



Salish Behavioral Health  
Administrative Services Organization

## Salish Regional FYSPRT

### Family Youth System Partner Round Table (FYSPRT) Meeting Notes

**Meeting Information:**

**Date:** March 28, 2022

**Time:** 3:00 – 5:00 PM

**Location:** Zoom

Agenda Items		Discussion	Action items
1	Introductions	✓ Completed	
2	Announcements: <ul style="list-style-type: none"> <li>• Review of agenda</li> <li>• Invitation for open discussion by youth/family</li> <li>• Ice breaker: If you had a time machine would you go to the past or future? What time, why?</li> </ul>	✓ Completed ✓ Completed: Lorinda Robideau from Lower Elwha Tribe introduced herself and shared about finally having time to attend the FYSPRT meeting. Nicole L shared about having been in a car accident several weeks ago and her process of recovery. ✓ 13 individuals participated in the ice breaker exercise.	
3	<b>Presentation:</b> “Stress and Self-Care” by Nicole Latson	✓ Nicole L. did a fantastic job of facilitating a presentation on “Stressors and Self-Care for Youth and Families involved with Behavioral Health Services”. She shared some internet generated resources but held the audiences’ attention by personalizing the stressors she and her family experienced and shared her own lived experience of seeking, creating, and utilizing self-care practices. Nicole’s autobiographical style of delivery of this information held the attention of the	

		group and resulted in many comments and questions, people were involved.	
4	<p><b>Training topics presented by Washington State Community Connectors. Schedule date/time (2-3 hours)</b></p> <p>a. <u>Conflict Management</u> A customized, interactive training designed from two national curriculums to strengthen skills needed to support positive communications. Participants will have a stronger understanding of conflict management and its impact on group culture. They will have the tools to manage conflict in a safe and appropriate way, allowing them to move past the conflict and onto the work at hand.</p> <p>b. <u>Seven Views of Leadership</u> A customized, interactive training designed from the national curriculum by Ellen B. Kagen and Georgetown University. Staff of WSCC has been working with national consultant, Ellen B. Kagen and her team since 2018 on customizing trainings around the concepts taught in their Adaptive Leadership and Coach Approach workshops. Participants will leave this training understanding the seven views of leadership, how their leadership style fits within these views, and how to understand the styles of other leaders they collaborate with.</p> <p>c. <u>Adaptive Leadership Concepts</u></p>	<p>✓ As a result of the interest and participation of the stress and self-care presentation there was not enough time review the WSCC training opportunities and determine a date and time for the training. This information will be shared with the FYSVRT membership via email and will be on the April agenda if needed.</p>	

	<p>Created to train participants on the concepts taught within the Kagen Leadership Group Adaptive Leadership and Coach Approach Academy's. This training is customized for your group and your time allotment and is designed to be a 2 - 4 hour training. The length of the training will determine how many of the concepts are taught and the number of activities within each concept section. Concepts in this training include; The Ladder of Inference, The Science of the Brain – Status, Certainty, Autonomy, Relatedness, Fairness (S.C.A.R.F.), Mental Models, The Reverse View, and/or The VUCA Reality (Volatility, Uncertainty, Complexity, Ambiguity) These concepts will support family leaders in stocking their tool box with skills to strengthen their leadership within their work and home life. The self-reflection activities help identify the strengths and areas of growth within their leadership and communication styles and skills.</p> <p style="text-align: center;"></p> <p>d. ___ Registration OPEN! ___ 2022 WSCC</p>		
5	<p><b>Feedback on App to prevent suicide:</b> Share your Voice</p> <p><b>Our Ask – What We Need to Succeed:</b> We will need LOTS of feedback from people the app is intended to help - namely transition-age suicidal (or previously suicidal) youth involved in</p>	<p>✓ As a result of the interest and participation of the stress and self-care presentation there was not enough time review this completely. One family member shared that they had an</p>	

	<p>JJ and their parents, including Black youth. We'll make it easy and people will be compensated for their time.</p> <p><b>Who Can Participate?</b> Teens and young adults, ages 15 to 21 and their parents or legal guardians. Both don't have to decide to participate; for example, a parent can still participate even if their teen isn't interested and vice versa.</p> <p><b>What Will You Do if You Participate?</b> We will set a virtual meeting (between 60-90 minutes). We will ask for feedback on topics like:</p> <ul style="list-style-type: none"> <li>· basic layout of the apps and how it works</li> <li>· clarity of content</li> <li>· whether they feel excited about using a particular feature</li> <li>· what they would like to see, would be helpful to them</li> <li>· credible messengers</li> </ul> <p><b>Compensation.</b> We pay all our all participants \$50 for each meeting.</p>	<p>interview scheduled but were unable to attend due to an emergency situation. They intend to re-schedule.</p> <p>✓ Meeting participants were informed that Salish BH-ASO is currently reviewing and modifying the submission process for FYSPRT stipend and compensation. The intended result is to provide a simple one-page on-line submission document.</p>	
6	<p><b>Suggestions for Salish FYSPRT meeting topics for 2022</b></p> <ul style="list-style-type: none"> <li>• Youth and Family SUD issues <ul style="list-style-type: none"> <li>○ Stress and self-care</li> <li>○ Opioid overdose</li> <li>○ Harm Reduction</li> <li>○ Naloxone</li> <li>○ Youth Marijuana Prevention and Education (KPHD)</li> </ul> </li> <li>• SUD treatment options</li> </ul>	<p>✓ As a result of the interest and participation of the stress and self-care presentation there was not enough time for review and comment.</p>	

7	Feedback regarding FYSPRT meetings or other FYSPRT events.	✓ Meeting participants were reminded that program feedback is welcome at any time. Members will be provided with the Narrative Team Effectiveness Questionnaire (NTEQ) via email NLT 3/31/2022 to encourage program feedback.	
8	Next meeting: April 25, 2022 3:00 – 5:00 PM	✓ Information provided at meeting.	