**A close up of a flower

Description automatically generated Salish Regional FYSPRT**

Location: **Bremerton Library - Sylvan Branch**  
1301 Sylvan Way, Bremerton, WA

**Facilitator** – Colleen Bradley **Date:** Monday, December 16th **Time:** 3:00 pm – 6:00 pm

| **Agenda Item & Lead(s)** | **Discussion and Notes** | **Action Items** | **Assigned To** | **By when** |
| --- | --- | --- | --- | --- |
| **Sign in and Get Food**  3:00 pm – 3:15 pm |  |  |  |  |
| **Introductions and News**  3:15-3:45 | Salish AS-BHO faces starting the year without funds because of legislature | Inform members that they can help by writing to their legislator | CB | 12/24 |
| **Salish 2020 Work Plan**  Jill McCormick  3:45-4:30 | Purpose: Review what is planned for Salish FYSPRT in the New Year | | | |
| \*see workplan below\*  Connect to WISe BRS project, headed by Catholic Community Services  Expand beyond serving WISe families, i.e. DDA families  Natural supports are no longer a part of the contract, but it is felt that they should nonetheless be kept in the workplan  First episode psychosis information/presentation  Greater reach to the tribal communities | Add to workplan | JC | 12/31 |
| **Reflect on Year and Give Thanks**  All  4:30-5:00 | Purpose: Reflect on FYSPRT and WISe in 2019 and distribute presents to the kids | | | |
| Tri-Leads presented with small tokens of thanks by the PAVE/coordinator staff |  |  |  |
| **Feast and Be Merry**  5:00-6:00 | Purpose: Relax, enjoy the food, and have the kids do a fun project | | | |
| Extra toys were given to low-income housing complex residents in Bremerton |  |  |  |

**Salish FYSPRT Workplan 2019-2020**

1. **Salish Regional FYSPRT Goal 1: Creating greater awareness of Behavioral Health and WISe services in the region**

|  |  |  |
| --- | --- | --- |
| Activity | Timeline | Who |
| Transitional contact and info materials |  |  |
| Transitional data added to old website and link to new website |  |  |
| Prioritize and target which groups to be connected to with respect to the support and enrollment of WISe families |  |  |
| Targeted invitation for systems partners with information on new team |  |  |
| Recruit Tri lead team to maintain social media |  |  |
| Progress   * *.* |  | For report |

1. **Salish Regional FYSPRT Goal 2: Create family and youth capacity for FYSPRT participation**

|  |  |  |
| --- | --- | --- |
| Activity | Timeline | Who |
| Create and post new process for stipends and travel reimbursements |  |  |
| Identifying community allies, inviting them to participate and offering to partner with them in their projects |  |  |
| Connect with MCO’s around potential support around family participation |  |  |
| Maintain web and social media presence by updating both frequently so that the pages aren’t static |  |  |
| Targeting at risk population community sites to “bring FYSPRT to them” vs asking those with challenges to come to us including: (housing community centers, homeless outreach, community health) centers |  |  |
| Having the Families and Youth review and modify our charter, policies and procedures, outreach materials and outreach plan once a core team is developed quarterly |  |  |
| Work with Youth Move to Develop a youth engagement strategy and plan |  |  |
| Progress |  | For report |
|  |  |  |

1. **Salish Regional FYSPRT Goal 3: Work to better integrate Behavioral Health and Substance Use Disorder into the FYSPRT work**

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| --- | --- | --- |
| Activity | Timeline | Who |
| Targeted invitation to Substance Use Disorder treatment centers to FYSPRT meetings to talk about their services and access points |  |  |
| Check with Substance Use Disorder treatment groups around youth and see where there are opportunities to tap into natural cross over families and youth |  |  |
| Post access points for treatment throughout the region as well as Tribal supports around treatment and sweat lodges |  |  |
| Ask for treatment facilities to contribute to the FYSPRT newsletter on informational articles and tip sheets. |  |  |
| Progress |  | For report |
|  |  |  |

1. **Salish Regional FYSPRT Goal 4: Enhance existing outreach and engagement for ELL and Tribal communities and service systems**

|  |  |  |
| --- | --- | --- |
| Activity | Time line | Who |
| Create English side/Spanish side one pager about FYSPRT |  |  |
| Do an environmental scan of providers throughout the region who have interpretive services and/or bilingual staff available and post to website |  |  |
| Include Tribal programs on the website around support and service resources |  |  |
| Send a special invite to Tribal programs to participate in the FYSPRT meetings |  |  |
| Progress |  | For report |
|  |  |  |

1. **Salish Regional FYSPRT Goal 5: Establish enhanced marketing plan that targets families/youth and missing stakeholders**

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| --- | --- | --- |
| Activity | Timeline | Who |
| Updated current list serve for email blasts through an email ask for whose missing and suggested allies from current email list |  |  |
| Update dissemination materials to include current activities and social media including a six-month calendar of meetings and a three-month event calendar |  |  |
| Quarterly check in through surveys on information effectiveness with a goal of increasing participation by 5% per monthly meeting |  |  |
| Working with partners and allies to expand the capacity for outreach by creating joint and partnered activities (example Community Café and WSU Exchange) |  |  |
| Progress |  | For report |
|  |  |  |

1. **Salish Regional FYSPRT Goal 6: Establish a plan natural support, the WISe PDSA, and FYSPRT family engagement (check to see if this is still relevant to contract deliverables)**

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| --- | --- | --- |
| Activity | Timeline | Who |
| Explore collaborative activities with WSU Extension that offers the opportunity for youth in Behavioral Health and/or recovery services a safe space to participate |  |  |
| Work with Community Organizations to provide learning opportunities around natural supports and resiliency |  |  |
| Develop a Celebrate Me event around youth with the Youth Move as support |  |  |
| Progress |  | For report |
|  |  |  |