications were requested or made.
 - a. The group was informed that we now have a new Youth Tri-Lead, Alexis Ottaway-Chung (Tessie). Tessie introduces herself to the group.
 - b. The FYSPRT reimbursement/stipend program was discussed and encouraged.
 4. A discussion was opened regarding FYSPRT contract deliverables and timelines. Specifically discussed were;
 - a. 5-year strategic planning: the group was informed of the need to review the 5-year strategic plan and modify as needed based on inputs from the annual needs- assessment and group collaboration.
 - b. Annual work plan: the group was reminded of the need to determine three goals/priorities, determine action steps, assign tasks to individuals, and determine a timeline for completion.
 - c. Annual needs assessment: the group was informed of the significance of the annual needs-assessment and the importance of that information when determining and modifying both the annual work plan and the 5-year strategic plan. The Salish FYSPRT annual needs-assessment needs to be completed

between July 1st – September 30th and was completed this quarter. The results influence modifications to our goals moving forward.

- d. Regional FYSPRT website: Maintained by Salish Behavioral Health Administrative Services Organization.
 - e. Quarterly review of WISE BHAS data: A quarterly requirement.
5. Annual needs-assessment, review of results: (83 individual surveys taken between August 6 – September 15th)
- a. A review of the annual needs-assessment results was discussed by the group. Emphasis was put on interpreting the responses whether they indicated overall agreement or disagreement. All responses were available for review including individual comments and responses uniquely submitted by survey takers. Comments and suggestions regarding the survey and responses include:
 - i. Increasing the number of FYSPRT Tri-Leads. An effort should be made to have co-Youth/Family tri-leads in each county.
 - ii. Offer a variety of opportunities for attendance and participation in FYSPRT meetings (in-person, virtual attendance, etc...).
 - iii. Offer prizes for attendees of FYSPRT meetings (gift cards for food, gas, meals, etc...).
 - iv. The use of gift cards for reimbursement and stipend payments would be convenient for youth and families in our attempt to increase attendance and participation in these areas. Gift cards can be sent electronically.
 - v. Door Dash vouchers on the day of FYSPRT meetings to provide a way for food/snacks to be part of our meetings.
 - vi. Re-branding FYSPRT (clumsy acronym) to something more easily explained and understood.
 - vii. Creation of a FYSPRT brochure that can be provided by WISE programs and school districts to prospective youth and family.
 - viii. Develop an acronym list to increase understanding by multiple members of FYSPRT.
 - ix. Adjust the date/time of FYSPRT to encourage maximum participation of all FYSPRT members.
 - x. Inquire if students can apply attendance and involvement at FYSPRT activities toward graduation requirements involving community service.
6. Suggested training opportunities were shared:

- Behavioral Health Toolbox for Families
 - <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/BHG-COVID19-FamilyToolbox.pdf?ee430>
- Embrace Healthy Equity 2020 Symposium (October 15th, 8:30 a.m. – 5:00 p.m.)
 - www.excelsiorwellness.org/embrace-equity
- Psychosis/CBT training for caregivers (October 15th and 16th, 8:30 – 12:30)



Psychosis REACH
Flyer 2020.pdf

7. The use of the Narrative Team Effectiveness Questionnaire (NTEQ) was discussed and encouraged. All attendees were informed that the NTEQ will be forwarded to them as a Word document and they were all encouraged to provide feedback. The NTEQ was forwarded to the entire membership roster on 9/29/2020.
8. Next meeting of Salish Regional FYSPRT is scheduled for October 26, 2020, 3:00 – 5:00 PM.