



## Salish Regional FYSPRT

### Family Youth System Partner Round Table (FYSPRT) Meeting Agenda

**Meeting Information:**

**Date:** November 30, 2020

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Ice breaker: “something turkey related”, or, “what are you Grateful for?”		
2	Announcements: <ul style="list-style-type: none"> <li>• Review of agenda</li> <li>• Follow-up from October meeting</li> <li>• COVID-19 Community impacts</li> <li>• Youth/Family TC-50 reimbursement submissions</li> </ul>		
3	<ul style="list-style-type: none"> <li>• SPARK (Carolyn Cox, Program Manager) 15 min.</li> <li>• Tyus Reed: “Engaging Youth in Community Efforts”</li> </ul>		
4	<p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>• Formal Telehealth Training for Healthcare Professionals. This will begin January 1, 2021, <a href="#">SB 6061</a> (codified in <a href="#">RCW 43.70.495</a>).</li> </ul> <p>We have been provided a free webinar that will meet the requirement. Please register for one of these training sessions as soon as possible so that we can be in compliance with these new regulations. The training dates are in January 2021 and the registration link is: <a href="https://uw-phi.zoom.us/webinar/register/WN_64sfo7hrT-6TOibLXQUxIQ">https://uw-phi.zoom.us/webinar/register/WN_64sfo7hrT-6TOibLXQUxIQ</a>.</p> <p>There are 6 modules to this training, but we are <b>only required to take the first module to be in compliance</b> (Module 1: Introduction to Tele Behavioral Health and Policy Overview). You will take the first session, take a short quiz, and will then be awarded a certificate of completion.</p>		
5	Next meeting: December 28, 2020      3:00 – 5:00 PM		



Salish Behavioral Health Administrative Service Organization

**Family Youth System Partner Round Table (FYSPRT) Meeting Minutes**

November 30, 2020 3:00 – 5:00 PM  
Virtual Meeting (Zoom)

- Attendance: 22 individuals were in attendance and are identified in the following categories:

Youth /Family/Lived Experience	System Partners	Tri-Leads
6 (27%)	13 (59%)	5
Total Attendance		22

- Today’s meeting began with an icebreaker activity inviting individuals to comment on their Thanksgiving holiday and/or what they are grateful for. All attendees seemed to enjoy this activity and it encouraged participation from everyone who was willing to share, which was everyone!
- A review of today’s agenda was completed.
  - No comments were provided regarding the October meeting.
  - Several individuals commented on the impacts of COVID-19.
    - Both Sam L. and Shaden shared about the difficulties of not being able to go to school. Sam L. indicated he is missing his friends and Shaden indicated the quality of class time is poor due to the way assignments are given, and the restriction of teacher availability.
    - Kitty indicated she has spoken with several parents who are frustrated with on-line school and have decided to exclusively home-school their children at least for the rest of this school year as a result.
    - Nicole voiced frustration over class scheduling and shared that her son is scheduled for two separate classes on the same days and times.
  - Sam A. reviewed the FYSPRT reimbursement/stipend program and reminded attendees of the opportunities for Youth/Family to receive these funds. Sam also encouraged systems partners to create awareness of the stipend program when encouraging prospective FYSPRT members to attend FYSPRT activities.
- Tyus Reed, WISE Peer Engagement Specialist, provided a presentation on the significance of connecting with and assisting individuals exiting incarceration. Tyus shared from his own past

experiences and discussed how uninformed and disconnected from resource he felt while incarcerated. He praised the long-term efforts of peer counselors and how those efforts helped to spark an interest in his decision to make changes in his life. Tyus emphasized the importance of professionals “being genuine” when dealing with incarcerated individuals who are anticipating being released from institutions. Tyus also emphasized the need for patience when working with this population as many incarcerated individuals are unaware and untrusting of people and programs outside of detention and correctional facilities. He added that it is easy and common for individuals to feel overwhelmed by responsibilities and requirements post release and that pre-release programming is essential for an individual’s success.

5. Carolyn Cox, Program Manager for Students Providing and Receiving Knowledge (SPARK), provided some follow up information regarding Certified Peer Counselor (CPC) training as well as a CPC Trainer’s course. Carolyn was the guest speaker at our August FYSPRT meeting and provided an excellent presentation on education and workforce development opportunities available through the curriculum at SPARK. At that meeting she indicated that SPARK is interested in expanding their program to other areas of the state, and that SPARK is working to develop an CPC instructor certification to assist in these efforts. Today she shared that SPARK, with the blessing of State partners is preparing to move forward with these objectives. Carolyn credited the Salish FYSPRT region with a high level of interest in SPARK’s efforts and indicated that the curriculum should be available through virtual format soon. She indicated that there is an application and approval process for these opportunities, and she can forward more information when needed. Carolyn also indicated that these opportunities are available to individuals between the ages of 18-28, and that most applicants are between the ages of 18-22.
  
6. Sam A. provided a resource to the attendees for an upcoming required training for Behavioral Health Providers. Telehealth Training for Healthcare Professionals will begin in January. The training consists of six modules although only the first module is required for compliance. Module one addresses “Tele Behavioral Health and Policy Overview. Individuals can receive the training via virtual format, take a short quiz, and receive a certificate of completion.
  
7. Next meeting of Salish Regional FYSPRT is scheduled for December 21, 2020, 3:00 – 5:00 PM. The meeting encourages an “ugly sweater” theme and screen decoration competition.